

Red Ribbon Club

Activities of the Club

Session 2017-22



Compiled By

Dr. Manu Chadha

Coordinator

Red Ribbon Club

**G.H.G. Khalsa College of Education,
Gurusar Sadhar, Ludhiana**

RED RIBBON CLUB

RED RIBBON CLUB

Red Ribbon Club is a movement started by the Government of India in schools and colleges through which, students will spread awareness over HIV / AIDS.

Coordinator of the Red Ribbon Club: Dr Manu Chadha

Members: Students of B Ed and M Ed

THE OBJECTIVES OF THE RED RIBBON CLUB INCLUDE:

- To spread awareness among the youth particularly the students about the dreaded disease the HIV/AIDS.
- To reduce new occurrences of HIV infection among youth by raising their risk perception through awareness on HIV prevention methods.
- To aware and counsel the students regarding their health in terms various diseases.
- To motivate youth and build their capacity as peer educators and change agents by developing their skill on Leadership, negotiation and team building.
- To create sentence about drug abuse and its harmful effects.

VARIOUS ACTIVITIES ORGANIZED BY THE COLLEGE RRC:

- HIV Aids awareness and counseling.
- Health awareness programme
- Organize the free medical check -up and blood donation camps in the college campus
- Organize slogan writing, poster making, debates, and declamation competitions.
- Celebrating days of importance related to health and hygiene.

Activities (Session 2017-18)

S. No	Name of RRC Members	Class	S. No	Name of RRC Members	Class
1.	PAWANDEEP KAUR	B.Ed - I	26.	PARDEEP KAUR	B.Ed - II
2.	MANPREET KAUR	B.Ed - I	27.	AJAY KUMAR	B.Ed - II
3.	AMANJOT KAUR	B.Ed - I	28.	AMANPREET KAUR	B.Ed - II
4.	AMANPREET	B.Ed - I	29.	IQBAL SINGH	B.Ed - II
5.	AMARJEET KAUR	B.Ed - I	30.	HARWINDER KAUR	B.Ed - II
6.	AMRITPAL KAUR	B.Ed - I	31.	PRIYA VERMA	B.Ed - II
7.	ANITA	B.Ed - I	32.	JASPREET KAUR	B.Ed - II
8.	AVINASH KAUR	B.Ed - I	33.	MANILA MEHTA	B.Ed - II
9.	BALJIT SINGH MAKKAR	B.Ed - I	34.	PARVEEN KAUR	B.Ed - II
10.	BHUPINDER KAUR	B.Ed - I	35.	HARPINDER SINGH	B.Ed - II
11.	GURPREET KAUR	B.Ed - I	36.	AQBAL SINGH	B.Ed - II
12.	GURPREET SINGH	B.Ed - I	37.	SIMERPREET KAUR	B.Ed - II
13.	HARMAN SINGH	B.Ed - I	38.	SUKHWINDER KAUR	B.Ed - II
14.	HARPREET KAUR	B.Ed - I	39.	GAGANDEEP KAUR	B.Ed - II
15.	HARPREET KAUR	B.Ed - I	40.	HARPREET KAUR	B.Ed - II
16.	HARPREET SINGH	B.Ed - I	41.	PRABHJOT KAUR	B.Ed - II
17.	JASPREET KAUR	B.Ed - I	42.	JYOTI RANI	B.Ed - II
18.	JASWINDER KAUR	B.Ed - I	43.	KAVYA GANIMISSETTY	B.Ed - II
19.	KIRANDEEP KAUR	B.Ed - I	44.	DAVINDER KAUR	B.Ed - II
20.	MANDEEP KAUR	B.Ed - I	45.	RACHITA JAIN	B.Ed - II
21.	MANDEEP KAUR	B.Ed - I	46.	GURJOT SINGH	B.Ed - II
22.	MANDEEP SINGH	B.Ed - I	47.	AMANDEEP KAUR	B.Ed - II
23.	MANPARTEET SINGH	B.Ed - I	48.	GURPREET SINGH	B.Ed - II
24.	MANPREET KAUR	B.Ed - I	49.	HARTAJ SINGH	B.Ed - II
25.	MANPREET SINGH	B.Ed - I	50.	VARANDEEP KAUR SACHDEVA	B.Ed - II

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Blood Donation Camp: A Blood-Donation Camp was also organized on the same day. The Camp was inaugurated by Sardarni Mohinder Kaur Gill, President S. Manjit Singh Gill and Sh. Amrit Nagpal, Vice-President, Daynand Medical College, Ludhiana. The main motive of the camp was to instill in the pupil teachers an attitude of social service. 9 students of the college voluntarily donated blood in this camp.



Free Medical Checkup Camp: A large scale free medical checkup camp was also organised for all the students, faculty members and the nearby villagers. 395 patients underwent medical check-up by a team of expert Orthopaedician, Dermatologist and Gynecologist and many other specialist doctors from DMCH, Ludhiana.



Red Ribbon Club of the College organized slogan writing and poster making competition to make the students aware about the menace of AIDS on November 9, 2018. Students of B.Ed and M.Ed

RED RIBBON CLUB

participated in the competition with full enthusiasm. They expressed their views and thoughts on different aspects of HIV AIDS through the slogans and the posters prepared by them. Students prepared slogans and posters on the various sub-themes as Aids- Causes and symptoms, preventive measures for AIDS etc. Winners of the competition were given prizes.



