

*GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana*

**REPORT  
OF  
NATIONAL SERVICE SCHEME**



**NSS (2017-2022)**



**G.H.G. Khalsa College of Education  
Gurusar Sadhar (Ludhiana)**

**SESSION 2017-18**

**Quiz Competitions to Mark 71<sup>st</sup> independence Day:** Under the guidelines received from the UGC, the 71<sup>st</sup> Independence Day of the country was celebrated by the college students in the college premises as well as the teaching practice schools. Cultural programme and quiz competitions were organized in the practicing schools. The competitions were organized in order to create awareness about the sacrifices made by our revered freedom fighters in the struggle of making India a free country. In this context, a pledge taking ceremony was also organized on August 9, 2017 in the college premises in which all the students, teaching and non-teaching staff took the “New India Pledge”.

**Celebrations on Swachhta Pakhwada (September 1<sup>st</sup> -15<sup>th</sup> , 2017)-** Students and faculty of G.H.G Khalsa College of education, Gurusar Sadhar celebrated swachhta pakhwada from September 1<sup>st</sup> -15<sup>th</sup> ,2017 as per the instructions given by The Ministry of Human Resource Development, for spreading the message of cleanliness. The programme was organized under the able leadership of Principal, Dr. Sarbjit Kaur. Various activities were organized in this regard in the college campus as well as in the nearby areas which included cleanliness drives, essay writing competitions etc.



**Schedule of N.S.S. Camp-7 Days- December 20, 2017 to December 26, 2017**

G.H.G. Khalsa College of Education Gurusar-Sadhar (Ludhiana)			
Schedule for 7 Days NSS Camp (December 20, 2017- Dec. 26, 2017)			
Day	Date	Morning 09.00 a.m. - 04.00 p.m.	Evening 04.30 p.m. - 05:00 p.m.
0 Tuesday	19-12-2017	Pre NSS Camp Arrangements A) Formation of Various Committees of NSS Volunteers and Assigning Duties B) Purchase of Necessary Items C) Arrangement of Cook and Helpers etc.	Survey of the Village Ghuman & Cleanliness of Historical Gurudwara Sahib Village Sadhar & Village Grounds and Cremation Ground
1 Wednesday	20-12-2017	Inaugural Ceremony	Cleaning of Gurudwara sahib - Patshahi Sheer, Gurusar Sadhar
2 Thursday	21-12-2017	Cleaning of College Campus- Preeti Memorial Hospital GHG Sen. Sec. School Sadhar Extension Lecture on ' Youth for Sustainable Development'	Sports/ Cultural/ Grounds Programme
3 Friday	22-12-2017	Physical checkup and Ext. lect. By Dr. Deepak Kumar and Dr. Sameer Kamboj on theme ' Maintaining Good Health using Acupressure'	Cleanliness of Village Ghuman
4 Saturday	23-12-2017	Poster Making Competition on Environmental Awareness, Population Education, Value system, Digital India, Drugs and Environmental Problems	Plantation Drive at Village Ghuman, Cleaning of Elementary Schools and Anganbadi Building
5 Sunday	24-12-2017	Extension Lecture and workshop by Rationalist Society of Punjab	Rally in Village Ghuman and surrounding areas on the theme
6 Monday	25-01-2017	Yoga camp, Christmas celebrations, Social Work at Historical Gurudwara Mehra Sahib	Sports, Cultural and Grounds Programme
7 Tuesday	26-12-2017	Skits, dramas & cultural programme related to theme and Digital India. Extension lecture on 'Becoming Good Citizen' by Dr. Jagdev Singh	Valedictory Function

Lunch: 1:00pm to 1:30pm;  
Date: 19.12.2017

NSS Programme Officers  
1. Prof. Rachhpal Singh  
2. Prof. Jasvir Kaur

**Report of the Opening Ceremony of the NSS Camp-** Seven days NSS Camp with the theme of “Youth for sustainable Development” was inaugurated on December 20, 2017 at G.H.G Khalsa College of Education, Gurusar Sadhar (under supervision of NSS Programme Officers Prof. Rachhpal Singh and Dr. Jasvir Kaur by Dr. Sarbjit Kaur Ranu, Principal of the College. Addressing the NSS volunteers, Dr. Sarbjit Kaur motivated them and appreciated the sense of service with which they had joined the Camp. A total number of 92 volunteers (17 boys, 58 girls and 17 Non-student) participated in this camp. Prof. Rachhpal Singh briefed the NSS Volunteers about the history of NSS, objectives of the Camp and the activities to be undertaken. A brief cultural program was organized which consisted of songs, skit, speech, jokes etc.

The volunteers had already been divided into different Committees viz. Purchase Committee, Cultural and Academic Activities Committee, Cooking and Cleaning Committee, Sports Committee, Editorial Committee and Decoration Committee on the previous day. The members of different committees were explained about their tasks with relevant instructions by Dr. Jasvir Kaur.

After Inaugural ceremony, volunteers were sent in teams to Gurudwara ‘Patshai Chhevi’ ‘Gurusar Sadhar’ in teams. The volunteers cleaned Gurudwara Sahib. The cleaning work continued till the evening tea which was followed by a brief cultural program and games.

Total Student Volunteers = 75

Total Non-Student Volunteers = 17

Total Volunteers =92

Programme officers: Principal

Prof. Rachhpal Singh

Dr. Jasvir Kaur

**Report of the N.S.S. Camp-7 Days (December 20, 2017 to December 26, 2017)**- N.S.S. units of G.H.G. Khalsa College of Education, Gurusar Sudhar organized a seven days N.S.S. Camp from December 20, 2017 to December 26, 2017 Under the supervision of the Programme Officers Prof. Rachhpal Singh and Dr. Jasvir Kaur. A total number of 92 volunteers (17 boys, 58 girls and 17 Non-student) participated in this camp. All the volunteers worked for these seven days with appreciable dedication and high motivation. On December 19, Pre N.S.S. Camp arrangements were made which included assembly of volunteers where various committees of NSS Volunteers were formed purchase of necessary items, arrangement of cooks and helpers etc. were made. Also the volunteers were divided into different committees viz. Purchase Committee, Cultural and Academic Activities Committee, Cooking and Cleaning Committee, Editorial Board Committee, Sports Committee, Decoration Committee and the members of the different committees were given instructions regarding their tasks respectively.

The camp was inaugurated on **December 20, 2017** at G.H.G. Khalsa College of Education, Gurusar Sudhar, Ludhiana by Dr. Sarbjit Kaur Ranu, Principal of the college who motivated the N.S.S. volunteers and appreciated the sense of service with which they had joined the camp. Prof. Rachhpal Singh briefed the N.S.S. volunteers about the history of N.S.S., objectives of the camp and activities to be undertaken. A brief cultural program was organized which consisted of songs, skit, speech, jokes etc. After Inaugural ceremony, volunteers were sent in teams to Gurudwara 'Patshai Chhevi' Gurusar Sudhar.

On **December 21, 2017** the volunteers cleaned the College campus. The students were divided into teams of girls and boys. The team of girls cleaned the assembly hall, College library and its different sections; the seminar hall and other areas of College. The boys' team cleared the tall grass and bushes in College playground and adjoining playgrounds of the school. Some of the volunteers were sent to Premjit Memorial Hospital for cleanliness. All the volunteers worked with great enthusiasm and with spirit of dignity of labor.

On **December 22, 2017** physical checkup and Extension lecture by Dr. Deepak Kumar and Dr. Sameer Kamboj on 'Maintaining Good Health using Acupressure'. In evening session volunteers were divided into small groups for Cleanliness of village Ghuman.

On **December 23, 2017** in the morning session a Poster Making Competition was organized in which the volunteers wrote catchy slogans and painted beautiful posters on the various social issues like environmental awareness, population education, drugs, value system, environmental problems etc., out of which the best three posters were selected and the concerned students were given token of appreciation on the valedictory function. In the evening session, a plantation drive at Village Ghuman, Cleaning of Elementary Schools and Anganbadi building was undertaken and about 75 ornamentals, flowery, fruit, shady, herbal plants and permanent trees were planted by NSS Volunteers.

On **December 24, 2017** in the morning session, there was an Extension Lecture by local President of the Rationalist society of India, Mr. Ramparsad and another member Mr. Shamsheer Singh Noorpuri which helped in inculcating scientific temper in the volunteers through their talks and demonstrations. They also presented many interesting tricks which were used by magicians and 'Babas' to befool innocent people and exploit them. The lecture was an eye opener for many volunteers with rural background. In the evening session, volunteers participated in a rally on the theme, 'Youth for Sustainable Development' covering the surrounding areas of the village Ghuman for the purpose of raising social awareness among the masses. The volunteers went around raising slogans on environmental awareness, value education, drugs, population education, health etc. for the re-awakening of village people about the problems faced by the society and our expected role in meeting and solving these problems. On their way, the volunteers also interacted with a number of people and tried to influence them to think more responsibly on these burning issues.

On **December 25, 2017** in the morning session, NSS volunteers attended Yoga camp. There was a Christmas Celebrations, in which N.S.S. volunteers performed cultural activities and shared their experiences. After this, students made a visit at the Historical Gurudwara Mehdeana Sahib. The volunteers did Seva there with lots of dedication and motivation. The evening tea was followed by some cultural and sports activities.

On **December 26, 2017**, with the successful completion of 7 days N.S.S. camp, valedictory

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function was organized. Chief Guest for the function Dr. Jagdev Singh, delivered an extension lecture on the theme “Becoming Good Citizen’. Dr. Singh also shared their views on social work and appreciated the work of NSS volunteers during Seven days camp. The lecture was very informative and motivational. Dr. H.S. Brar, Registrar, GHG Khalsa Colleges, Gurusar Sadhar (Ludhiana), addressed the volunteers & also shared their opinions about NSS Camp. Dr. Brar congratulated Principal Dr. Sarbjit Kaur & Co-ordinators of NSS for smooth conducted of NSS Camp. The students of the college showcased their talents by presenting cultural items. The principal of the college, Dr. Sarbjit Kaur Ranu appreciated the dedicated work of the volunteers by distributing the awards of appreciation to the deserving candidates and exhorted them to continue doing the same in the future. Prof. Rachhpal Singh welcomed the guest of the day and read a report of work done during N.S.S Camp. N.S.S volunteer Gurjot Singh presented a power point presentation covering all the moments of this 7 days N.S.S camp. Vote of thanks was delivered by Dr. Jasvir Kaur. So the valedictory function for this 7 days N.S.S camp came to an end with all standing up and singing the national anthem.





**Sardar Bakhtawar Singh Gill Memorial Day:** In the fond memory of S. Bakhtawar Singh Gill, the founder President of G.H.G. Khalsa Institutes a **Blood-Donation Camp** was organized. by the college in collaboration with its sister institutes viz G.H.G. Khalsa College and College of Pharmacy, Gurusar Sadhar on February 28, 2018. The Chief Guest on the occasion was Dr. Harpal Singh Pannu, Professor, Punjabi University, Patiala. The Camp was inaugurated by Sardarni Mohinder Kaur Gill, President S. Manjit Singh Gill and Sh. Amrit Nagpal, Vice-President, Daynand Medical College, Ludhiana. The main motive of the camp was to instill in the pupil teachers an attitude of social service 9 students of the college voluntarily donated blood in this camp.



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**Free Medical Checkup Camp:** A large scale free medical checkup camp was also organized on the same day for all the students, faculty members and the nearby villagers. 395 patients underwent medical check-up by a team of expert Orthopaedician, Dermatologist and Gynaecologist and many other specialist doctors from DMCH, Ludhiana.



February 28, 2018



Free Medical Checkup Camp

**Awareness rally and Oath taking ceremony (March 23, 2018)-** On martyrdom day of Shaheed Bhagat Singh, i.e. March 23, 2018, an awareness rally against drug abuse was organized in the village Sadhar which was followed by an oath taking ceremony by all the faculty members and student teachers of B.Ed and M.Ed.





**SESSION 2018-19**

**Tandrust Punjab Mission-** A tree plantation drive was organized in month of August, 2018 the college campus under the able guidance of Principal, Dr. Sarbjit Kaur Ranu with a view to keep the environment clean and green. The drive was a part of the Mission Tandrust Punjab, an initiative of the Punjab Government to increase the green cover in the state and ensuring a good living environment for the residents of Punjab. More than 150 tree saplings of different varieties were planted at the various sites of the college campus. All the students of B.Ed and M.Ed classes along with faculty members participated in the drive very enthusiastically.



**Tree Plantation Drive**

**Cleanliness Drive to Commemorate the 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi-** The College organized a special Morning Prayer and a cleanliness drive in the college campus to celebrate 150<sup>th</sup> birth anniversary of Mahatma Gandhi on October 2, 2018. In the morning session, students cleaned the College ground, Learning Gallery, Computer Room, Research Gallery, Classrooms, Science Lab, and Math Lab etc. In the evening, a special prayer session was organized in the college hall.



**One Day NSS Camp** -The College organized one day N.S.S. camp on November 03, 2018.All the students of the college participated in the camp under the able guidance of Programme Officers Dr. Jasleen Kaur and Dr. Pargat Singh Garcha. The camp was organized with the objective to develop personality of students through participation in community work as well as to develop the ideal of selfless service. A Cleanliness Drive was organized on the occasion in which the volunteers cleaned the college campus including classrooms, staff room, college hall, parking area and various labs of the college. All the students participated in the camp with full enthusiasm.



**Proposed Schedule for 7 days NSS Camp**

**Theme: Youth Against Dirt and Disease (December 29, 2018- Jan 04, 2019)**

<b>Day</b>	<b>Date</b>	<b>Morning 09:00a.m. - 01:00 p.m.</b>	<b>Evening 01:30 p.m.– 05:00 p.m.</b>
0 Friday	28-12-2018	<b>Pre NSS Camp Arrangements:</b> Formation of Various Committees of NSS Volunteers and Assigning Duties Purchase of Necessary Items Arrangement of Cook and Helpers etc.	
1 Saturday	29-12-2018	Inaugural Ceremony	Survey of the Village Bhora & Cleanliness of Historical Gurudwara Sahib ‘ Patshahi Shevi’ Gurusar Sudhar, Village Sadhar & Cleaning of College Campus
2 Sunday	30-12-2018	Reflection on 1st day of NSS camp  Poster Making Competition on Environmental issues, Drugs, Cleanliness & other issues related to the theme	Extension Lecture on The Environmental Crisis and Relevance of Mahatma Gandhi views to make healthy and clean India Group Discussion on issues related to theme of the NSS Camp and present situation in their surroundings Sports/ Cultural/ Grounds Programme
3 Monday	31-12-2018	Yoga Camp for Healthy India by Sh. Hoshiar Singh (Bharti Yog Sansthan) Extension Lecture on ‘ Air, Water & Environment’ by Mr. Nirmal Singh (Member, Ameer Virsa Lehar)	Social work at Gurudwara Flahi Sahib & Gurudwara Alamgir Sahib
4 Tuesday	01-01-2019	New year celebrations & Pledge for Healthy & Clean India, Extension Lecture and workshop by Rationalist Society of Punjab	Cleanliness of Premjit Memorial Hospital & Cremation Ground Village Sadhar
5 Wednesday	02-01-2019	Extension Lecture on importance of afforestation by Sh. Kulwant Singh (Welfare officer)	Plantation Drive at Village Bhora & Sua Road from main road to College

6 Thursday	03-01- 2019	Extension lecture by Dr. Amandeep Kaur, Principal, GHGH College of Education Sidhwan	Rally in Village Bhora and surrounding areas on the theme
7 Friday	04-01- 2019	Skits, dramas & cultural programme related to theme	Valedictory Function

**REPORT OF THE OPENING CEREMONY OF THE NSS CAMP (December 29, 2018 to January 04, 2019) -**

**Seven days NSS Camp with the theme of “Youth against Dirt and Disease” was inaugurated on December 29, 2018 at G.H.G Khalsa College of Education, Gurusar Sadhar** (under supervision of NSS Programme Officers Dr. Pargat Singh Garcha and Dr. Jasleen Kaur) by Dr. Sarbjit Kaur Ranu, Principal of the College. Addressing the NSS volunteers, Dr. Ranu motivated them and appreciated the sense of service with which they had joined the Camp. Dr. Pargat Singh Garcha briefed the NSS Volunteers about the history of NSS, objectives of the Camp and the activities to be undertaken. A brief cultural program was organized.

The volunteers had already been divided into different Committees viz. Purchase Committee, Cultural and Academic Activities Committee, Cooking and Cleaning Committee, Sports Committee, Editorial Committee and Decoration Committee on the previous day. Dr. Jasleen Kaur oriented the members regarding their tasks with relevant instructions in different committees.

After Inaugural ceremony, the volunteers cleaned the College campus. The students were divided into teams of girls and boys. The team of girls cleaned the College library and its different sections; the seminar hall, assembly hall and other areas of College.

The boys were divided into two teams, of which one team cleared the tall grass and bushes in College playground and adjoining playgrounds of the school, and second team surveyed village Bhora viz Premjit Memorial Hospital, Village Ground, Cremation ground etc. Some of the volunteers were sent to Gurudwara Sahib for cleanliness. All the volunteers worked with great enthusiasm and with spirit of dignity of labor.

The cleaning work continued till the evening tea which was followed by a brief cultural program and games.

**7 Days NSS Camp: Youth against Dirt and Disease ((December 29, 2018 - January 4, 2019)-** N.S.S. units of G.H.G. Khalsa College of Education, Gurusar Sadhar organized A Seven Day N.S.S. Camp from 29 December 2018 to 04 January 2019 under the supervision of the

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Programme Officers Dr. Jasleen Kaur & Dr. Pargat Singh Garcha. In this camp, fifty eight students participated voluntarily in which 47 were regular students and 11 were Non-student volunteers. All the volunteers worked for these seven days with appreciable dedication and high motivation. The main theme of the camp was, **‘Youth against Dirt and Disease’**.

The camp was inaugurated on 29<sup>th</sup> December 2018 at G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana by Dr. Sarbjit Kaur Ranu, Principal of the college. The objectives of organizing the camp was to inculcate among the volunteers sense of responsibility to the society which was accomplished in the form of poster making competition, rally related to theme was organized in village Bhora, extension lectures on different topics, plantation drive and cleanliness of the different areas in village Sudhar & Bhora and social work at Gurudwara sahib. Yog camp was also organized for NSS volunteers to make them healthy.

On 4<sup>th</sup> January 2019, with the successful completion of 7 days N.S.S. camp, valedictory function was organized. Chief Guest for the function was Sh. H.K. Nirmal (Principal, KV II school Halwara), he expressed his views with main focus on the environmental education. Other prominent guests included S. Avtar Singh Gill member of the Governing Council GHG Khalsa Colleges, S. Harminder Singh, Sarpanch of Village Sadhar, Gill Patti, S. Satwant Singh Sarpanch of Village Sadhar, Patti Dhaliwal and including four panchayat members, Sardarni Amarjit Kaur Sarpanch of Village Ghuman and panchayat members. The students of the college showcased their talents by presenting cultural items comprising speech, patriotic songs, group dance, skit etc. The principal of the college, Dr. Sarbjit Kaur Ranu appreciated the dedicated work of the volunteers by distributing the awards of appreciation to the deserving candidates and exhorted them to continue doing the same in the future.

### **Following Extensions lectures were organised during the NSS Camp held in December, 2018 in the college campus**

- Mr. Nirmal Singh (Member, Ameer Virsa Lehar) delivered an extension lecture on the topic ‘Air, Water & Environment’ on December 31, 2018.
- Sh. Ram Parshad & Sh. Shamsher Singh Noorpuri from Rationalistic Society of Punjab delivered an extension lecture on the topic “Superstitions and Society” on January 01, 2019.
- Dr. Gurprit Kaur (Dental Surgeon) and Dr. Neena Napra, (SMO) Premjit Hospital, Gurusar

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Sudhar delivered an extension Lecture on “Dental Hygiene” on January 02, 2019.

- Dr. Amandeep Kaur, Principal, GHGH College of Education, Sidhwan Khurd delivered an extension lecture on the topic “Environmental Sustainability” on January 03,2019.



**Blood Donation Camp:** In the fond memory of S. Bakhtawar Singh Gill, the founder President of G.H.G. Khalsa Institutes, an Inter college Shabad Gayan competition was organized by the college in collaboration with its sister institutes viz G.H.G. Khalsa College and College of Pharmacy, Gurusar Sadhar on February 22, 2019. A Blood-Donation Camp was also organized on the same day. The Camp was inaugurated by the Chief Guest Giani Harpal Singh, Revered Sardarni Mohinder Kaur Gill and Honourable S. Manjit Singh Gill, President of the Governing Council. The main motive of the camp was to instill in the pupil teachers an attitude of social service. Five students of the college voluntarily donated blood in this camp.



**Special Morning assembly to Commemorate Jallianwala Bagh Centenary Year (March 27, 2019)-** A special morning assembly was organized in the college campus on March 27, 2019 to commemorate centenary year of the Jallianwala Bagh Massacre under the mentorship of Prof. Gurmeet Hathur. All the students and the faculty members enthusiastically participated in the assembly. A pledge taking ceremony was held on the occasion in which all the participants took oath to keep the spirit of nationalism alive along with remembering the contribution of the martyrs in the struggle for independence. Harmeet Kaur, B.Ed student gave a lecture on the “Historical Background of Jallianwala Bagh”. Lakhvir Singh another student of B.Ed recited a beautiful poem dedicated to the martyrs of Jallianwala Bagh.

**SESSION 2019-20**

**International Yoga Day Celebrated at G.H.G Khalsa College of Education, Gurusar Sadhar-** International Yoga day was celebrated with full enthusiasm at G.H.G Khalsa College of Education, Gurusar Sadhar on June 21, 2019. Various activities were organized on the occasion which included an awareness lecture-cum-workshop, slogan writing, music and dance competitions. The focus of the entire event was to aware the participants about the various benefits of practicing Yoga on a regular basis. There was a Yoga display where students and the faculty performed basic Asanas followed by Omkar Chanting. While explaining the benefits of practicing yoga, Prof. Gurmeet Singh said that Yoga helps to cure and prevent diseases and reduce mental tension. It also helps to correct body posture, improve the Immune system and maintain body weight. A slogan writing Competition was organized for all the students in which they wrote exemplary slogans about the importance of yoga. Dr. Sarbjit Kaur Ranu, Principal of the college appreciated the efforts put by students and the faculty for celebrating the International Yoga Day and also urged the participants to adopt Yoga in their daily lives.





**Swachhta Pakhwada Organized at G.H.G Khalsa College of Education, Gurusar Sadhar -** Students and faculty of G.H.G Khalsa College of Education, Gurusar Sadhar observed Swachhta Pakhwada Fortnight in their respective Internship schools from August 1-15, 2019. The event was organized as per the directions of Ministry of Youth Affairs and Sports, Dept. of Youth Affairs, Directorate of National Service Scheme, New Delhi. The day one witnessed the oath taking ceremony (Swachhta Shapath) by the faculty as well as students. Students took a pledge to clean their schools, homes, public places and surrounding areas. Various activities were organized by the teacher trainees in their respective internship schools in the subsequent days which included cleanliness drives, Poster making competitions, Tree plantation drives, extension lectures on the importance of cleanliness, demonstration of hygiene activities to small kids in the schools like washing hands etc.

- **Cleanliness Drive:** Cleanliness drive was organized in all the internship schools. Students along with teacher trainees cleaned classrooms, Play grounds, lawns and parking lots in their respective schools.
- **Tree Plantation Drives:** Students along with trainee teachers planted various types of saplings like Neem, Tulsi, Jasmine, Moringa etc. in the school campuses and the surrounding areas. They were told about the benefits of planting saplings like recharging ground water, preventing soil erosion and purifying the air etc.
- Tree plantation drive was also carried out in the college campus where Dr. Sarbjeet Kaur Ranu, Principal of the college along with other faculty members planted various saplings in the college campus and in the surrounding area of the college.
- **Poster Making Competitions:** Poster Making Competitions were organized on the various topics like “Swachh Bharat Abhiyan”, “Clean and Green India”, “Save Earth” etc.
- **Demonstration of Hygiene Activity (Hand Washing):** Teacher Trainees demonstrated the Hand washing Activity to the small kids. Students were asked to make a habit of washing hands regularly and educate family members on the importance of washing hands properly.
- **Extension Lecture on the importance of Cleanliness:** Most of the internship schools organized extension lectures on the importance of cleanliness. Students through these lectures

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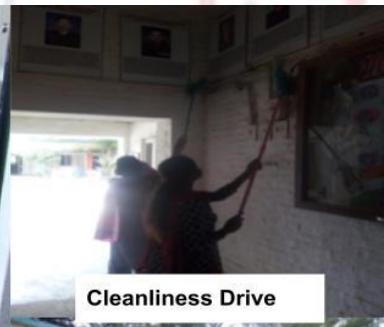
were told about the importance of Cleanliness in everyone's life. They were communicated by the experts that cleanliness is vital for a healthy body, mind and spirit.



**Tree Plantation Drive**



**Demonstration of hand washing to small kids**



**Cleanliness Drive**





**The various internship schools which took part in the event included:**

- Jatindra Greenfield Public School, Ghuman
- Ajitsar Khalsa Senior, Secondary School, Jangpur
- Eastwood International School, Mullanpur
- Air Force Satation , K.V No. II, Halwara
- Dashmesh Khalsa Sr. Sec. School, Heran
- Camp Khalsa Sr. Sec. School, Mohie
- Guru Harkrishan Public School, Halwara
- Dyal Public School, Tajpur Road, Ludhiana
- Guru Nanak Public School, Sadhar
- Delhi World Public School, Ludhiana
- Guru Hargobind Public School, Ayali Kalan
- Khalsa Sr. Sec. School, Toosa
- GNPS Bassian
- Swami Ganga Giri Janta Girls Sen., Sec., School, Raikot
- R.N Public School, Pakhowal
- D.K Public School, Manuke
- Dashmesh Public Sr. Sec. School, Tahliana Sahib

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- G.H.G Khalsa Sen. Sec. School, Gurusar Sadhar

**Fit India Movement-** Live telecast of Fit India Movement was held in the college campus on August 29, 2019 as per the directions of DPI, Punjab. As many as 50 students and 20 faculty members watched the live telecast of the programme on Doordarshan in which the Hon'ble Prime Minister of India addressed the nation and encouraged the people of India to adopt a fit and healthy life style. The telecast of the event ended with administration of a fitness pledge to all the students and the faculty members. Students and faculty took oath to make well-meaning efforts for the health and well-being of every person around them and achieve physical fitness, mental strength and emotional equanimity.



**Awareness campaign on the menace of Stubble Burning-** An awareness campaign was organized by the college on October 05, 2019 in order to sensitize the farmers and people of nearby villages on the hazardous impact of stubble burning. The campaign was conducted as per the directions of Asst. Director, Youth Services, Ludhiana by the N.S.S Wing of the college headed by Dr. Pargat Singh Garcha and Dr. Jasleen Kaur . A rally was taken out in this regard. In the rally students along with the faculty members covered 27 nearby villages (Burmi, Littran, Tajpura, Gondwal, Roopa Patti, Siloani, Talwandi etc.). Various banners were held and slogans

were raised by the students as well as the faculty members for creating awareness on the issue of stubble burning.



**Awareness campaign on the menace of Stubble Burning(October 05, 2019)**



**One Day NSS Camp** -The College organized one day N.S.S. camp on October 24, 2019. College students participated in the camp very enthusiastically under the able guidance of Programme Officers Dr. Jasleen Kaur and Dr. Pargat Singh Garcha. The camp was organized with the objective to develop personality of students through participation in community work as well as to develop the ideal of selfless service. A Cleanliness Drive was organized on the

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occasion in which the volunteers cleaned the college campus including classrooms, staff room, college hall, parking area and various labs of the college.



**Debate competition** – A zonal level debate competition was organized in the college campus in collaboration with Nehru Yuva Kendra, Ludhiana on October 25, 2019.

**ACTIVITIES ORGANIZED BY NSS UNIT (2019-2020)**

**GHG KHALSA COLLEGE OF EDUCATION, GURUSAR SADHAR**

Activity	Venue	Date
Republic Day	GHG Khalsa College of Education Gurusar Sadhar	26/1/2019
Oath Taking (Jalianwala Bag Centenary Year)	GHG Khalsa College of Education Gurusar Sadhar	27/03/2019
International Yoga day	GHG Khalsa College of Education Gurusar Sadhar	21/06/2019
Cleanliness Drive Tree Plantation Drives Poster Making Competitions Demonstration of Hygiene Activity (Hand Washing) Extension Lecture on the importance of Cleanliness	Internship schools Jatendra Greenfield Public School, Ghuman Ajitsar Khalsa Senior, Secondary School, Jangpur Eastwood International School, Mullanpur Air Force Satation , K.V No. II, Halwara Dashmesh Khalsa Sr. Sec. School, Heran	1/09/2019 to 15/09/2019 SwachhataPakhwada

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	Camp Khalsa Sr. Sec. School, Mohie Guru Harkrishan Public School, Halwara Dyal Public School, Tajpur Road, Ludhiana Guru Nanak Public School, Sadhar Delhi World Public School, Ludhiana Guru Hargobind Public School, Ayali Kalan Khalsa Sr. Sec. School, Toosa GNPS Bassian Swami Ganga GiriJanta Girls Sen., Sec., School, Raikot R.N Public School, Pakhowal D.K Public School, Manuke Dashmesh Public Sr. Sec. School, Tahlina Sahib G.H.G Khalsa Sen. Sec. School, Gurusar Sadhar	
Fit India Movement	GHG Khalsa College of Education Gurusar Sadhar	29/08/2019
Awareness campaign in order to sensitize the farmers and people of nearby villages on the hazardous impact of stubble burning	27 nearby villages (Burmi, Littran, Tajpura, Gondwal, Roopa Patti, Siloani, Talwandi etc.).	05/10/2019
Cleanliness of College campus	GHG Khalsa College of Education Gurusar Sadhar	24/10/2019
Rashtriya Ekta Diwas (National Unity Day) on the occasion of birth anniversary of SardarVallabhbbhai Patel	GHG Khalsa College of Education Gurusar Sadhar	October 31, 2019

**Rashtriya Ekta Diwas (October 31, 2019)-** The NSS wing of G.H.G Khalsa College of Education, Gurusar Sadhar under the guidance of NSS Coordinators Dr. JasleenKaur, Dr. Pargat Singh observed the Rashtriya Ekta Diwas (National Unity Day) on October 31, 2019 on the occasion of birth anniversary of SardarVallabhbbhai Patel.A special morning assembly was organized for observing the day in which faculty and the students offered floral tributes to Sardar Patel and took Rashtriya Ekta Diwas Pledge. A declamation competition was also organized on the occasion on the theme of “National Unity”. Kuldeep Singh and Gourav Kumar, B.Ed (Semester- I) students threw light on the life of SardarVallabhbbhai Patel and told that Sardar Patel was instrumental in making a united India after independence from the 565 semi-autonomous princely states.



Rashtriya Ekta Diwas (National Unity Day) on October 31, 2019

**Participation in District Debate Competition** – Two students of the college Misha and Pooja Sharma (B.Ed Sem III) participated in District level Debate Competition held D.D Jain college, Ludhiana on November, 2019. The event was organized by Nehru Yuva Kendr, Ludhiana.

**G.H.G. Khalsa College of Education Gurusar-Sadhar (Ludhiana)**  
**Proposed Schedule for 7 day Regular NSS Camp**  
**Theme: Save Environment**  
**(December 21, 2019 to December 27, 2019)**

Day	Date	Morning 09:00a.m. - 01:00 p.m.	Evening 01:30 p.m.– 05:00 p.m.
0 Friday	20-12-2019	<b>Pre NSS Camp Arrangements:</b> A) Formation of Various Committees of NSS Volunteers and Assigning Duties B) Purchase of Necessary Items C) Arrangement of Cook and Helpers etc.	
1 Saturday	21-12-2019	<b>Inaugural Ceremony</b>	Survey of the Village Bhora & Sudhar Cleanliness of Historical Gurudwara Sahib ‘ Patshahi Shevi’ Gurusar Sudhar, Village Sadhar & Cleaning of College Campus
2 Sunday	22-12-2019	Reflection on 1st day of NSS camp Poster Making Competition on Environmental issues, Pollution, Cleanliness & other issues related to the theme of Camp	Extension Lecture on by Dr. Jasleen kaur Cremation Ground Village Sadhar Sports Programme
3 Monday	23-12-2019	Extension Lecture by Dr. Sohan Singh on ‘ Concept of Environment in Philosophy of Guru Nanak Dev ji	Social work at Gurudwara Mehdiana Sahib Cultural Programme
4 Tuesday	24-12-2019	Extension Lecture and workshop by Rationalist Society of Punjab Mr. Ram Parshad and Mr. Shamsher Noorpuri	Cleanliness of Premjit Memorial Hospital & Sudhar village ground Group Discussion on issues related to theme of the NSS Camp and present situation in their surroundings
5 Wednesday	25-12-2019	Yoga Camp for Healthy India by Mr. Ripon Goyal Christmas Celebrations & Extension Lecture on Environment Pollution : Causes and remedies by Mr. Ajay Singh (Eng.)	Pledge for Healthy & Clean India Plantation Drive at Village Bhora & Sua Road from main road to College Extension Lecture by Dr. Pargat Singh Garcha on ‘ Teachings of Guru Nank Dev ji and Environmental issues’
6 Thursday	26-12-2019	Extension lecture by Dr. Gurwinder Singh on Present scenario of Environmental Crisis and its solutions	Rally in Village Bhora & Sudhar surrounding on the theme Sports Programme
7 Friday	27-12-2019	Skit, Drama & cultural Programme related to theme	<b>Valedictory Function</b>

Lunch: 1:00 pm to 1:30pm  
Daily: Yoga Camp from 9.30-10.00am

  
 J.H.G. KHALSA COLLEGE  
 OF EDUCATION  
 Gurusar Sadhar (Ludhiana)

**NSS Programme Officers**  
 Dr. Jasleen Kaur  
 Dr. Pargat Singh Garcha



**7 days Regular NSS Camp Report December 21 to 27, 2019**

**Day 1 - Inaugural Ceremony**

A week long N.S.S. Camp with the Motto NOT ME BUT YOU was inaugurated at G.H.G Khalsa College of Education, Gurusar Sadhar on December 21th, 2019 with the theme “**SAVE ENVIRONMENT**”. The camp was inaugurated by Principal Dr. Sarbjit Kaur Ranu who in her inaugural speech congratulated the students for coming forward in order to serve the society through participating in the NSS camp. 55 volunteers from B.Ed and M.Ed classes participated in the camp under the able guidance of Programme Officers Dr. Jasleen Kaur and Dr. Pargat Singh Garcha.

On the inaugural day Dr. Pargat Singh Garcha and Dr. Jasleen Kaur briefed the volunteers about the various activities to be organized during the camp, which includes cleanliness drives in the nearby areas of the village Sadhar, awareness rally on the social issues, poster making competition, extension lectures and a tree plantation drive etc. Various committees like Cultural, Daily Purchase, Refreshment, Decoration and Media etc. were formed by the programme officers. Day one also witnessed cleanliness drive by the NSS volunteers in the college campus, nearby Historic Gurudwara Chhevi Patshahi and survey of village Bhora & Sadhar.



## **Day 2 - Yoga Activity**

Every day of the camp started with yoga training to all the volunteers by Dr.Jasleen Kaur.

**Reflections on Day 1 and Poster Making Competition** - Day 2 of the camp started with reflections on the events of previous day by the NSS volunteers. A poster making competition was organized for the volunteers on the theme of environment issues, Pollution, cleanliness, and other related issues. The students portrayed their creative thoughts to save environment with the medium of brightly coloured posters to adjudged later on.

**Extension Lecture** - An extension lecture was organized on the theme “Misuse of Oxytocin Hormone” by Dr.Jasleen Kaur.

**Group Discussion** - A group discussion was organized on the theme of the NSS camp i.e “**Save Environment**” under the able guidance of Programme Officers Dr. Jasleen Kaur and Dr. Pargat Singh Garcha. Volunteers were asked to keep their surroundings clean. They were further asked spread awareness among the dairy farmers in their locality on harmful effects of oxytocin injection being given to cattle. The reasons for disappearance of species of birds especially vultures was discussed in detail All the NSS volunteers actively took part in the discussion and came up with many practical solutions for tackling the environmental issues.

**Cleanliness drive at Cremation Ground Village Sadhar** -Later on a cleanliness drive was organized at the cremation ground of village Sadhar in which volunteers cleaned the premises of cremation ground.





**Day 3**

**Yoga Activity** - The day as usual started with yoga activities by Dr. Jasleen Kaur and students

**Reflection on Day 2** - Day 3 of the Camp commenced with the Reflections of NSS Volunteers on the activities of Day 2 of the NSS Camp.

**Extension Lecture** - Another remarkable activity of the Day 3 was an Extension Lecture by Dr. Sohan Singh on "Concept of Environment in philosophy of Guru Nanak Dev Ji"

**Social Work** - In the evening, NSS Volunteers performed Social service at Gurudwara Mehdiana Sahib.



## Day 4

**Yoga Activity** - The day started with yoga activities by Dr. Jasleen Kaur and students

**Reflection on Day 3** -Day 4 of the Camp commenced with the Reflections of NSS Volunteers on the activities of Day 3 of the NSS Camp

**Extension Lecture** -An extension lecture cum workshop was organized by Sh. Ram Prasad and S. Shamsher Singh Noorpuri from Rationalist Society of Punjab. The team discussed about the superstitions prevalent in the society and the role of education to remove these wrong beliefs.

**Sports Programme** -Sports Committee organized various sports activities for students under guidance of Dr. Jasleen Kaur and Dr. Pargat Singh Garcha.



## Day 5

**Reflections on Day 4** - Day 5 of the Camp commenced with the Reflections of NSS Volunteers on the activities of Day 4 of the NSS Camp

**Yoga Camp** -The main highlight of the Day 5 was a Yoga Camp which was organized in the college campus. Mr. Ripon Goyal apprised the NSS Volunteers about the various benefits of Yoga for leading a healthy and disease free life. He demonstrated various asaanas and pranayams which could be helpful incurring main ailments.

## ***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

**Extension Lecture** -Dr. Pargat Singh Garcha delivered a lecture on “**Teachings of Guru Nanak Dev Ji and Environmental Issues**”..

**Extension Lecture** -An extension lecture was organized by Mr. Ajay Singh regarding “**Environment Pollution: causes and remedies**” He also talk about who is responsible for pollution.

**Tree Plantation Drive** - A tree plantation drive was also organized in the village Bhora and Sudhar. Around 50 saplings were planted in the govt. school, Bhora, roadsides of the village and in the Cremation ground of village sudhar and the nearby surroundings.



### **Day 6**

#### **Yoga Activity**

Yoga activities marked the beginning of the day, by this day nearly all the volunteers were trained in basic yogic asanaas and they were enthusiastic about the yoga session.

#### **Reflection on Day 5**

Day 6 of the Camp commenced with the Reflections of NSS Volunteers on the activities of Day 5 of the NSS Camp

#### **Extension Lecture**

An extension lecture by Dr. Gurwinder Singh on “**Present Scenario of Environmental crisis and its solution in Gurbani**” was the highlighting feature of the day. Dr. Sarbjit Kaur, Principal of the

## ***GHG Khalsa College of Education, Guruser Sadhar, Ludhiana***

colleageand Dr.Gurwinder Singh adjudged the poster which were made by the volunteers. The best posters were awarded duringthe valedictory function. .

### **Awareness Rally**

In the evening session of Day 6, an awareness rally was organized at village Bhora and the surrounding areas. Volunteers participated in the rally with enthusiasm and raised the slogans “**Rukh Lagao, Jeevan Bachhao**”, “**Paani di Bachat karo**”, “**Prali Na Jalao, Vaataa varan Bachao**” etc to spread awareness among villagers on the environmental issues.



### **Day 7**

#### **Yoga Activity**

The last day of the camp received an overwhelming participation by the volunteers in the yoga session and the volunteers promised to continue this healthy routine even after the camp.

#### **Valedictory Function**

Valedictory function for the camp was organized on December 27th, 2019 in the college campus. Sh. Charanjit Singh (Member GHG Khalsa college of Education, Management Committee) , More than 10 Alumni members of 1994-95 batch, Panchayat members of the village Sadhar graced the occasion as Guests. A cultural programme was organized by the NSS Volunteers on the occasion. Volunteers showcased their talent in form of skits, dance, poetry, speeches and songs etc. They also presented

## ***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

their reflections on various activities held during the camp. Four student volunteers were honored for their outstanding and dedicated services during the camp namely; Paramjit Kaur, Aasheema Bansal, Bindiya Jhaanjhi and Kulveer Singh. First, Second and Third prizes for poster making went to Aasheema Bansal, Suruchi Kumari and Bindiya Jhanji respectively. Dr. Sarbjit Kaur, Principal of the college congratulated the NSS Wing of the college on the successful completion of the camp.

### **NSS Programme Officers**

**Dr. Jasleen Kaur Principal**

**Dr. Pargat Singh Garcha**



**Sardar Bakhtawar Singh Gill Memorial Day (February 29, 2020)**-As a mark of tribute and to commemorate the memory of S. Bakhtawar Singh Gill, Former President, College Governing Council, GHG Khalsa Colleges, Gurusar Sadhar, organized a Blood donation and medical check up camp February 29, 2020. A team of doctors from DMC Hospital, Ludhiana, and Civil Hospital, Malerkotla, respectively on the same day. The Camps were inaugurated by Sardarni Mohinder Kaur Gill, S. Manjit S. Gill, President and Mrs. Hareena Gill. 53 units of blood were donated voluntarily and nearly 353 patients underwent medical check-up with specialists in Orthopaedics, Internal Medicine, Dermatology, Gastroenterology and De-addiction from DMC Hospital, Ludhiana. The patients were given medicines free of cost.

**G.H.G Khalsa College of Education, Gurusar Sadhar celebrated International Women's day-** NSS wing of the G.H G Khalsa College of Education, Gurusar Sahar organized a special morning assembly to celebrate "International Women's day "on March 07, 2020 under the able leadership of Dr. Sarbjit Kaur Ranu, Principal of the College. The programme commenced with the college shabad followed by many cultural performances given by the students of B.Ed and M.Ed classes. Sukhpreet Kaur and Karamjeet Kaur of B.Ed Sem II recited beautiful poem dedicated to Women. Suruchi Kumari and Pooja Sharma of B.Ed Sem IV delivered speech on the topic "Stop Violence Against Women" and "Women Empowerment" respectively. Kuldeep Singh of B.Ed Sem II presented a beautiful one act play on the topic "Female Foeticide. Dr. Jasleen Kaur, Programme Officer NSS, in her speech told the students about the history behind celebrating the Women's Day. Dr. Sarbjit Kaur congratulated everyone on the International Women's Day. She expressed her views by saying that a woman has a major role in shaping the society. Women are not less than men in any field.



**G.H.G. KHALSA COLLEGE OF EDUCATION, GURUSAR SADHAR, LUDHIANA  
PROGRAMME SCHEDULE – MISSION FATEH (GHAR GHAR SAMPARK YOJNA)**

**July 4, 2020-** In accordance with directions received from Director Youth Services, Punjab regarding Mission FATEH to fight against the COVID-19 pandemic, the NSS unit of G.H.G. Khalsa College of Education, Gurusarv Sadhar undertook special efforts to outline a programme schedule to spread awareness regarding safety measures to be undertaken to check the spread of COVID-19 virus. The NSS wing of the college under the supervision of Programme Officers Dr. Rachhpal Singh, Dr. Jasleen Kaur and the stewardship of Dr. Pargat Singh Garcha, Principal of the College has made a COVID -19 committee in the college and also opened an online helpdesk



## ***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

on the college website which will be actively involved in addressing issues regarding the disease posted on the website. The NSS volunteers have been trained to carry on the message from door to door in their respective residential colonies and villages regarding educating people specially the rural folk to adopt safety measures against the spread of this deadly virus.

The volunteers have already started door to door distribution of pamphlets and demonstration of hygienic habits like hand washing, social distancing etc. in their localities. The college has ordered the printing of 10 flexes to be displayed on the entry points of the college and strategic places in the nearby villages. Social media channels are being used to launch awareness campaigns through posters and videos prepared by NSS volunteers to contribute their part in the success of Mission- FATEH. The programme schedule thus includes the following efforts:-

1. Appointing of COVID-19 committee in the college.
2. Launching COVID-19 helpdesk on the college website.
3. Printing of flexes advertising the safety measures to be undertaken to check the spread of the disease.
4. Door to door canvassing by NSS volunteers.
5. Using social media channels to launch awareness programmes and publish videos and posters regarding the safety measures to be adopted.
6. Distribution of pamphlets in surrounding localities.

**(Punjab) Participants List (Viewer)- EK Bharat Shreshta Bharat (EBSB) 2020-2021 – Webinar on Lecture programme to talk about own state with paired State from July- November, 2020 Timing 03:00 PM-05:00 PM (Tentative)**

**Name of State: Punjab**

**List of Participants (Viewers)**

Sl.No.	Name of NSS Volunteer	Name of University	Name of College/Institution	Mobile No.	Email ID
1	GOURAV KUMAR	Punjab university	GHG Khalsa College of Education, Gurusar Sadhar	9815061501	kumargourav0803@gmail.com
2	MANPREET KAUR	Punjab university	GHG Khalsa College of Education, Gurusar Sadhar	9779945219	mkaur6492@gmail.com

**NATIONAL SERVICE SCHEME(N.S.S.) DAY CELEBRATION REPORT (September**

**24, 2020)** - The NSS unit of GHG Khalsa College of Education, Gurusar Sadhar celebrated the NSS day amidst strict adherence to COVID 19 regulations. All the NSS volunteers were made aware of the importance of NSS in spreading awareness on social issues in the society. The volunteers were motivated through the social media to engage in social activities which could help spread awareness regarding major social problems.

They were encouraged to prepare posters on burning social issues like COVID 19, banning use of plastics, environmental protection etc. They were encouraged for cleaning their surroundings and helping the old people in their community.

An intensive yoga and fitness programme was encouraged. Student volunteers engaged themselves in activities of Fit India Movement at their homes. The programme coordinators Dr. Jasleen Kaur and Dr. Rachhpal Singh under the patronage of Dr. Pargat Singh Garcha orchestrated the activities of the NSS day



**Two Kmtrs Plog Run -Fit India Freedom Run & Celebrations Of 150<sup>th</sup> Anniversary Of Mahatma Gandhi on October, 2020-**

The NSS Unit of GHG Khalsa College of Education, Gurusar Sadhar encouraged its NSS volunteers to participate in 2 kmtrs plog run as a part of freedom run series on the occasion of Gandhi Jayanti to pay tribute to the Father of the Nation- Mahatma Gandhi.

The NSS volunteers participated enthusiastically in the jogging cum cleanliness drive nearby their homes and achieved the dual objective of fitness and cleanliness which are the latest slogans of Fit India movement. Dr. Jasleen Kaur and Dr. Rachhpal Singh under the stewardship of Dr. Pargat Singh Garcha, Principal encouraged the students for maximum participation in this plog run. Other Swachhta activities, poster making etc were also organized, a brief online

celebration on Gandhi Jayanti was organized where the NSS volunteers discussed and shared the ideologies of Gandhiji in the form of speeches, poems etc.

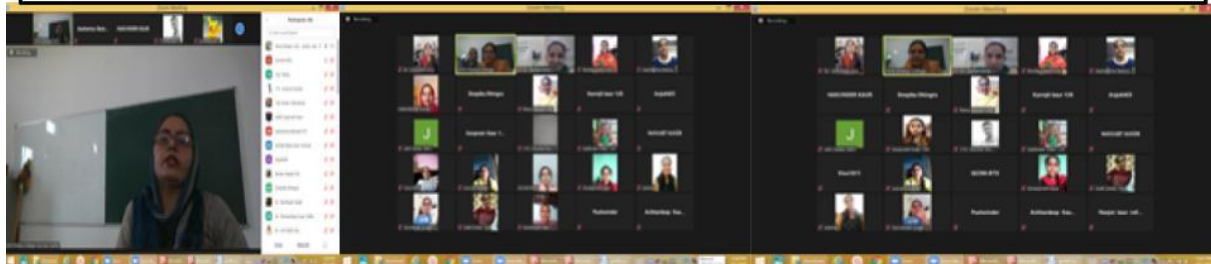


**Fit India Freedom Run**

**October 02, 2020**



**Celebrations Of 150<sup>th</sup> Anniversary Of Mahatma Gandhi on October, 2020**



**PLEDGE TAKING AGAINST COVID-19 (October 8, 2020)-** The NSS unit of GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana organized a Pledge taking activity on October 8, 2020 at 1.00 p.m. for undertaking safety measures against COVID-19 and spreading awareness about the disease. 48 members including teacher trainees from B.Ed, B.A. B.Ed integrated and M.Ed and Faculty members volunteered to participate in this Pledge taking activity which was organized on the zoom platform. Gourav Kumar, a NSS volunteer led the Pledge taking activity.

Dr. Jasleen Kaur, NSS Programme Officer spoke about the importance of spreading awareness and taking precautions against Covid -19. Dr. Pargat Singh Garcha, Principal of the college congratulated the NSS volunteers and the Programme officers on organising the much needed activity for workplaces and Educational institutions amidst a pandemic situation. Dr. Rachhpal Singh, NSS Programme officer delivered the vote of thanks.



**Spreading awareness about Covid19**

**Activities of NSS volunteers regarding spreading awareness against Stubble Burning (03**

**Dec 2020) -** The NSS unit of GHG Khalsa College of Education, Gurusar Sadhar organized various activities to spread awareness against stubble burning in the adjoining villages. As per the directions of Chief Secretary, Punjab the NSS unit contacted the District Administration (SDM Raikot) and as per his orders a zoom meeting of all the NSS volunteers was organized. Programme officers Dr. Jasleen Kaur and Dr. Rachhpal Singh explained the problems of stubble

burning in Punjab. NSS volunteers Manpreet Kaur , BIndia Jhanji, Rohit Kumar also spoke on the hazardous effects of stubble burning. Dr.Pargat Singh Garcha, Principal of the college appreciated the efforts of the NSS volunteers for engaging in such activities of social and environmental importance. The students were asked to educate the farmers in their vicinity (abiding norms of social distancing during the pandemic) against the ill effects of burning stubble and the options available to the farmers in this regard. Students visited the nearby villages and displayed the banners on this issue, they also talked to the farmers and convinced them not to burn the stubble and to adopt the alternative measures in this regard.



**Celebrations of International Women's Day March 8, 2021-** GHG Khalsa College of Education celebrated the International Women's Day adopting the online mode in the wake of the pandemic. The NSS wing of the college under the supervision of Programme officers Dr. Jasleen Kaur and Dr. Rachhpal Singh Gill along with combined efforts of Social Vision Club of the college orchestrated the programme.

B.Ed students Harkiran Kaur and Simranjot Kaur facilitated the event on the online dais. The pupil teachers presented their views in the form of speeches, poems and songs. A melodious

***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

rendition on the song “bekhauff azaad hai jeena mujhe” was presented by Jaspreet Kaur and Happy Sohal and a one act play representing problems of contemporary Indian Women was enacted by Navjot Kaur.

On this occasion Dr. Jasleen Kaur expressed her views on Women and Human rights, the essence of her speech was that women need to understand that they were born free and no less than their male counterparts. They have to break down the shackles of narrow cultural chains which have made them slaves of their own thought and societal pressures. The day women realize their self worth, they would not require the help of constitutional amendments, laws and law courts to protect their interest. Dr. Pargat Singh Garcha, Principal of the college congratulated the organising committee for the successful celebrations of Women’s Day and encouraged all the female students to realize their potentials and achieve greater heights. The celebrations ended with The National Anthem.

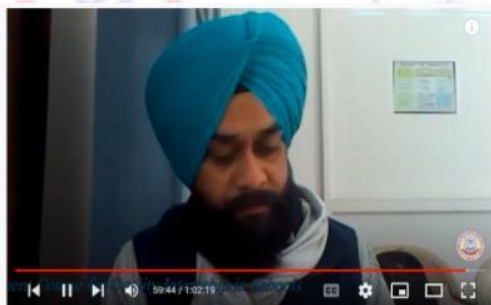


**Report on celebrations of Poshan Pakwara 2021 during March 16-31, 2021-** N.S.S. wing of G.H.G Khalsa College of Education, Gurusar Sadhar, organized various activities to celebrate Poshan Pakhwara 2021 under POSHAN abhiyan during March 16 to 31, 2021 as per the directions of Ministry of Women and Child Development, Govt. of India. Dr Rachhpal Singh and Dr. Jasleen Kaur NSS Programme officer created an awareness among NSS volunteers

about the scheme and its usefulness through the zoom platform on March 17, 2021. They were also made aware about the various activities to be organized at individual and societal level to spread awareness on the health benefits of a balanced nutritive diet. Dr. Pargat Singh Garcha, Principal of the college talked to the volunteers about hygiene and sanitation through zoom platform on 16.03.2021.

The NSS volunteers were encouraged to follow daily yoga routine for maintaining physical fitness. An online extension lecture by S. Sarbjit Singh Toor, DEO secondary, Barnala was organized on March 27, 2021 on the topic **Nutrition and physical fitness among teachers**. Mr. Toor advised the volunteers (pupil teachers) to follow healthy diet and exercise practices and also to spread awareness in the community and students of practicing schools. He specially spoke about the role of nutrition for an expecting mother, benefits of breast feeding and inculcating good diet habits in toddlers.

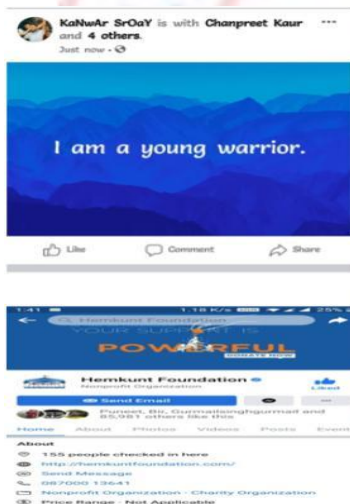
In addition to these activities, Power point presentations on balanced diet, anaemia, antenatal check up, importance of breastfeeding, complete feeding and immunization were shared through social media groups and volunteers were directed to spread this awareness in their neighbourhood local community as well.



**Continuation of Jan Andolan- the campaign for COVID-19 appropriate behavior June 2, 2021-**In the wake of the increasing number of cases of COVID -19 the Jan Andolan Campaign

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

launched by Ministry of youth affairs and sports was further intensified by the NSS wing of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana. Dr. Rachhpal Singh and Dr. Jasleen Kaur, N.S.S. Programme Coordinators motivated the NSS volunteers through whatsapp groups to prepare posters on the basis of approved creatives on awareness regarding prevention and control of COVID-19. The volunteers were also encouraged to get their elders vaccinated for protection against COVID-19 and spread awareness on the benefits of vaccination in their local community as well. The N.S.S. volunteers prepared COVID -19 awareness creatives and did door to door campaigning to make rural people aware about the measures to check the spread of COVID-19 virus and also to opt for vaccination in this regard. The volunteers received high cooperation from the community and were able to motivate several people for the vaccination drive. Further the students also shared their creatives on the social media sites to spread the message across the community.



**Continuation of Jan Andolan- the campaign for COVID-19 appropriate behavior June 2, 2021**





**Bicycle Day-** In order to spread awareness related to the tremendous health and environmental benefits of cycling, B.Ed and M.Ed students of the college celebrated World Cycle Day with great enthusiasm on June 03, 2021. The students enjoyed the bicycle ride in their vicinity and prepared posters to encourage people to use bicycles more and more in their daily life.



**ਜੀਏਚਜੀ ਖ਼ਾਲਸਾ ਕਾਲੇਜ ਨੇ ਪਯਾਰਿਟਾਜ ਸੰਰਕਸ਼ਣ ਕੇ ਫਾਰੇ ਮੇਂ ਫਤਾਯਾ**

Jun 05, 2021 7:39 PM

ਜੀਏਚਜੀ ਖ਼ਾਲਸਾ ਕਾਲੇਜ ਕੇ ਵਿਛਾਰਥੀਯੋਂ ਨੇ ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਪਰ ਗ਼ਾਜ਼ਾਕਰਣ ਕੇ ਸੇਹਰ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਦਿਵਸ ਮਨਾਯਾ।

**ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਦੇ ਮੌਕੇ ਵਾਤਾਵਰਨ ਤੇ ਸਿਹਤ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਦਿਹਾੜਾ ਮਨਾਇਆ**

ਗੁਰੂਸਰ ਸੁਧਾਰ, 3 ਜੂਨ (ਐਸ. ਐਸ. ਟੀ. ਮ. ਨ. ਹ. ਸ.) ਜੀ. ਐੱਚ. ਜੀ. ਖ਼ਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਗੁਰੂਸਰ ਸੁਧਾਰ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਦੇ ਮੌਕੇ ਵਾਤਾਵਰਨ ਅਤੇ ਸਿਹਤ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਦਿਨ ਮਨਾਇਆ ਅੱਜ ਦਾ ਦਿਨ ਮਨਾਉਣ ਲਈ ਬੀ.ਐੱਫ. ਅਤੇ ਐਮ.ਐੱਫ. ਜ਼ਮਾਤ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਆਸ ਪਾਸ ਸਾਈਕਲ ਦੀ ਯਾਤਰਾ ਦਾ ਅਨੰਦ ਲਿਆ ਅਤੇ ਲੋਕਾਂ ਨੂੰ ਉਨ੍ਹਾਂ ਦੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਵਿੱਚ ਸਾਈਕਲ ਦੀ ਵੱਧ ਤੋਂ ਵੱਧ ਵਰਤੋਂ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਇਹਨਾਂ ਵੱਲ ਰੁਝ ਪਸਟਰ ਵੀ ਬਣਾਏ ਅਤੇ ਸੌਂਕਿ ਸਾਫ਼ਿਆਂ ਨਾਲ ਸਾਂਝੇ ਕੀਤੇ ਇਸ ਮੌਕੇ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪੁਰਗਟ ਸਿੰਘ ਗਰਚਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਯਤਨਾਂ ਦੀ ਸ਼ਲਾਘਾ ਕਰਦਿਆਂ ਕਿਹਾ ਕਿ ਸਾਈਕਲ ਸਾਡਾ ਸੁਧਾਰ, ਕਿਵਾਇਤੀ ਅਤੇ ਵਾਤਾਵਰਨ ਅਨੁਕੂਲ ਆਵਾਜਾਈ ਦਾ ਬਹੁਤ ਵਧੀਆ ਸਾਧਨ ਹੈ ਇੰਨੀ ਲਾਭ ਤੋਂ ਇਲਾਵਾ ਸਾਈਕਲ ਚਲਾਉਣ ਵਿਚ ਸ਼ਾਨਦਾਰ ਸਿਹਤ ਸੰਬੰਧੀ ਲਾਭ ਵੀ ਹਨ ਉਨ੍ਹਾਂ ਅੱਗੇ ਕਿਹਾ ਕਿ ਵਿਸ਼ਵ-19 ਮਹਾਂਮਾਰੀ ਦੇ ਮੱਦੇਨਜ਼ਰ ਇਸ ਦਿਨ ਦਾ ਜਸ਼ਨ ਮਨਾਉਣਾ ਵਧੇਰੇ ਮਹੱਤਵਪੂਰਨ ਹੋ ਗਿਆ ਹੈ ਉਨ੍ਹਾਂ ਕਿਹਾ ਅੱਜ ਹਰ ਇੱਕ ਵਿਅਕਤੀ ਨੂੰ ਆਪਣੀ ਸਿਹਤ ਪ੍ਰਤੀ ਹੋਰ ਵਧੇਰੇ ਸਾਵਧਾਨ ਰਹਿਣ ਦੀ ਲੋੜ ਹੈ। ਉਨ੍ਹਾਂ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੂੰ ਸਾਈਕਲਿੰਗ ਦੇ ਚੰਗੇ ਅਭਿਆਸ ਨੂੰ ਆਪਣੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਵਿੱਚ ਅਪਨਾਉਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਤਾਂ ਜੋ ਹਰ ਕੋਈ ਇਸ ਦਾ ਅਨੰਦ ਲੈ ਸਕੇ ਅਤੇ ਆਪਣੀ ਚੋਗਿਰਦੇ ਨੂੰ ਸਾਡਾ ਰੱਖਣ ਲਈ ਆਪਣਾ ਬਣਦਾ ਯੋਗਦਾਨ ਪਾ ਸਕੇ।

**ਰੋਜ਼ਾਨਾ ਸਪੋਕਸਮੈਨ**  
RozanaSpokesman.com  
epaper by Daksham.COM

**ਪਹਿਰੇਦਾਰ** A Leading Punjabi Daily 4 June 2021 04 Jun 2021

**ਜੀ. ਐੱਚ. ਜੀ. ਖ਼ਾਲਸਾ ਕਾਲਜ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਵਾਤਾਵਰਨ ਅਤੇ ਸਿਹਤ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਦਿਹਾੜਾ ਮਨਾਇਆ**

ਗੁਰੂਸਰ ਸੁਧਾਰ 3 ਜੂਨ (ਸੁਖਵਿੰਦਰ ਸਿੰਘ ਸਹੇਲੀ) ਜੀ. ਐੱਚ. ਜੀ. ਖ਼ਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਗੁਰੂਸਰ ਸੁਧਾਰ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਦੇ ਮੌਕੇ ਵਾਤਾਵਰਨ ਅਤੇ ਸਿਹਤ ਸੰਬੰਧੀ ਜਾਗਰੂਕਤਾ ਦਿਨ ਮਨਾਇਆ ਅੱਜ ਦਾ ਦਿਨ ਮਨਾਉਣ ਲਈ ਬੀ.ਐੱਫ. ਅਤੇ ਐਮ.ਐੱਫ. ਜ਼ਮਾਤ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਆਸ ਪਾਸ ਸਾਈਕਲ ਦੀ ਯਾਤਰਾ ਦਾ ਅਨੰਦ ਲਿਆ ਅਤੇ ਲੋਕਾਂ ਨੂੰ ਉਨ੍ਹਾਂ ਦੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਵਿੱਚ ਸਾਈਕਲ ਦੀ ਵੱਧ ਤੋਂ ਵੱਧ ਵਰਤੋਂ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਇਹਨਾਂ ਵੱਲ ਰੁਝ ਪਸਟਰ ਵੀ ਬਣਾਏ ਅਤੇ ਸੌਂਕਿ ਸਾਫ਼ਿਆਂ ਨਾਲ ਸਾਂਝੇ ਕੀਤੇ ਇਸ ਮੌਕੇ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪੁਰਗਟ ਸਿੰਘ ਗਰਚਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਯਤਨਾਂ ਦੀ ਸ਼ਲਾਘਾ ਕਰਦਿਆਂ ਕਿਹਾ ਕਿ ਸਾਈਕਲ ਸਾਡਾ ਸੁਧਾਰ, ਕਿਵਾਇਤੀ ਅਤੇ ਵਾਤਾਵਰਨ ਅਨੁਕੂਲ ਆਵਾਜਾਈ ਦਾ ਬਹੁਤ ਵਧੀਆ ਸਾਧਨ ਹੈ ਇੰਨੀ ਲਾਭ ਤੋਂ ਇਲਾਵਾ ਸਾਈਕਲ ਚਲਾਉਣ ਵਿਚ ਸ਼ਾਨਦਾਰ ਸਿਹਤ ਸੰਬੰਧੀ ਲਾਭ ਵੀ ਹਨ ਉਨ੍ਹਾਂ ਅੱਗੇ ਕਿਹਾ ਕਿ ਵਿਸ਼ਵ-19 ਮਹਾਂਮਾਰੀ ਦੇ ਮੱਦੇਨਜ਼ਰ ਇਸ ਦਿਨ ਦਾ ਜਸ਼ਨ ਮਨਾਉਣਾ ਵਧੇਰੇ ਮਹੱਤਵਪੂਰਨ ਹੋ ਗਿਆ ਹੈ ਉਨ੍ਹਾਂ ਕਿਹਾ ਅੱਜ ਹਰ ਇੱਕ ਵਿਅਕਤੀ ਨੂੰ ਆਪਣੀ ਸਿਹਤ ਪ੍ਰਤੀ ਹੋਰ ਵਧੇਰੇ ਸਾਵਧਾਨ ਰਹਿਣ ਦੀ ਲੋੜ ਹੈ। ਉਨ੍ਹਾਂ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੂੰ ਸਾਈਕਲਿੰਗ ਦੇ ਚੰਗੇ ਅਭਿਆਸ ਨੂੰ ਆਪਣੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਵਿੱਚ ਅਪਨਾਉਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਤਾਂ ਜੋ ਹਰ ਕੋਈ ਇਸ ਦਾ ਅਨੰਦ ਲੈ ਸਕੇ ਅਤੇ ਆਪਣੀ ਚੋਗਿਰਦੇ ਨੂੰ ਸਾਡਾ ਰੱਖਣ ਲਈ ਆਪਣਾ ਬਣਦਾ ਯੋਗਦਾਨ ਪਾ ਸਕੇ।

This year the theme of this special day is "Uniqueness, versatility, and longevity of the bicycle as a simple, sustainable, economical, and reliable mode of transportation"

**World Bicycle Day June 3**

**Students and Faculty of G.H.G. Khalsa College of Education, Gurusar Sadhar Spread the Message of Environment Conservation by Celebrating World Environment Day on June 05, 2021- NSS wing and Red Ribbons Club of G.H.G. Khalsa College of Education, Gurusar**

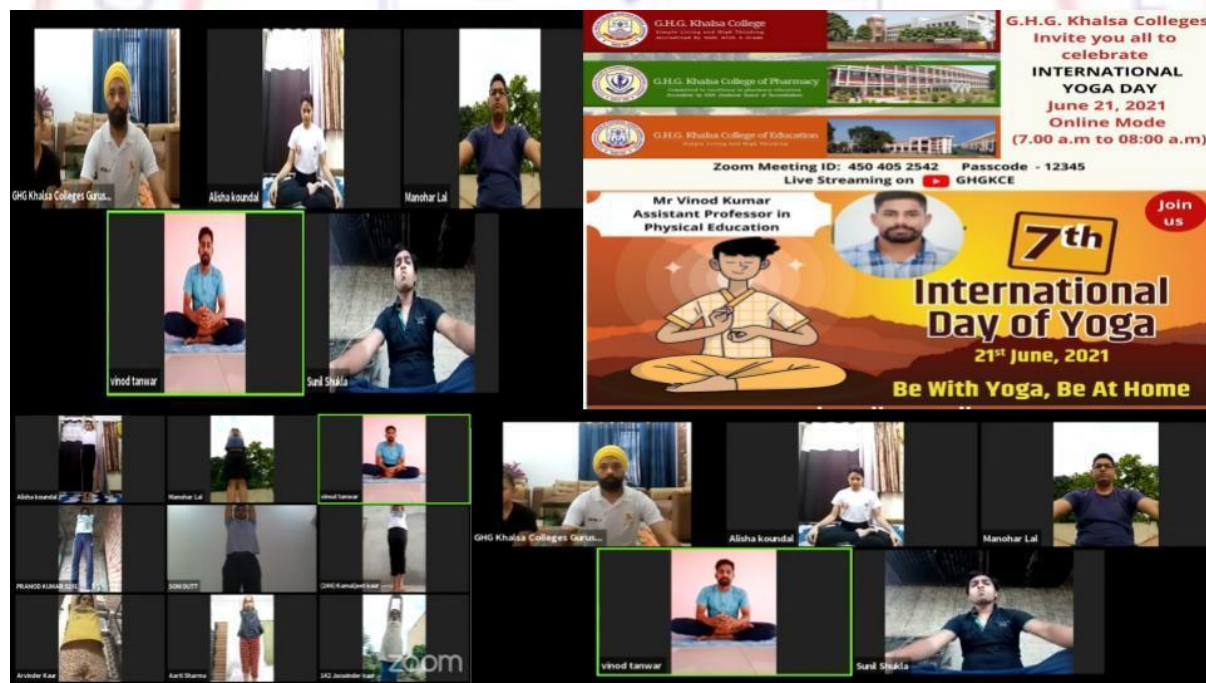
## GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana

Sadhar celebrated World Environment Day in collaboration with Youth Welfare Services, Ludhiana on June 05, 2021 through virtual mode. The students of B.Ed and M.Ed organized a wonderful programme to celebrate the day. The event commenced with the college prayer followed by a motivational presentation on the life and work of famous environmentalists by Dr. Manu Chadha (Incharge of the Red Ribbon Club). The main objective behind celebrating the event was to highlight the importance of the environment and remind the society that we should not take the nature for granted. The various activities presented on the occasion included speech on “History of Environment Day Celebration” by B.Ed student Bindia Jhanji, Poem on the topic “What Nature Suffers” by Simranjot Kaur, speech on “Sustainable Development” by Arshdeep Kaur, Power point presentation on the topic “Ways to Save Environment” by Prerna Shukla. Another power point presentation on the topic “Environment Friendly Products” was shared by Sukhdeep Kaur and a speech on 10 eco -friendly companies was given by Gurpreet Kaur. Jaspreet Kaur mesmerized the participants with her motivational song on “Save trees”. Students also participated in the Poster Making Competition organized by the Fine Arts Department of the college. Principal of the college Dr. Pargat Singh Garcha in his address congratulated the students and the faculty for organizing the event for the cause of environment. He further said that protection of the environment is the responsibility of all and the college is always at the forefront for organizing many activities for environment protection. He also encouraged the students to plant more trees in and around their surroundings thereby contributing to a healthier and cleaner society. Dr. Mini Sharma, Assistant Prof. in the college presented formal vote of thanks to all the participants. The event culminated with the recitation of national anthem.



**G.H.G. Khalsa College of Education celebrates International Day of Yoga June 21, 2021**

As per the directions of NSS Department, Panjab University Chandigarh and Ministry of Ayush **GHG Khalsa College of Education, Gurusar Sadhar** in collaboration with its sister institutes GHG Khalsa College and College of Pharmacy organised a yoga camp online through the zoom platform on June 21, 2021 from 7.00 a.m. to 8.00 a.m. This digital yoga campaign was of one hour duration and was organized online where in nearly 100 students and faculty members practiced yoga under the directions of expert yoga teacher Mr. Vinod Kumar(Asst. Prof in Phy. Edu.) and supervision of Dr.Manohar Lal (Professor), GHG Khalsa College, Gurusar Sadhar. The volunteers participated online from their homes, thus spreading the slogan “Be with Yoga, Be at home”. The programme was streamed live on the college you tube channel. NSS Program Officers Dr.Jasleen Kaur and Dr.Rachhpal Singh Gill facilitated the organisation of the yoga camp. Dr Pargat Singh Garcha(Principal) of Education college congratulated the NSS and NCC departments of the three colleges for the successful organization of the camp.



**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges-** The NSS wing of G.H.G. Khalsa College of Education, Gurusar Sadhar has been functional since more than 4 decades and has trained thousands of NSS volunteers in the past. Presently, the wing under the patronship of Dr. Pargat Singh Garcha,

Principal and Dr. Rachhpal Singh and Dr. Jasleen Kaur, N.S.S. coordinators has discharged a responsible role to fight off the dreaded effects of covid-19 pandemic. Not only has the wing fulfilled the assigned duties by the the Ministry and NSS Department, Panjab University, Chandigarh, it has also been instrumental in bringing significant developments inside and outside college campus. The wing had geared up in the wake of the pandemic call in the initial phase itself and created awareness among the students and general public by preparing and posting **short You tube videos on the college You Tube Channel**. The N.S.S. volunteers prepared **COVID -19 awareness creatives** and did door to door campaigning to make rural people aware about the measures to check the spread of COVID-19 virus and also to opt for vaccination in this regard. The volunteers received high cooperation from the community and were able to motivate several people for the vaccination drive. Further the students also shared their creatives on the social media sites to spread the message across the community. **Flexes of Size 5\*4 feet were prepared and were installed by volunteers at 40 nearby places of village/ Block Sudhar. 50 NSS volunteers registered for the UNICEF-Mo YAS- YuWaah Young warrior Programme.** The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well. Four students of the college namely Happy Sohal, Arshdeep Singh, Nisha Rani and Jaspreet Kaur , pooja verma 201completed five tasks each as assigned by ministry of youth affairs and support and received their completion certificates under the young warrior programme of UNICEF The students were engaged in Yoga camps and fitness drives and were also delivered extension lectures on themes related to covid -19.

**A Vaccination Camp** was organized by the college in collaboration with the local S. Premjit Singh Memorial Community Centre, Gurusar Sadhar from April 14 to May 23, 2021. College teaching and non teaching staff and hundreds of villagers were vaccinated free of cost. The NSS wing took special efforts to encourage the village community to get vaccinated by breaking the myths and removing the false rumours about the vaccination. It was a very successful drive in which **a total of 1632 people in age group of 18-44 years and 836 people in age group of 45 years and above were vaccinated. Dr. Jasleen Kaur, Programme coordinator voluntarily donated Rs. 11000/ to Hemkunt Foundation-** a non profit organization engaged in providing free oxygen cylinders all over India.

***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

*The NSS wing of the college pledges to continue its efforts to spread awareness regarding covid-19 pandemic till the battle against this pandemic is won.*

**Following are the you tube video links prepared by the college faculty:**

[https://youtu.be/kTo1gwPC\\_CI](https://youtu.be/kTo1gwPC_CI)

<https://youtu.be/G2jztYAvrsM>

<https://youtu.be/e0kVAg9SVnw>

**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges (Report of 20 days-June 5-24, 2021)- Report presented to Mahatma Gandhi National Council of Rural Education, Hyderabad about Beat Covid Campaign on July 31, 2021**

**Esteemed dignitaries, honorable Teacher fraternity and citizens of India!**

**A very warm good afternoon to all**

It is my esteemed privilege to represent a pious institution G.H.G. Khalsa College of Education, Gurusar Sadhar established in the name of Sixth Sikh Guru HarGobind Sahib Ji and having a proud heritage of excellence and innovation since 1955. Our college is one of the pioneer institutions of Teacher Education in the state of Punjab and has been accredited with NAAC Grade “A” (CGPA 3.30 for consecutive 2 cycles, Cycle-II). The college has also received the honor of being awarded the status of a Mentor College under UGC Paramarsh Scheme. The college has many milestone achievements and has been proactive in discharging its responsibilities especially towards the rural part of the country.

The NSS wing has of G.H.G. Khalsa College of Education, Gurusar Sadhar has been functional since more than 4 decades and has trained thousands of NSS volunteers in the past. Presently, the wing under the patronship of Dr. Pargat Singh Garcha, Principal Dr. Jasleen Kaur and Dr. Rachhpal Singh, N.S.S. coordinators has discharged a responsible role to fight off the dreaded effects of covid-19 pandemic. Not only has the wing fulfilled the assigned duties by the the Ministry and NSS Department, Panjab University, Chandigarh, it has also been instrumental in bringing significant developments inside and outside college campus. The wing had geared up in the wake of the pandemic call in the initial phase itself and created awareness among the students and general public by preparing and posting short You tube videos on the college You Tube Channel and was already active in creating awareness regarding covid 19. All other

The beat covid campaign helped the NSS wing to intensify its efforts in beating the second wave of covid-19 which had hardly hit the country. As you all know that the second wave of covid 19 was quite intense in the rural parts of the country and are college is located in the rural area. hence it was all the more necessary that the NSS volunteers should double their efforts of creating awareness regarding the spread of covid-19 the precautions required the importance of vaccination and also extending support to the people suffering from coronavirus.

**Therefore the NSS wing carried out the beat covid campaign from June 5 to June 24, 2021**

As instructed by the authorities an orientation of the NSS volunteers regarding the campaign was done through the WhatsApp group in which the program officers acquainted the students about the objectives of the campaign and the proposed activities. Nearly 60 students were given the orientation out of which 50 students actively joined the campaign. 5 faculty members Dr. Jasleen Kaur, Dr. Rachhpal Singh, Dr. Jagjit Singh, Dr. Jasbir kaur Sarna and Mrs. Rupinder jit Kaur were also involved in this campaign to guide and organise the activities to be carried out by the volunteers. **The students were then divided into group of 5 teams as instructed, i.e. hospital management team, Non hospital management team, medical Essentials team, family support team and psychosocial support team.** Each team was under the supervision of 1 teacher incharge.

A meeting of the teacher in charges and student representatives of each team was held with the principal, one week before the campaign had to started. A proper plan was chalked out about the activities of the 20 days and the functioning of each team, the nature of duties to be discharged, arrangement of resources, sources for gathering information etc.

As during the time period between 5th June and 24th June covid wave was quite intense in the country, the student volunteers were not called in the college campus, all the Communications were made through the WhatsApp group specially formed for this purpose. The students were instructed to carry out the activities in their nearby areas, as majority of the students of our college belong to rural areas we could cover nearly 21 villages in this campaign. An added advantage which we got was that 15% of our students come from all India quota and Airforce Station, Halwara is in the vicinity, many student volunteers were from different states of India, therefore the beneficiaries of this campaign were beyond the state of Punjab as well.

**Activities of hospital management team**

We wanted to keep the activities of the campaign more service oriented rather than being heavily budgeted. As the students were functioning from their homes we did not want to put them in any type of financial or health crisis. So they were instructed to follow the guidelines of covid-19 while discharging their duties. The student volunteers in the hospital management team were asked to visit nearby vaccination centres for covid-19 and render services in helping the staff of the centres to organise the vaccination campaign in a more organised manner. Our volunteers help in setting up the stage, that is to say they counselled the people in the waiting areas of the vaccination centres, this was required to help people break myths about the vaccination especially in the rural areas. Our volunteers counselled them by telling the benefits of the vaccination and removing their doubts and fears they also helped in queuing up the people to avoid chaos at the vaccination centres, They helped in maintaining social distancing and also help the hospital staff as and when required. Our volunteers helped in vaccination centres in gurusar Sudhar, mullanpur, Jagraon and Raikot.

**Personally donated a humble sum of Rs 11000 to Hemkunt foundation which was actively providing oxygen cylinder at that time**

#### **Non hospital management**

The duty of this team was to carry out awareness in their neighborhood and make the people aware about the covid-19 pandemic the precautions to be taken the role of sanitization and social distancing ,wearing a mask and getting oneself vaccinated The beneficiaries were in the villages of sudhar, raikot, mullanpur, Jagraon, Dolon Kalan, lohgarh, sidhwan khurd, Bhaini Baringan for vaccination- above 100 families. Flexes of Size 5\*4 feet were prepared and were installed by volunteers at 40 nearby places of village/ Block Sudhar. Students also prepared posters and used them during these awareness campaign.

#### **Family Support Team**

This pandemic has been very heavy on the psychological economic and social well-being of the people, Hence a family support team was formed to extend support to as many families as possible. As expected the students distributed **ration to poor families the unemployed** people but we were surprised when our volunteers rendered a range of services for the families affected during the pandemic for example some of the volunteers they give **Wi-Fi facility** to the students of poor families to attend classes online, some of the volunteers **taught the students of poor families**. One of our volunteers who is trained **in treating the pets** she took care of the pets of families

affected with covid at gadvasu i.e animals hospital in Ludhiana. sudhar, raikot, mullanpur, Jagraon, Dolon Kalan, lohgarh, shwan khurd, Bhaini Baringan , mohie, Ghuman, boparai, khadoor, aitiaana, rakba

### **Medical essentials Team**

The medical Essentials team also actively helped the people during his 20 days one of our volunteers Perna Shukla will tell you about the help we have rendered. In addition to this the students distributed masks and sanitizers to the needy people and also food packets to the Healthcare workers

### **Psychosocial Support Team**

Another significant impact of this pandemic was on the mental health of the people, many people lost their nice so they were many families in which there was a loss of a family member or two and people were actually getting depressed. so one of a students of a class Harleen Kaur who is already very active in social activities she had set up an Eco club which was earlier engaged in Environmental activities but during these 20 days this club actively engaged self in giving healing to people suffering from covid or from post covid effects. The therapy was called the **alternate medicine therapy** in which healing was given in the form of prayers and positive vibrations more or more like **Reiki** healing she will her self tell her experiences. A **gratitude whatsapp group** was also launched parallel to it where people healed fro covid thanked God for the blessing many other **volunteers engage themselves in providing counselling to families affected by covid.**

**50 NSS volunteers registered for the UNICEF-Mo YAS- YuWaah** Young warrior Programme. The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well. Four students of the college namely Happy Sohal, Arshdeep Singh, Nisha Rani and Jaspreet Kaur , pooja verma completed five tasks each as assigned by ministry of youth affairs and support and received their completion certificates under the young warrior programme of UNICEF At the end I on the behalf of GHG khalsa college of education, gurusar sadhar

We at GHG Khalsa college of education pledge to serve the people in future and render our services as dutiful citizens by accomplishing tasks assigned by the government and contributing in national development and growth.



**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 1

Name of the Coordinator: Dr. Pargat Singh Garcha, M. 9815331234 ( <a href="mailto:drpargat81@gmail.com">drpargat81@gmail.com</a> )				
Programme Officers : 1. Dr. Rachhpal Singh, M.9501024180 ( <a href="mailto:gillrachh@gmail.com">gillrachh@gmail.com</a> ) 2. Dr. Jasleen Kaur, M. 9780979079 ( <a href="mailto:jasleen79jas@yahoo.com">jasleen79jas@yahoo.com</a> )				
College Phone No & mail ID : 01624275228, <a href="mailto:ghg_edu@yahoo.co.in">ghg_edu@yahoo.co.in</a>				
Date: 5 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Gurusar sadhar	8	80
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	sudhar	17	76
Family Support Team	Distributed ration to unemployed and poor families during lockdown	Sudhar	5	5
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	2	2
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	whatsapp	3	3

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

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**Report of 20 days-June 5-24, 2021**

Day 2

Date: 6 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Gurusar sadhar	10	70

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

Team				
	Awareness about precautions against Covid-19 and motivating people for vaccination.	sudhar	15	50
	To provide sanitizer/mask/face shield	sudhar	3	40
	Distribution of food packets to health workers and needy person.		5	10
	Taught children of poor families whose parents had lost jobs during the lockdown	lohgarh	3	3
	Distributed rashan to unemployed and poor families during lockdown	raikot	6	7
Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	7	1
	Inform about Remesdevier Injection and other medicines availability	On call	1	1
Psychosocial Support Team	Counselling of Covid-19 afflicted families	Sudhar	1	2

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**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 3

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
7 <sup>th</sup> June 2021				
Hospital Management Team	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Gurusar sadhar	8	80
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	mullanpur	17	165
Family Support Team	Distributed ration to unemployed and poor families during lockdown	mullanpur	5	10
Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	1	2
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	whatsapp	5	2

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**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 4

Date: 8 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Gurusar sadhar	9	60
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Lohgarh	15	75
	Treatment of Pet dogs of Covid-19 afflicted families by supporting health workers in GADVASU-1 volunteer.		2	1
Family Support Team	Distributed ration to unemployed and poor families during lockdown	Lohgarh	6	5
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	2
	Inform about Remesdevier Injection and other medicines availability	On call	6	4
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	Whatsapp	3	4

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**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 5

Date: 9 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Gurusar sadhar	14	100
Non Hospital	Awareness about precautions against Covid-19	Sidhwan	17	34

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Management Team	and motivating people for vaccination.	Khurd		
Family Support Team	Distributed ration to unemployed and poor families during lockdown	Sidhwan Khurd	15	45
	Wifi facilities to poor students for online learning	Lohgarh	4	5
Medical Essentials Team	Information about vacant beds in nearby hospitals	On call	3	3
	Inform about Remesdevier Injection and other medicines availability	On call	4	1
	Distribution of masks/ preparation/distribution of sanitiser	Sudhar and surrounding villages	10	30
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	whatsapp	3	5

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

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**Report of 20 days-June 5-24, 2021**

Day 6

Date: 10 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Gurusar sadhar	15	90
Non Hospital Management Team	Door to Door campaigning to spread awareness about Covid-19 and vaccination benefits	Lohgarh	10	144
Family Support Team	Wifi facilities to poor students for online learning	Bhaini Baringan	5	7
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	5	3
	Distribution of masks/ preparation/distribution of sanitiser	Raikot and surrounding villages	10	160
	Inform about covid testing and other	On call	1	2

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	medicines availability			
Psychosocial Support Team	Counselling of Covid-19 afflicted families	Mullanpur	12	15

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**Report of 20 days-June 5-24, 2021**

Day 7

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
11 <sup>th</sup> June 2021				
Hospital Management Team	Volunteers rendered help during Covid-19 Vaccination Camp at centres in their vicinities	Sudhar, Raikot, Mullanpur	15	90
Non Hospital Management Team	Door to Door campaigning to spread awareness about Covid-19 and vaccination benefits	Jagraon	17	156
Family Support Team	Distributed ration to unemployed and poor families during lockdown.	Jagraon	5	32
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	8	3
	Arranged Remediesvir Injection for other states	On Call	6	16
Psychosocial Support Team	Counselling of Covid-19 afflicted families	Mullanpur	12	15

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**Report of 20 days-June 5-24, 2021**

Day 8

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
12 <sup>th</sup> June 2021				
Hospital	Volunteers rendered help during Covid-19	Sudhar,	15	189

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Management Team	Vaccination Camp at centres in their vicinities	Raikot, Mullanpur		
Non Hospital Management Team	Door to Door campaigning to spread awareness about Covid-19 and vaccination benefits	Raikot	18	147
Family Support Team	Distributed ration to unemployed and poor families during lockdown.	Raikot	5	5
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	2
	Arranged Remediesvir Injection for other states	-----	6	9
	Preparation/Distribution of sanitisers, distribution of masks	Dolon kalan, mullanpur, mohie	8	30
Psychosocial Support Team	Counselling of Covid-19 afflicted families	On call	1	2

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**Report of 20 days-June 5-24, 2021**

Day 9

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
13 <sup>th</sup> June 2021				
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Jagraon, raikot, sudhar	8	160
	Donated cash for oxygen cylinders to Hemkunt Foundation		1	-----
Non Hospital Management Team	NSS volunteers registered for the UNICEF-Mo YAS- YuWaah Young warrior Programme.	Whatsapp	17	.....
Family Support Team	Distributed ration to unemployed and poor families during lockdown Wifi Facility to rural area	Sidhwan Khurd	5	5
		Mohie	1	1

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Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	8	3
	Inform about Remesdevier Injection and other medicines availability	On Call	6	3
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	Whatsapp	2	5

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**Report of 20 days-June 5-24, 2021**

**Day 10**

Date: 14 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar. mullanpur	8	199
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Gurusar Sadhar. mullanpur	17	165
Family Support Team	Distributed ration to unemployed and poor families during lockdown	raikot	5	5
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	1	1
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	whatsapp	2	2

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**Report of 20 days-June 5-24, 2021**

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

Day 11

Date: 15 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, Jagraon, Raikot	8	199
Non Hospital Management Team	Completed five tasks each as assigned by ministry of youth affairs and support and received their completion certificates under the young warrior programme of UNICEF	Whatsapp	2	..
Family Support Team	Treatment of Pet dogs of Covid-19 afflicted families by supporting health workers in GADVASU	Ludhiana	3	7
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	6	3
	Preparation/ distribution of sanitiser and masks	Akalgarh, halwara, boparai	5	40
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	Whatsapp	2	5

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**Report of 20 days-June 5-24, 2021**

Day 12

Date: 16 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, Raikot, Mullanpur	8	199
Non Hospital Management	Completed five tasks each as assigned by ministry of youth affairs and support and	Whatsapp	2	.....



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Team	received their completion certificates under the young warrior programme of UNICEF			
Family Support Team	Treatment of Pet dogs of Covid-19 afflicted families by supporting health workers in GADVASU	Ludhiana	3	4
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	6	2
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	Whatsapp	2	4

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**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 13

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
17 <sup>th</sup> June 2021				
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, jagraon, raikot	8	199
Non Hospital Management Team	Helped migrants to return to Orissa and Bihar by arranging transportation	-----	4	150
Family Support Team	Distributed ration to unemployed and poor families during lockdown	Raikot	5	32
Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	2	1
Psychosocial Support Team	Counselling of afflicted families and raising awareness about Covid-19 and its vaccination through activities of Eco Club through social media	Whatsapp	3	5

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**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

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**Report of 20 days-June 5-24, 2021**

Day 14

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
18 <sup>th</sup> June 2021				
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, jagraon, raikot	8	80
Non Hospital Management Team	Helped migrants to return to Orissa and Bihar by arranging transportation	.....	4	100
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Sudhar, raikot	5	.....
Medical Essentials Team	Informing about Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	1	1
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/ Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well	Whatsapp	30	.....

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**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 15

Date:	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
19 <sup>th</sup> June 2021				
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, jagraon, raikot,	8	154

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

		mullanpur		
Non Hospital Management Team	Helped migrants to return to Orissa and Bihar by arranging transportation	.....	17	45
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Jagraon	5	.....
Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	8	3
	Inform about Remesdevier Injection and other medicines availability	On call	6	7
	Preparation/Distribution of sanitisers, distribution of masks	Bhaini baringa, chooharc hak	4	50
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/ Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well	Facebook	12	.....

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

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**Report of 20 days-June 5-24, 2021**

Day 16

Date: 20 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, jagraon, raikot	8	199
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Sidhwan Khurd, Boparai, Aitiaana	17	165
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Sidhwan Khurd, Boparai, Aitiaana	5	.....
Medical	Informing about Beds in	On call	8	3

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

Essentials Team	hospital/vaccination centres to			
	Inform about testing centres and medicines availability	On call	6	7
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well	Whatsapp	12	.....

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**Report of 20 days-June 5-24, 2021**

Day 17

Date: 21 <sup>st</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, raikot	8	168
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Ghumaan, Mohie, Rakba	17	148
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Ghumaan, Mohie, Rakba	5	.....
Medical Essentials Team	Arranging Bed in hospital/Oxygen cylinders to Covid-19 patients	On Call	8	1
	Inform about Remesdevier Injection and other medicines availability		1	1
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well		12	.....

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 18

Date: 22 <sup>nd</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, Raikot, Jagraon	8	130
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Gurusar Sadhar, Raikot, Jagraon	17	150
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Halwara, Mullanpur, khadoor	5	.....
Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about testing centres medicines availability	On call	6	7
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/ Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well	whatsapp	12	.....

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

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**Report of 20 days-June 5-24, 2021**

Day 19

Date: 23 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, Raikot, Jagraon	8	199

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Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Gurusar Sadhar, Raikot, Jagraon	17	165
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Gurusar Sadhar, Raikot, Jagraon	5	....
Medical Essentials Team	Informing Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about testing centres and other medicines availability	On call	6	7
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/ Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well	whatsapp	12	....

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

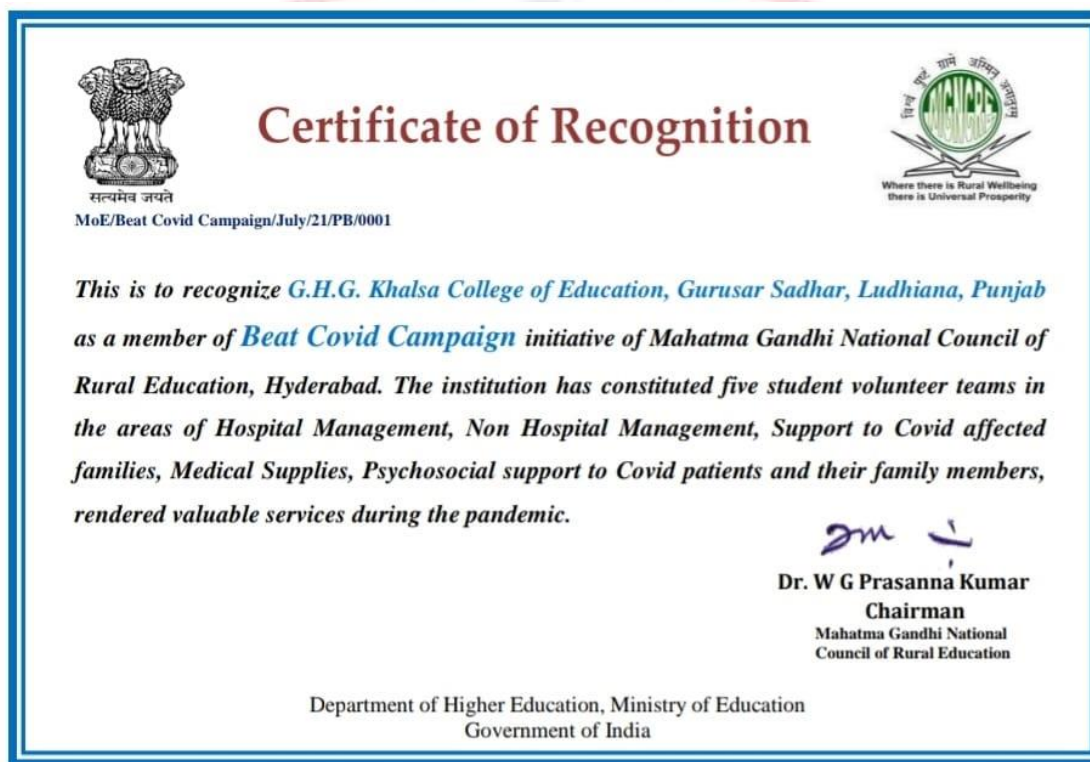
**Endeavours of G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana to combat Covid-19-19 pandemic challenges**

**Report of 20 days-June 5-24, 2021**

Day 20

Date: 24 <sup>th</sup> June 2021	Nature of Services rendered and other details	Location	No of students	No. of Beneficiaries
Hospital Management Team	Volunteers assisted during Covid-19 vaccination camps at their residential vicinities.	Gurusar Sadhar, Raikot, Jagraon	8	199
Non Hospital Management Team	Awareness about precautions against Covid-19 and motivating people for vaccination.	Gurusar Sadhar, Raikot, Jagraon	17	180
Family Support Team	Flexes of Size 5*4 feet were prepared and were installed	Raikot	5	.....
Medical Essentials Team	Arranging Bed in hospital/Oxygen cylinders to Covid-19 patients	On call	8	3
	Inform about vaccination and testing centres and other medicines	On call	6	7

	availability			
Psychosocial Support Team	The students also pledged to take action against COVID-19 by posting a phrase on their social media apps (Facebook/ Instagram) "I AM A YOUNG WARRIOR" and tagged their friends as well	Whatsapp	12	.....



<b>GHG KHALSA COLLEGE OF EDUCATION, GURUSAR SADHAR (LUDHIANA)</b>					
<b>LIST OF 20 DAYS VOLUNTEERS FOR NSS COMMITTEES</b>					
<b>S. No</b>	<b>Roll No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Mobile No</b>	<b>Email</b>
<b>Teachers</b>					
1	-	Mrs. Jasleen Kaur	S. Bajinder Singh	9780979079	jasleen79jas@yahoo.com
2	-	S. Rachhpal Singh	S. Shivdev Singh	9501024180	rachhgill@yahoo.co.in
3	-	Mrs Jasbir	S. Kulwant	9872100809	Jasbirindia74@gmail.com

		Kaur	Singh		
4	-	Dr.Jagjit Singh	S. Raghbir Singh	9988003532	drjagjitsingh@hotmail.com
5	-	Mrs. Rupinderjit Kaur	S. Bhajan Singh	9478436117	rupinderghuman01@gmail.com
<b><u>Students</u></b>					
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7	105	Richa bhatnagar	Bhupinder kumar bhatnagar	9855585344	mericha249@gmail.com
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9	107	Aasheema bansal	Tarsem bansal	9592320777	ashimab578@gmail.com
10	108	Gurpreet singh	Beant singh	9914810019	sunnykhera6@gmail.com
11	110	Jasleen kaur	Bachint singh	7528914548	bachint2211@gmail.com
12	115	Gourav kumar	Palak choudhary	9815061501	kumargourav0803@gmail.com
13	116	Manpreet kaur	Pritpal singh	9877156177	mkaur6492@gmail.com
14	117	Kamaljeet kaur	Late harnek singh	7717217120	kamalkaur77172@gmail.com
15	118	Kuldeep singh	Kirpal singh	8968608073	kkcayali111@gmail.com
16	120	Neha	Inderjit singh	9478257077	Nehamanhas74@gmail.com
17	124	Inderpal kaur	Tehal singh	9592087397	inderpalheran44@gmail.com
18	126	Sukhpreet kaur	Jagtar singh	9876314209	sukhi2596@gmail.com
19	128	Karmjit kaur	Sakinder singh	9855591440	heharkarmjit91@gmail.com
20	132	Parminder kaur	Ram singh	9877646628	kaurpinky931@gmail.com
21	135	Jaskiran kaur	Major singh	7888408703	jaskiran811@gmail.com
22	142	Jaswinder kaur	Sukhdev singh	9781861409	jassumalh83@gmail.com
23	147	Nagma	Sawood alam	9877221599	nagmasweet93@gmail.com



**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

		roohe			
24	148	Varinder jeet kaur	Gurnam singh	9855919532	ruby3051995@gmail.com
25	150	Bindia jhanji	Rakesh kumar	8437293127	bindia.jhanji@gmail.com
26	151	Sukhdeep kaur	Jagrup singh	7710511923	sukh098kaur@gmail.com
27	159	Kulvir singh	Gurcharan singh	9878341232	kulvirsingh0087@gmail.com
28	160	Rupinder kaur	Ranjit singh	7973504868	rup15inder@gmail.com
29	161	Supinder singh	Kuldip singh	7986799153	supindercheema5388@gmail.com
30	163	Harmanpreet singh	Harbant singh	9592833905	singharmanpreet44@gmail.com
31	173	Harsimranpreet singh	Tejinderpal singh	7589406699	harsimrannumberdar@yahoo.com
32	174	Hamjeet kaur	Tarlochan singh	9815269597	jeetu_sudhar@yahoo.com
33	175	Bhupinder kaur	Harjinder singh	9501439772	buhpinder.ldh@gmail.com
34	180	Ramandeep kaur	Charanjeet singh	7973702746	ramsana333@gmail.com
35	401	Rupinder kaur	Darshan singh	9915438220	rk773828@gmail.com
36	403	Sukhman sidhu	Mukhwinder singh	8288900544	sukhmansidhu0047@gmail.com
37	407	Priyanka	Raj kumar	9855472550	priyankasharma3004@gmail.com
38	501	Reeta rani	Bharat bhushan	8728038296	reeta8011@gmail.com
39	502	Gurpreet kaur	Ekonkar singh	9465651196	gurpreetkaur2496@gmail.com
40	503	Parmjit kaur	Rajinder singh	8437052181	Simmak4@yahoo.com
41	511	Harleen kaur	Gurvinder singh	8284844841	kaur.harleen_17@yahoo.in
42	202	Arashpreet kaur saran	Manmohan singh saran	9814061773	arashpreetkaursaran@gmail.com
43	203	Jaspreet kaur	Swaran singh	8195047595	jaslakha25@gmail.com
44	204	Kanwardeep singh	Amarjit singh	6280917099	kanwarsroay96@gmail.com
45	214	Simranjot kaur	Tarsem singh	9876434327	simranjot1299@yahoo.com

**GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana**

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47	223	Upasana	Surinder kumar	9876254820	upasanachandla20@gmail.com
48	229	Nisha rani	Jaipal	7710161052	gnisha738@gmail.com
49	236	Jagdeep singh	Kapoor singh	9877702869	jagdeepd30@gmail.com
50	240	Gurbinder kaur	Harbans singh	9809813913	gurbinder13913@gmail.com
51	242	Lovepreet kaur	Premjeet singh	7710788106	lovepreetkaur1292@gmail.com
52	243	Harkiran kaur	Bachint singh	9592641312	harkirankaurkiran1999@gmail.com
53	247	Simranpreet kaur	Gurdev singh	8264955756	0203simranchahal@gmail.com
54	251	Aarti	Bablu	7658089519	nehaarti5@gmail.com
55	261	Arshdeep singh	Kuldeep singh	9592577880	arshtakhar@gmail.com
56	266	Prerana shukla	Sanjay kumar shukla	7358230395	prernashukla77@gmail.com
57	273	Nancy jindal	Lalit jindal	7009443454	nancyjindal97@gmail.com
58	277	Charanpreet kaur	Rajwinder singh	9815362771	charanpreetbaring42@gmail.com
59	278	Niharika gupta	Kailash gupta	8284995232	nihug959@gmail.com
60	280	Harinder singh	Jaswinder singh	8360854736	hgrewal165@gmail.com
61	282	Shifali garg	Sunil garg	7986647200	gargshifali6@gmail.com
62	285	Amandeep kaur	Harjinder singh	9876077676	simranjeetsingh7781@gmail.com
63	291	Harpinder kaur	Kamaljeet singh	9914012052	harpinderk962@gmail.com
64	299	Happy sohal	Pawan kumar	9915642012	happysohal.mlk@gmail.com

**Celebration of Swachhta Pakhwara August 1- 15, 2021-** N.S.S. wing of the College organized various activities to celebrate Swachhta Pakhwara from August 1- 15, as per directions of NSS Directorate, Ministry of Youth Affairs and Sports, Govt. of India. Dr. Jasleen Kaur and Dr Rachhpal Singh, NSS Programme officers created an awareness among NSS volunteers about the programme and its usefulness through the zoom platform on August 5, 2021. They were also made aware about the various activities to be organized at individual and societal level to spread

## ***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

awareness on the health benefits of cleanliness. Dr. Pargat Singh Garcha, Principal of the college talked to the volunteers about hygiene and sanitation and motivated them to participate in the activities whole heartedly.

Students were given an outline of various activities which had to be conducted under the scheme. They were encouraged to take the Swachhta pledge through online link generated by the government. 51 NSS volunteers undertook the pledge.

Host of activities were organized in the prescribed period taking full precautions of Covid -19 which included, preparation of banners and awareness marches in the nearby villages and door to door campaigning to spread the awareness about cleanliness. Students stitches cloth bags and distributed it to the community to spread the message of banning plastic. They also demonstrated recycling of plastic by using empty plastic jars for plantation. Tree plantations were done for environmental up gradation. Students undertook cleanliness drives to clean their surroundings, government and public premises. Volunteers engaged themselves in Run for swachhta. Students used social media to spread the message of clean and green India and tagged their friends in these posts. An online poetry and declamation contest on the topic “Cleanliness is next to Godliness” was organized on the zoom platform on August 13, 2021. Poster making and slogan writing competitions were organized and best entries were awarded.



**75<sup>th</sup> Independence Day celebrated at G.H.G. Khalsa College of Education, Gurusar Sadhar on August 15, 2021-**

Students and faculty of G.H.G. Khalsa College of Education, Gurusar Sadhar celebrated 75<sup>th</sup> Independence Day with full fervour. A series of activities like Online Quiz, Essay Writing, Slogan Writing, and Poster Making competitions were organized by the Punjabi Sahitya Sabha, Blue Bells English Literary Society, Social Vision Club and Fine Arts Department of the college. In the category of Essay Writing (Punjabi) Khushboo of Govt. Sr. Sec. School, Basti Jodhewal Ludhiana secured the first position, while Komalpreet Kaur of Govt. Girls Sr. Sec. School, Hargobindpur, Ludhiana bagged second position. The third position was shared by Kanwardeep Singh of G.H.G. Khalsa College of Education, Gurusar Sadhar and Rajinder Kaur of Vidya Rattan College for Women, Khokhar Kalan, Sangrur. In the second Category of Essay Writing (English) Pawandeep Kaur of Punjab Agricultural University, Ludhiana secured the first position. Second position for this category was bagged by Inderpreet Kaur while the third position was secured by Himanshu Gharu of D.A.V. College of Education, Hoshiarpur and Anusua of D.A.V. College of Education, Abohar. In poster making competition Loveleen Pathak of G.C.G. College and Sonam of Public Collegiate Sr. Sec. School, Samana won the first position while Rishika Sharma of D.D. Jain College of Education, Ludhiana and Poonam Kumari of G.T.B Khalsa College of Education were adjudged second. Third position for the poster making competition was bagged jointly by Anita Kumari of Guru Nanak College of Education, Dhalewal and Shaini George of G.C.G. College. In Slogan writing competition Rajneet Kaur and Monika Kundal of B.C.M College of Education, Ludhiana secured the first position while Ruchika Singh of D.D. Jain College of Education, Ludhiana and Kanwalpreet Kaur of Rayat College of Education bagged the second position. Shemsher Singh of Layalpur Khalsa College, Jalandhar and Reena Rani bagged the third position in the poster making competition. In quiz competition a total of 693 students of various colleges and schools of Punjab took part. Dr. Pargat Singh Garcha while congratulating the students on the 75<sup>th</sup> Independence Day said that at G.H.G. Khalsa College of Education we are dedicated to a student-centred approach that promotes academic excellence through enriched and interdisciplinary curriculum. Dr. Garcha further added that college made use of various online platforms like Learning Management System, Zoom, Google Classroom and Whatsapp etc. for providing academic instructions and evaluating students due to the Covid-19 situation. Dr. S.S Thind, Secretary College Governing Council congratulated the winners as well as the

## GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana

participants of the competitions. He also lauded the efforts of faculty for successfully organizing the competitions.



To  
Sweep Nodal Officer-069  
Raikot-cum-Bal Vikas Project,  
Block Sudhar  
Ludhiana

Subject: Regarding Punjab Vidhan Sabha Elections-2022 Come let's celebrate Democracy  
Respected Sir/ Madam

With reference to your letter no. 10790-803 dated 29/09/2021, G.H.G. Khalsa College of Education, Gurusar Sadhar (B.Ed College, Sudhar) a debate on the assigned topic-Democracy and right to vote was organized in the college campus on October 6, 2021. Nearly 50, B.Ed and M.Ed students participated in this event. The students were briefed about the topic a day before the event and they were divided into two groups 'for' and 'against'. Dr. Jasleen Kaur, incharge of literary activities in the college orchestrated the event which was judged by Dr. Jasleen Kaur, Dr. Mini Sharma and Dr. Jagjit Singh. The students discussed the topic in their groups and then presented their views on this burning issue.

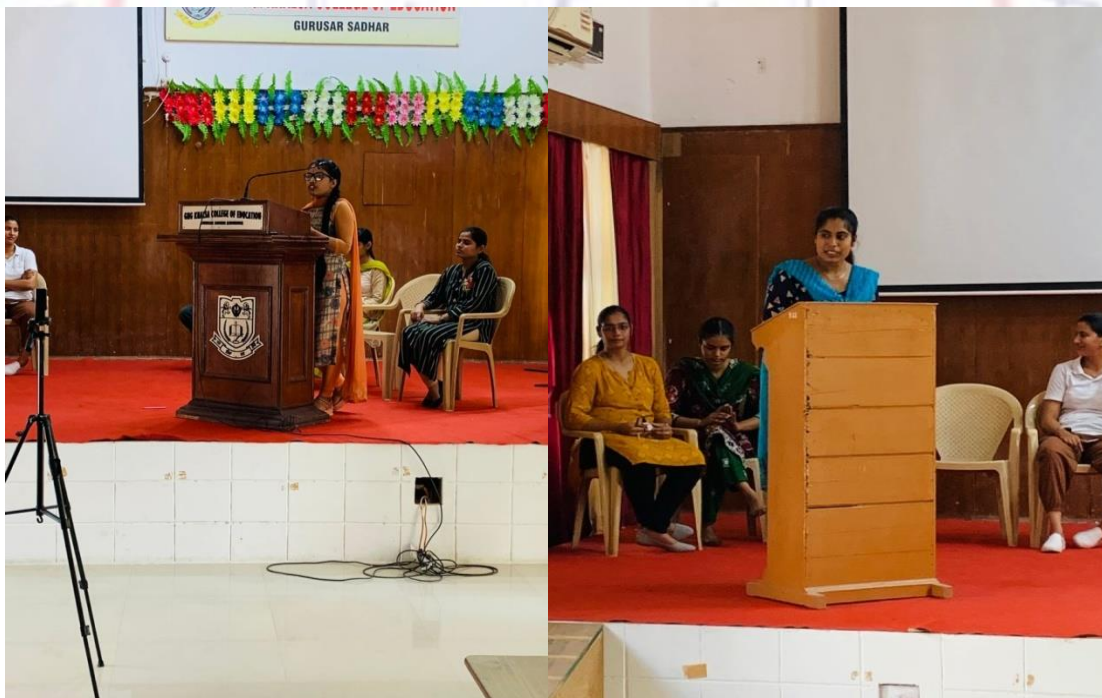
The 'for' group advocated the usefulness of right to vote in a democracy and its benefits in selecting a representative government and emphasized on Abraham Lincoln's definition of

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democracy as a Government by the people, of the people and for the people. The 'against' group talked about the misuse of right to vote by the political leaders in form of buying votes and they stressed upon the new version of definition of democracy as a government buy the people, off the people and far the people. The debate was an eye opener as the brainstorming session which accompanied along opened up new avenues of thought and made the youth aware of the value of this fundamental right of right to vote. The student pledged at the end of the event that they would cast their precious votes with wisdom and rational thinking and not on the basis of any prejudice.

The debate was concluded by Prerna Shukla who was also adjudged the best speaker followed by Sarvjeet Saurav and Harkiran Kaur. Dr. Pargat Singh Garcha, Principal of the college, congratulated all the speakers and the winners and encouraged the pupil teachers to be role models for the society and for the students they teach by using their right to vote judiciously and safeguarding the future of the nation.

Principal



**JOINT CELEBRATIONS OF NATIONAL UNITY DAY AND AZADI KA AMRIT MAHOTSAV-** The N.S.S. Unit of GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana celebrated The Rashtriya Ekta Diwas/National Unity Day on November 2, 2021 to

commemorate the Birth anniversary of Sardar Vallabhbhai Patel, the great freedom fighter and former Deputy Prime Minister of India( in lieu of his birthday on October 31, 2021). These celebrations were organised as per the orders of Home Secretary, Government of India and were executed online through the Zoom platform. The M.Ed class under the supervision of NSS Program Officers Dr. Jasleen Kaur and Dr. Rachhpal Singh Gill and stewardship of Dr. Pargat Singh Garcha(Principal) orchestrated the programme. All the faculty and students participated in the celebrations.

As this year the Rashtriya Ekta Diwas coincided with the celebrations of 75 years of Indian Independence, therefore **the programme was a joint celebration of the National Unity Day and Azadi Ka Amrit Mahotsav**. Students presented items related to life and contributions of Sardar Vallabhai Patel and the glorious history of people of India, the culture and achievements of progressive India. M.Ed student Kiranpreet Kaur, Shweta Gupta and Juhi hosted the event. Shweta Gupta shared the life sketch of Sardar Vallabhbhai Patel through a power point presentation while Aarti and Juhi recited poems about the great freedom fighter. Jaspal Singh presented his views on National Unity and Neha spoke about the importance of Independence. Kiranpreet summarized India's achievements during these 75 years in various fields in the form of a well crafted speech. Rashtriya Ekta Diwas pledge was also taken on this occasion.

A new dimension to the celebration was added by Dr. Guneet Toor as she spoke **about Green Diwali celebrations** which would be a true contribution of every student towards safeguarding the health and resources of Indians, thus displaying true patriotism in every aspect of life. Students pledged to celebrate Diwali in a clean and green manner and also planting one sapling each on the day of Diwali. Dr. Pargat Singh Garcha, congratulated the NSS unit and M.Ed students for the well organized show and appreciated their views on Nationalism. Dr. Rachhpal Singh Gill extended the vote of thanks and the celebrations ended with the recitation of National Anthem.



**One Day NSS Camp on October 13, 2021-** The NSS Unit of the College organized one day N.S.S camp on October 13, 2021 in the college campus. All the students of the college participated in the camp under the able guidance of Programme Officers Dr. Jasleen Kaur and Dr. Rachhpal Singh. The camp was organized with the objectives to develop personality of students through participation in community work as well as competence required for group living and sharing responsibilities. A Cleanliness drive was organized on the occasion in which the volunteers cleaned the college campus including classrooms, staff room, College Hall,



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Parking area and various labs of the college. All the students participated in the camp with full enthusiasm.



**Efforts to promote Unity of the Nation (National Unity Day celebrations) and Sustainability of Environment (Green Diwali celebrations)-** B.Ed interns (semester-III, session 2020-21) of GHG Khalsa College of Education promoted Green Diwali celebrations in practicing schools and also celebrated the National Unity Day to commemorate the Birth anniversary of S. Vallabhbhai Patel the great freedom fighter and former Deputy Prime Minister of India (in lieu of his birthday on October 31, 2021).

The increasing pollution and declining quality of air is posing real health challenges and raising concerns on sustenance of life on earth. The situation turns all the more grave during the month of November when stubble burning followed by burning of crackers during Diwali leads to thick layers of smog especially in rural parts of Punjab. Therefore to create awareness among the rural folk especially the student population, B.Ed interns were encouraged to organize celebrations to promote Green Diwali and also to advise rural people to discourage stubble burning. Along with Green Diwali celebrations, the B.Ed pupil teachers also shared the message of National Unity by paying tribute to Sardar Vallabhai Patel.

#### **School wise report of celebrations**

**Camp Khalsa Senior Secondary School, Ajitsar Mohie-**B.Ed Interns Simranjot Kaur (214) and Harpinder Kaur (291) under the guidance of school teachers organized celebrations on Diwali and promotion of Green Diwali in the school on November 3, 2021 a day before the Diwali festival. They also organized the morning assembly of the school as a part of their internship programme which was followed by a group discussion by class IX on Diwali, its importance and the different ways of celebrations. A student of class X, Armandeep recited an applaudable poem on the harmful effects of cracker burning during the festival. The B.Ed interns also prepared posters on how to celebrate green diwali, which were exhibited during these celebrations. A tribute in the form of speeches and poems was paid to the great freedom fighter and leader Sardar Vallabhbhai Patel. An interclass competition was held in which Class IX students bagged the title of -best decorated class. Mrs Chandan, Principal of the school addressed the students at the end and congratulated all the participants especially the B.Ed trainees for the successful organization of the celebrations.

**Government Senior Secondary School, Boparai Kalan-**B.Ed interns Pooja Verma (201), Arashpreet Kaur (202) and Lovepreet Kaur (242) also organized Green Diwali celebrations in GSSS, Boparai Kala on November 2, 2021. A greeting card making competition on the theme

of Green Diwali was held for the students of class VI to VIII. The students enthusiastically participated in the event. Prizes were awarded to the best entries. The interns also spoke about the real purpose of celebrating Diwali and ways and means to make it green. The national unity day was also celebrated by paying homage to Sardar Vallabhbhai Patel. The students were motivated to plant atleast one sapling each on the day of Diwali thus making it green in the true sense.

**Sant Sunder Singh Senior Secondary School, Boparai Kalan**-The teacher trainees namely, Balpreet Kaur (256), Amandeep Kaur (255) and Parneet Kaur (224) took the initiative of organising Green Diwali and National Unity day celebrations in their practicing school on November 3, 2021. In addition to sharing speeches and poems paying tribute to the great leader Sardar Vallabhbhai Patel, various competitions were organised for the massive participation of all the students of the school. Diya making competition was held for classes I to V, classroom decoration competition for Classes VI to VIII and rangoli making competition for classes IX and X were organized in which school students participated with enthusiasm. The winners were awarded prizes Mrs.Gurjeet Kaur, Principal of the school addressed the students at the end and congratulated all the participants especially the B.Ed trainees for the successful organization of the celebrations.



**Constitution Day Celebrated at G.H.G Khalsa College of Education, Gurusar Sadhar-**

Social Vision Club of G.H.G Khalsa College of Education, Gurusar Sadhar celebrated Constitution Day on November 26<sup>th</sup>, 2021 in the college campus. A cultural programme was organized on the occasion. Students of B.Ed and M.Ed Sem I& III participated in the programme with full enthusiasm. The programme started with the reading of preamble by all the students and the faculty members. Simranjot Kaur, B.Ed student of the college gave a speech on the topic “Importance of Celebrating National Constitution Day.” Happy Sohal of B.Ed recited a motivational poem dedicated to the constitution day. Dr. Jasvir Kaur, incharge Social Vision Club apprised the students about the Indian Constitution and highlighted its main features. She urged the students to abide by the Constitution and feel proud to be a citizen of a great country.

B.Ed Semester III students of the college who are on their internship practice also celebrated Constitution Day in their respective schools under the guidance of their incharges. College B.Ed student Kamaljit Kaur (Roll No. 259) who is practicing internship at Sri Dasmesh Khalsa High School, Tahliana Sahib, Raikot, delivered a speech on "Importance of Celebrating National Constitution Day".

Another college student Charanpreet Kaur (Roll No. 277), who is practicing at Government Senior Smart Secondary School, Bhaini Baringan, gave a lecture on the topic India - a secular State. College student Babli Bansal (Roll No. 231), who is practicing internship at Government Senior Secondary School, Kalal Majra, Barnala, gave a lecture on the “Need of Unity and Integrity for Community of a Nation”.

Dr. Pargat Singh Garcha, Principal of the college also interacted with the students and advised them to be aware of the values of the constitution for the betterment of the society. He further stressed on the need of being aware of rights as well as duties prescribed in the Indian Constitution.

**Constitution Day celebration at Practicing Schools by B.Ed Sem III Students**



**Constitution Day celebration in the college campus:**

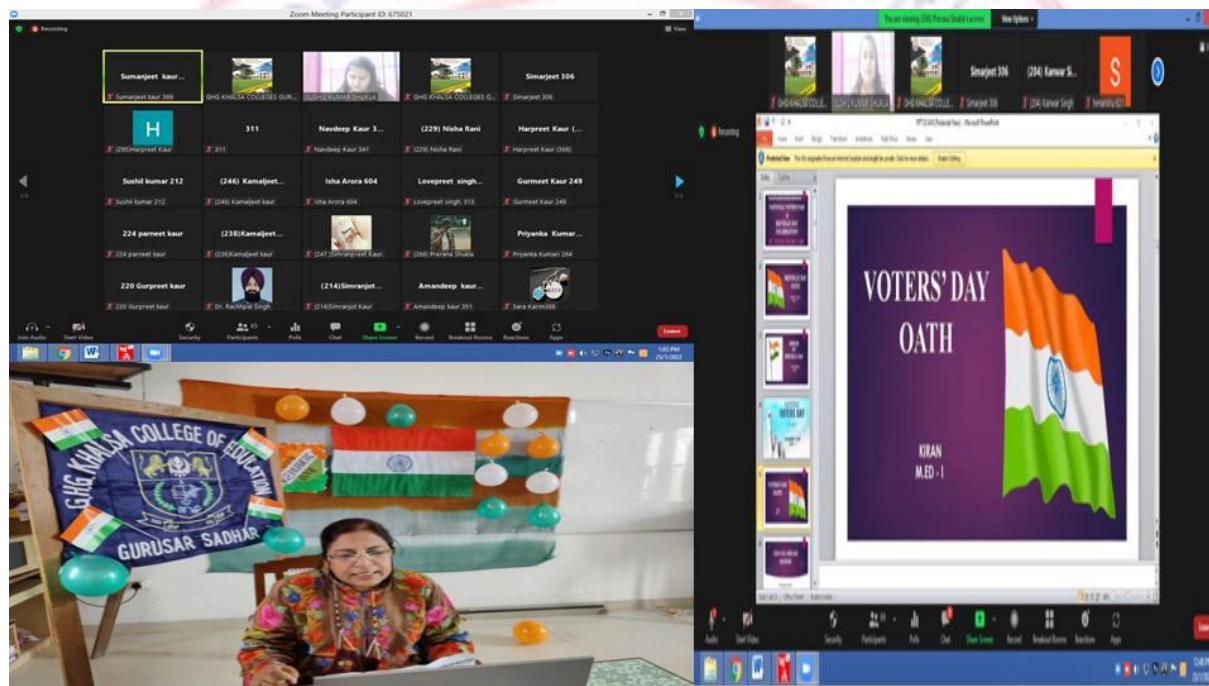


**G.H.G Khalsa College of Education, Gurusar Sadhar Celebrated National Voters' Day and Republic Day with Full Fervor-** Social Vision Club of G.H.G Khalsa College of Education, Gurusar Sadhar celebrated National Voters' Day and 73<sup>rd</sup> Republic Day on 25th, January 2022 with gaiety and patriotic fervor. An online celebration was organized for the same due to Covid-19 restrictions. At the outset, Dr. Jasleen Kaur, Incharge NSS wing and Social Vision Club presented welcome speech to all the faculty members and the students. A cultural programme was organized by the students of B.Ed and M.Ed on this occasion which commenced with the recitation of College Shabad followed by virtual flag hoisting ceremony. Rajandeep Kaur of M.Ed Semester I delivered a speech on the topic "Significance of Celebrating Voters' day" while Prerna Shukla, Tanvi and Himansh recited beautiful poems on the theme "Patriotism". Sumandeep Kaur and Jaspal Singh shared their views on the theme "Fundamental Rights" and "Republic Day" respectively. Simranjot Kaur of B.Ed Semester III sang a beautiful song "Aye Vatan" and filled the atmosphere with the feeling of patriotism. Palak of B.Ed Semester I delivered a speech on the topic "Democracy – Boon or Bane" and Gurpreet Kaur of B.Ed Semester I presented her views on "Constitution of India". Happy Sohal of B.Ed Semester III also enthralled the audience with his melodious song dedicated to Republic Day. Juhi of M.Ed

## ***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

Semester I highlighted the fact as to why we celebrate 26<sup>th</sup> January as the Republic day. Dr. Manu Chadha, Associate Prof. in the college told the students about the Hand Written Constitution written by Sh. Prem Bihari Narayan Rayzada.

Dr. Pargat Singh Garcha, Principal of the college inspired the students with his motivational words at the end of the event and encouraged them to abide by the constitution and fulfill all their duties as responsible citizens. He also congratulated incharges of the NSS and Social Vision Club along with the students for organizing such a wonderful event. An oath taking ceremony was also held on the occasion. The event concluded with the rendition of the National Anthem.



**Women's Day Celebration at G.H.G. Khalsa Colleges, Gurusar Sadhar-** GHG Khalsa Colleges organized a seminar on Women Empowerment on March 08, 2022 at GHG Khalsa College GurusarSadhar (Ludhiana). The event was organized jointly by G.H.G. Khalsa Colleges, GurusarSadhar. Mrs.HarjotKaurGambhir, Managing Director of 'Delicious Bites' Pvt. Ltd was Guest Speaker on the occasion. At the beginning Mrs.HarjotKaurGambhir, was welcomed with bouquet by Principal of GHG Khalsa College, Dr.Harpreet Singh, Principal of GHG Khalsa College of Pharmacy, Dr.SatwinderKaur and Principal of GHG Khalsa College of Education, Dr.Pargat Singh Garcha. In his address, Dr.Harpreet Singh highlighted the pivotal role of women in the society. Mrs.HarjotKaur shared her life experience of being an entrepreneur in her lecture.

## ***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

She threw light on the woman's sense of self - worth and ability to determine her own choices. Dr.PargatsinghGarcha, in his speech, encouraged the students to come forward and pursue their desired goals and support the other girls to achieve theirs as well. Dr.SatvinderKaur presented a vote of thanks and marked the contribution of women in every phase of life. The convener of event was Ms.Shikha Jain. The stage was conducted by Ms.VishavpreetKaur. The entire organizing team - Ms.AnjanaKumari, Ms.Aarti Sharma, Dr. Sonia Ahuja, Ms. Shubra Gupta, Ms.ManmeetKaur and Ms.Anchal was also present at the occasion. A Poster Making Competition was also organized on the theme of 'Women Empowerment'. The winners of the competition were AkdeepKaur (First), GagandeepKaur (Second), KaramjitKaur (Third) and SimranjitKaur (Fourth). A refreshment of juices was organized by SEWA Trust UK (NGO) for the students.



**Bakhtawar Singh Gill Memorial Day: March 17, 2022-** As a mark of tribute in the memory of Former President of College Governing Council, Late. Mr. Bakhtawar Singh Gill, a commemoration day was celebrated with great devotion and enthusiasm by Guru Hargobind Khalsa Colleges, Gurusar Sadhar on March 17, 2022. An inter-college Gurbani Gayan competitions, free medical checkup and blood donation camp were also organized. In the free medical checkup camp, the teams of Dr. Harpreet Singh (M.S. Surgery), Dr. Avinash Jindal

(M.D. Medicine) and Davinder Singh (M.D. Orthopedic) examined 253 patients and provided free medicines to those in need. The Blood Donation Camp was set up under the leadership of Dr. Sahil Basal in which 64 students contributed by donating the blood.



**Students and Faculty of G.H.G. Khalsa College of Education, Gurusar Sadhar Paid Tribute to Shaheed Bhagat Singh March 23, 2022-** G.H.G. Khalsa College of Education, GurusarSadhar organized a special morning assembly, poster making competition and blood donation camp to commemorate the martyrdom of freedom fighters Bhagat Singh, Sukhdev Thapar and Shivaram Rajguru. The assembly was organized by the mentor group “I” under the mentorship of Dr. Mini Sharma, Asst. Prof. in the college. All the students of B.Ed and M.Ed took part in the morning assembly which witnessed the presentations of inspirational speeches and poem recitations dedicated to the life of great martyr Bhagat Singh. Abinash Kaur of B.Ed<sup>2nd</sup> year gave a motivational speech on Sarvodaya Day where she provided a glimpse of the life of Shaheed Bhagat Singh and his great contribution in the India’s struggle for freedom. Varun of B.Ed<sup>1st</sup> year recited a beautiful poem dedicated to the martyrdom of Shaheed Bhagat Singh. On this occasion all the students and faculty memberstook pledgedto work to promote harmony, goodwill and peace in the world. The pledge was orated by PernaShukla of B.Ed 2<sup>nd</sup> year. A poster making competition on the theme Shaheed-e-Azam Bhagat Singh was organized by the N.S.S. wing of the college under the able guidance of Programme Officers Dr. JasleenKaur, Dr.



## *GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana*

Rachhpal Singh and Dr. Davinder Kaur Dhatt, Art instructor in the college. A blood donation camp was also organized on the occasion. Dr. Pargat Singh Garcha, Principal of the college in his address to the students highlighted that the sacrifices made by our great martyrs will always be remembered by the generations to come. He further added that we need to remember the teachings of our great freedom fighters and should apply the same in our life.



## **Ek Bharat Shreshtha Bharat**

**Introduction-** 'Ek Bharat Shreshtha Bharat' is an initiative of the Government of India. The ideology of it was proposed by the honorable Prime Minister on 31st October 2015, the birth anniversary of Sardar Vallabhbhai Patel, who is known for uniting the country as one nation.

## **Objectives**

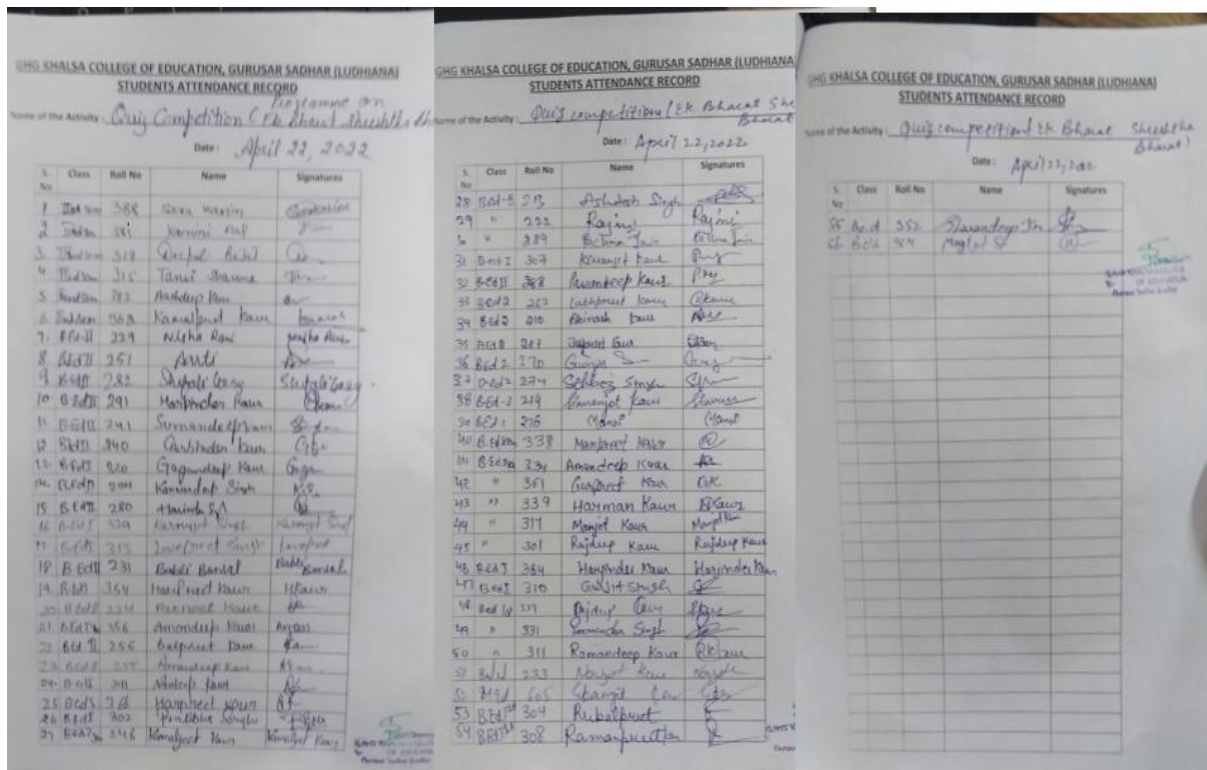
'Ek Bharat Shreshtha Bharat' Programme provides a platform for people to share, discuss, interact, learn and propagate the diversity of our country with zeal and enthusiasm. This gives the opportunity to appreciate the diversity and promote the national integrity at the same time.

### **'Ek Bharat Shreshtha Bharat' Activity in the college (For the month of April)**

'Ek Bharat Shreshtha Bharat' club of G.H.G. Khalsa College of Education, Guruser Sadhar has been created. The Club members under the able leadership of Principal Dr. Pargat Singh Garcha and Nodal Officer Dr. Mini Sharma organized a Quiz Competition to celebrate the cultural diversity of India on April 22, 2022. Questions relating to the cultural diversity of India including various dance forms, food, festivals etc. were asked in this quiz competition. At the outset of the programme Dr. Mini Sharma shared a brief introduction of the programme 'Ek Bharat Shreshtha Bharat' alongwith its objectives.

Five teams involving B.Ed 1<sup>st</sup> and 2<sup>nd</sup> year students took part in the competition. Team 4 comprising of Simranjot Kaur, Arti and Gurwinder Kaur secured the first position while team 5 comprising of Nisha, Rajni and Rachna were placed at the second position. Third place in the competition was secured by team 3 comprising of Lovepreet Singh, Parminder Singh and Lovepreet Singh. Role of Quiz Master was played by Tanvi Sharma of B.Ed. 1<sup>st</sup> year. Time-keeping was done by Rajdeep Kaur. The scoreboard was handled by Manjot Kaur and Deepali Bajaj. While addressing the students, Dr. Pargat Singh Garcha, Principal of the College congratulated the winning teams and the club members for successfully organizing the event.





**Anti- Terrorism day (May 21, 2022)-** Red Ribbon Club and NSS Wing of G.H.G. Khalsa College of Education, Gurusar Sadhar organized an extension lecture to mark the Anti-terrorism Day which is observed on May 21 every year. Mr. Rohit Sharma, Asst. Prof., Dept. of Political Science, Arya College, Ludhiana was resource person on the occasion. At the outset Dr. Pargat Singh Garcha, Principal of the college, Dr. Manu Chadha, Incharge Red Ribbon Club of the college, Dr. Rachhpal Singh and Dr. Jasleen Kaur, NSS Programme Officers presented a bouquet of flowers to the resource person of the day. Dr. Manu Chadha also shared a brief resume of Mr. Rohit Sharma with the students. Later on Harkiran Kaur of B.Ed 2nd year led the students and faculty for taking the pledge for promotion of peace and harmony in the society and condemnation of all forms of violence and terrorism.

Mr. Rohit Sharma commenced his lecture by showing a video on the theme of the lecture. Mr. Rohit further through his presentation elaborated on the origin of terrorism, the motives and consequences of terrorism including drug terrorism. He encouraged the students to fight against anti-social activities and terrorism. He also emphasized the role played by youth to make the society free from violence and thereby safeguard the interest of common people. Vote of thanks

was presented by Dr. Rachhpal Singh at the end of the lecture. Students of M.ED and B.Ed 1st and 2nd year along with faculty members were present on the occasion.



**Anti- Terrorism day (May 21,2022)**

ਸੰਗਮ ਪਾਠ ਕਰਨ ਵਾਸਤੇ ਪ੍ਰਸ਼ਿਚਾਰਾ, ਸਿੱਖ ਤ ਮੁਕੱਦਮਾ ਨੰਬਰ 55 ਚਿੱਠੀ

**ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਵਿਖੇ ਦਿਨ ਮਨਾਇਆ ਗਿਆ**



ਗੁਰੂਸਰ ਸੁਧਾਰ • ਲਾਭੀ ਸਿੰਘ  
ਜੀ. ਐੱਚ. ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਵਿਖੇ ਕਾਲਜ ਦੇ ਐੱਨ. ਐੱਸ. ਐੱਸ. ਵਿਭਾਗ ਅਤੇ ਰੈੱਡ ਗੋਬਨ ਕਲੱਬ ਵੱਲੋਂ ਆਤੰਕਵਾਦ ਵਿਰੁੱਧ ਦਿਨ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਵਿਸ਼ੇਸ਼ ਦਿਨ ਲਈ ਸਰੋਤ ਵਿਅਕਤੀ ਆਰੀਆ ਕਾਲਜ ਨੂਪਿਆਣਾ ਦੇ ਰਾਜਨੀਤੀ ਸਾਸਤਰ ਵਿਭਾਗ ਤੋਂ ਸ੍ਰੀ. ਰੋਹਿਤ ਸ਼ਰਮਾ ਜੀ ਸਨ। ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪਰਗਟ ਸਿੰਘ ਗਰਚਾ ਨੇ ਸ਼ੁੱਠ ਵਿਅਕਤੀ ਦਾ ਰਸਮੀ ਸਵਾਗਤ ਕੀਤਾ। ਕਾਲਜ ਦੇ ਐਸੋਸੀਏਟ ਪ੍ਰੋਫੈਸਰ ਅਤੇ ਰੈੱਡ ਗੋਬਨ ਕਲੱਬ ਵਿਦਿਆਰਥੀ ਸ਼੍ਰੀ ਮਨੋ ਮੰਚ ਸੰਚਾਲਨ ਕਰਦੇ ਹੋਏ ਸ਼ਕ ਤੋਂ ਮੰਚ ਮਹਿਮਾਨ ਦੀ ਸ਼ ਵਿਦਿਅਕ ਅਤੇ



**ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਵਿਖੇ ਆਤੰਕਵਾਦ ਵਿਰੁੱਧ ਦਿਨ ਮਨਾਇਆ ਗਿਆ**



ਗੁਰੂਸਰ ਸੁਧਾਰ, 23 ਮਈ ( ਲਾਭੀ ਸਿੰਘ ) ਜੀ. ਐੱਚ. ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਵਿਖੇ ਕਾਲਜ ਦੇ ਐੱਨ. ਐੱਸ. ਐੱਸ. ਵਿਭਾਗ ਅਤੇ ਰੈੱਡ ਗੋਬਨ ਕਲੱਬ ਵੱਲੋਂ ਆਤੰਕਵਾਦ ਵਿਰੁੱਧ ਦਿਨ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਵਿਸ਼ੇਸ਼ ਦਿਨ ਲਈ ਸਰੋਤ ਵਿਅਕਤੀ ਆਰੀਆ ਕਾਲਜ ਨੂਪਿਆਣਾ ਦੇ ਰਾਜਨੀਤੀ ਸਾਸਤਰ ਵਿਭਾਗ ਤੋਂ ਸ੍ਰੀ. ਰੋਹਿਤ ਸ਼ਰਮਾ ਜੀ ਸਨ। ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪਰਗਟ ਸਿੰਘ ਗਰਚਾ ਨੇ ਸ਼ੁੱਠ ਵਿਅਕਤੀ ਦਾ ਰਸਮੀ ਸਵਾਗਤ ਕੀਤਾ। ਕਾਲਜ ਦੇ ਐਸੋਸੀਏਟ ਪ੍ਰੋਫੈਸਰ ਅਤੇ ਰੈੱਡ ਗੋਬਨ ਕਲੱਬ ਵਿਦਿਆਰਥੀ ਸ਼੍ਰੀ ਮਨੋ ਮੰਚ ਸੰਚਾਲਨ ਕਰਦੇ ਹੋਏ ਸ਼ਕ ਤੋਂ ਮੰਚ ਮਹਿਮਾਨ ਦੀ ਸ਼ ਵਿਦਿਅਕ ਅਤੇ

**ਜੀ.ਐੱਚ.ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਗੁਰੂਸਰ ਸੁਧਾਰ ਵਿਖੇ 'ਅੱਤਵਾਦ' ਵਿਰੁੱਧ ਦਿਵਸ ਮਨਾਇਆ**

ਗੁਰੂਸਰ ਸੁਧਾਰ, 23 ਮਈ (ਲਾਭੀ ਸਿੰਘ) ਜੀ. ਐੱਚ. ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਵਿਖੇ ਕਾਲਜ ਦੇ ਐੱਨ. ਐੱਸ. ਐੱਸ. ਵਿਭਾਗ ਅਤੇ ਰੈੱਡ ਗੋਬਨ ਕਲੱਬ ਵੱਲੋਂ ਆਤੰਕਵਾਦ ਵਿਰੁੱਧ ਦਿਨ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਵਿਸ਼ੇਸ਼ ਦਿਨ ਲਈ ਸਰੋਤ ਵਿਅਕਤੀ ਆਰੀਆ ਕਾਲਜ ਨੂਪਿਆਣਾ ਦੇ ਰਾਜਨੀਤੀ ਸਾਸਤਰ ਵਿਭਾਗ ਤੋਂ ਸ੍ਰੀ. ਰੋਹਿਤ ਸ਼ਰਮਾ ਜੀ ਸਨ। ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪਰਗਟ ਸਿੰਘ ਗਰਚਾ ਨੇ ਸ਼ੁੱਠ ਵਿਅਕਤੀ ਦਾ ਰਸਮੀ ਸਵਾਗਤ ਕੀਤਾ। ਕਾਲਜ ਦੇ ਐਸੋਸੀਏਟ ਪ੍ਰੋਫੈਸਰ ਅਤੇ ਰੈੱਡ ਗੋਬਨ ਕਲੱਬ ਵਿਦਿਆਰਥੀ ਸ਼੍ਰੀ ਮਨੋ ਮੰਚ ਸੰਚਾਲਨ ਕਰਦੇ ਹੋਏ ਸ਼ਕ ਤੋਂ ਮੰਚ ਮਹਿਮਾਨ ਦੀ ਸ਼ ਵਿਦਿਅਕ ਅਤੇ



ਜੀ. ਐੱਚ. ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਗੁਰੂਸਰ ਸੁਧਾਰ ਵਿਖੇ ਮੁੱਖ ਮਹਿਮਾਨ ਰੋਹਿਤ ਸ਼ਰਮਾ ਦਾ ਸਨਮਾਨ ਕਰਦੇ ਹੋਏ ਸ਼ਕ ਤੋਂ ਮੰਚ ਸੰਚਾਲਨ ਕਰਦੇ ਹੋਏ ਸ਼ਕ ਤੋਂ ਮੰਚ ਮਹਿਮਾਨ ਦੀ ਸ਼ ਵਿਦਿਅਕ ਅਤੇ

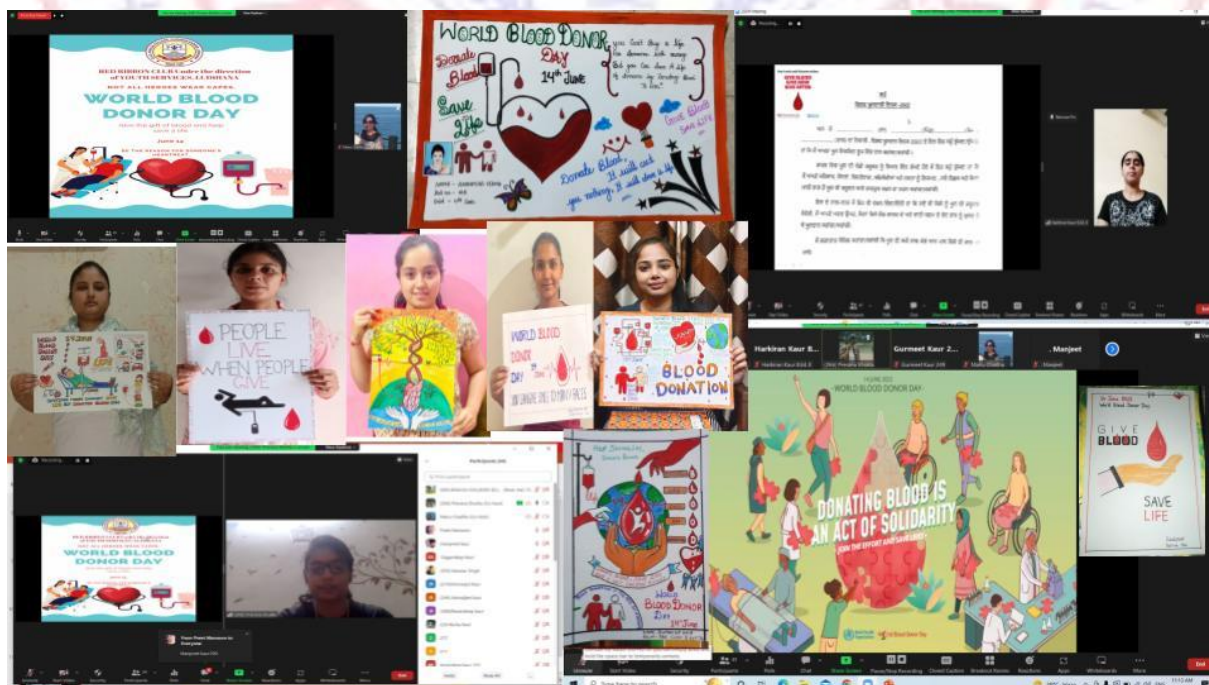
**News Coverage of Anti- Terrorism day (May 21,2022)**

ਪ੍ਰੋਫੈਸਰ ਡਾ. ਰਫ਼ਪਾਲ ਸਿੰਘ ਦੇ ਆਤੰਕਵਾਦੀ ਮਤ ਨਾਲ ਚਰਚਾ | ਡਾ. ਪਰਗਟ ਸਿੰਘ ਗਰਚਾ, ਡਾ. ਰਫ਼ਪਾਲ ਸਿੰਘ, ਡਾ. ਜਸਲੀਨ ਕੌਰ ਤੇ ਹੋਏ।

**World Environment Day - Intercollege PowerPoint Presentation and Poster Making Competition (05.06.2022)**- Red Ribbon Club and NSS wing of G.H.G. Khalsa College of Education, Gurusar Sadhar celebrated World Environment Day by organizing poster making, e-poster making and PowerPoint Presentation competition. The competition was organized as per the directions of Asst. Director, Youth Welfare Services, Ludhiana. Dr. Manu Chadha, Incharge Red Ribbon Club of the college said that 45 students from 30 different colleges across the nation participated in the competition. Yogita Singh from Pushpanjali College of Education, Vaisai won first place in Power Point Presentation Competition. Harkiran Kaur, of the Host College and Gautam Jain, of Sri Atam Vallabh Jain College, Ludhiana came second and Diksha Sharma from Khalsa College for Women, Civil Lines, Ludhiana and Baldeep Singh, a student of B.C.M. College of Education, Ludhiana secured third place. Varsha, a student of Government State College of Education, Patiala, was given the appreciation Award. In the poster competition, Harmanjot Kaur from Paradise College of Education, Jalandhar bagged the first prize, Komal Mittal from Khalsa College for Women, Civil Lines, Ludhiana and Bawanpreet Kaur from Khalsa College of Education, Amritsar bagged the second and third prize respectively. In the e-poster making category Prerna Shukla from the Host College won the first prize while Anita from G.T.B. Khalsa College of Education, Dasuya won second prize. Asheeta and Himanshu from Paradise College of Education, Jalandhar and the Host College respectively won the third prize. Apart from this, Sakshi Sharma from Shivalik Hills College of Education and Khushnaseeb Rahanu from D. A.V. College of Education Hoshiarpur were given appreciation prizes. Dr. Jasleen Kaur and Dr. Rachpal Singh, Programme Officer NSS wing of the College said that as a part of the environment day celebration more than 30 students of the college donated plants to the College. The students have taken an oath that they will take care of their own plant as long as their stay in the College and after the completion of the degree, the responsibility of that plant will be given to the gardener. Dr. Pargat Singh Garcha in his address congratulated the students and the faculty for organizing the event for the cause of environment. He also appreciated the efforts of Mr. Sukhchain Singh Gill, Physical Education instructor in the College for motivating the students for conducting tree plantation drive. He added that the main objective behind celebrating the event was to highlight the importance of the environment and remind the society that we should not take the nature for granted.



**World Blood Donors Day (May 14,2022) -Red Ribbon Club of G.H.G. Khalsa College of Education observed World Blood Donor day-** The RedRibbon Club of G.H.G. Khalsa College of Education, GurusarSadhar organized an Online Poster Making Competition to observe World Blood Donor Day on June 14, 2022 as per the directions of Youth Services, Ludhiana. The competition was organized under the supervision of Principal of the College, Dr. Pargat Singh Garchaand Red Ribbon Club Incharge Dr. Manu Chadha.The theme of the competition was “Donate Blood- Save Lives”. Dr. Manu Chadha while addressing the students through Zoommeeting highlighted the importance of celebrating World Blood Donor day and the importance of donating blood. She added that World Blood Donor Day is observed every year on 14th June and the day is celebrated to promote blood donation among people and its benefits.Dr. Pargat Singh Garchaalso interacted with the students and said that by donating blood, they are not only saving someone else’s life but also keeping their own body in a good state. He elaborated that there have been many evidences through research conducted in this field that by donating blood, one remains physically and mentally healthy. He encouraged the students to donate blood at least oncein a year.To make this event successful, the students of B.Ed. and M.Ed. 1st and 2nd year actively participated in the online poster making competition. Students also took an online pledge to donate blood in the times of need. The oath was administered by HarkiranKaur and PernaShukla of B.Ed. 2<sup>nd</sup>year.





## **Ek Bharat Shreshtha Bharat**

### **Introduction**

'Ek Bharat Shreshtha Bharat' is an initiative of the Government of India. The ideology of it was proposed by the honorable Prime Minister on 31st October 2015, the birth anniversary of Sardar Vallabhbhai Patel, who is known for uniting the country as one nation.

### **Objectives**

'Ek Bharat Shreshtha Bharat' Programme provides a platform for people to share, discuss, interact, learn and propagate the diversity of our country with zeal and enthusiasm. This gives the opportunity to appreciate the diversity and promote the national integrity at the same time.

### **'Ek Bharat Shreshtha Bharat' Activity in the college (For the Month of June and July 2022) Lecture on Stress Management during Examination**

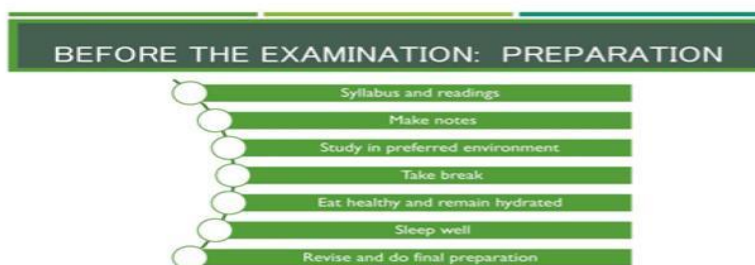
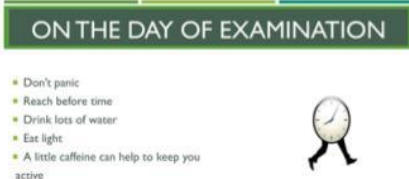
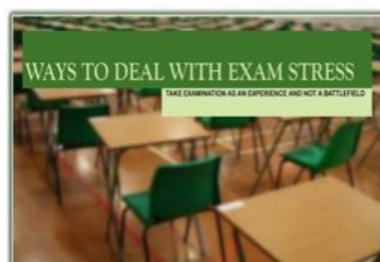
A lecture on the theme "Stress Management during Examination" was organized in the college campus under the Programme 'Ek Bharat Shreshtha Bharat' on June 20, 2022. Dr. Mini Sharma, Nodal Officer in the College for the Programme 'Ek Bharat Shreshtha Bharat' interacted with the students on the above said theme with the help of a PowerPoint Presentation. She in her lecture discussed the ways and strategies to remain stress free during the examination days. The various strategies discussed included: Planning and Preparation before the commencement of examination, Choosing an appropriate environment for study, taking small breaks while studying, eating healthy diet, keeping oneself hydrated, taking proper sleep, revising for the final preparation etc. She further said that on the day of the examination one should not panic and always reach the examination center before time. While attempting the paper, one must read all the questions thoroughly and also keep an eye on the time. Dr. Pargat Singh Garcha, Principal of the College while interacting with the students wished them best of luck for their Final



examination. He encouraged the students to keep a positive attitude while preparing for the examination. Dr. Garcha congratulated Ek Bharat Shreshth Bharat Committee of the College to for organizing the much needed lecture which would help the students in passing their exams with flying colours.

**YouTube link for the event:**

<https://youtu.be/B9yyiSO90ag>



**Students and Faculty of G.H.G. Khalsa College of Education, Gurusar Sadhar Paid Tribute to Shaheed Bhagat Singh-** G.H.G. Khalsa College of Education, Gurusar Sadhar organized a special morning assembly, poster making competition and blood donation camp to commemorate the martyrdom of freedom fighters Bhagat Singh, Sukhdev Thapar and Shivaram Rajguru. The assembly was organized by the mentor group “I” under the mentorship of Dr. Mini Sharma, Asst. Prof. in the college. All the students of B.Ed and M.Ed took part in the morning assembly which witnessed the presentations of inspirational speeches and poem recitations dedicated to the life of great martyr Bhagat Singh. Abinash Kaur of B.Ed<sup>2nd</sup> year gave a motivational speech on Sarvodaya Day where she provided a glimpse of the life of Shaheed Bhagat Singh and his great contribution in the India’s struggle for freedom. Varun of B.Ed<sup>1st</sup>

***GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana***

year recited a beautiful poem dedicated to the martyrdom of Shaheed Bhagat Singh. On this occasion all the students and faculty memberstook pledgedto work to promote harmony, goodwill and peace in the world. The pledge was orated by PrernaShukla of B.Ed 2<sup>nd</sup> year. A poster making competition on the theme Shaheed-e-Azam Bhagat Singh was organized by the N.S.S. wing of the college under the able guidance of Programme Officers Dr. Jasleen Kaur, Dr. Rachhpal Singh and Dr. Davinder Kaur Dhatt, Art instructor in the college. A blood donation camp was also organized on the occasion.Dr. Pargat Singh Garcha, Principal of the college in his address to the students highlighted that the sacrifices made by our great martyrs will always be remembered by the generations to come. He further added that we need to remember the teachings of our great freedom fighters and should apply the same in our life.