Awareness rally and Oath taking ceremony (March 23, 2018)- On martyrdom day of Shaheed Bhagat Singh, i.e. March 23, 2018, an awareness rally against drug abuse was organized in the village Sadhar which was followed by an oath taking ceremony by all the faculty members and student teachers of B.Ed and M.Ed.



Activities (Session 2018-19)

S. No	Name of RRC Members	Class	S. No	Name of RRC Members	Class
1.	PRABHDEEP KAUR	B.Ed - I	26.	PAWANDEEP KAUR	B.Ed - II
2.	KULWINDER KAUR	B.Ed - I	27.	MANPREET KAUR	B.Ed - II
3.	HARPREET KAUR	B.Ed - I	28.	AMANJOT KAUR	B.Ed - II
4.	AMAN BANSAL	B.Ed - I	29.	AMANPREET	B.Ed - II
5.	PARMJIT KAUR	B.Ed - I	30.	AMARJEET KAUR	B.Ed - II
6.	HARPREET KAUR	B.Ed - I	31.	AMRITPAL KAUR	B.Ed - II
7.	NAVJOT KAUR	B.Ed - I	32.	ANITA	B.Ed - II
8.	JASPREET KAUR BHACHCHU	B.Ed - I	33.	AVINASH KAUR	B.Ed - II
9.	DEEPIKA DHINGRA	B.Ed - I	34.	BALJIT SINGH MAKKAR	B.Ed - II
10.	HARJINDER KAUR	B.Ed - I	35.	BHUPINDER KAUR	B.Ed - II
11.	GURPREET KAUR	B.Ed - I	36.	GURPREET KAUR	B.Ed - II
12.	SEEMA KANAUJIYA	B.Ed - I	37.	GURPREET SINGH	B.Ed - II
13.	AMRITPAL KAUR	B.Ed - I	38.	HARMAN SINGH	B.Ed - II
14.	RUPINDER SINGH	B.Ed - I	39.	HARPREET KAUR	B.Ed - II
15.	PAL SINGH	B.Ed - I	40.	HARPREET KAUR	B.Ed - II
16.	AMANJOT SINGH	B.Ed - I	41.	HARPREET SINGH	B.Ed - II
17.	SUMANJEET KAUR	B.Ed - I	42.	JASPREET KAUR	B.Ed - II
18.	SHARNDEEP KAUR	B.Ed - I	43.	JASWINDER KAUR	B.Ed - II
19.	KIRANPREET KAUR	B.Ed - I	44.	KIRANDEEP KAUR	B.Ed - II
20.	GURWINDERJIT SINGH	B.Ed - I	45.	MANDEEP KAUR	B.Ed - II
21.	JAGROOP SINGH	B.Ed - I	46.	MANDEEP KAUR	B.Ed - II
22.	SHIVANGI	B.Ed - I	47.	MANDEEP SINGH	B.Ed - II
23.	GURPREET KAUR	B.Ed - I	48.	MANPARTEET SINGH	B.Ed - II
24.	KIRANJEET KAUR	B.Ed - I	49.	MANPREET KAUR	B.Ed - II
25.	GUNDEEP KAUR	B.Ed - I	50.	MANPREET SINGH	B.Ed - II

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Tandrust Punjab Mission- A tree plantation drive was organized in the college campus under the able guidance of Principal, Dr. Sarbjit Kaur Ranu with a view to keep the environment clean and green. The drive was a part of the Mission Tandrust Punjab, an initiative of the Punjab Government to increase the green cover in the state and ensuring a good living environment for the residents of Punjab. More than 150 tree saplings of different varieties were planted at the various sites of the college campus. All the students of B.Ed and M.Ed classes along with faculty members participated in the drive very enthusiastically.



Red Ribbon Club of the college with an objective to create sentience about the drug abuse and its harmful effects, organized an awareness lecture on the topic “Drug Addiction Among the Youth” in the college campus on February 07, 2019. Dr. Manu Chadha, Coordinator, Red Ribbon Club made the students aware about the various causes of drug addiction among youth. She also discussed how the pressure of modern society and individualistic life creates a challenge for the youth across the globe to stay alert and cautious of falling in the drug addiction traps. A slogan writing and poster making competition was also organized on this occasion.

Blood Donation Camp -A Blood-Donation Camp was also organized on the same day. The Camp was inaugurated by the Chief Guest Giani Harpal Singh, Revered Sardarni Mohinder Kaur Gill and Honourable S. Manjit Singh Gill, President of the Governing Council. The main motive of the camp was to instill in the pupil teachers an attitude of social service. Five students of the college voluntarily donated blood in this camp.

Free Medical Checkup Camp- A large scale free medical checkup camp was also organized for all the students, faculty members and the nearby villagers. 345 patients underwent medical check-up by a team of expert doctors in Orthopaedics, Dermatology and Gynaecology and Medicine from Fortis Hospital, Ludhiana.

Activities (Session 2019-20)

S. No	Name of RRC Members	Class	S. No	Name of RRC Members	Class
1.	BINDESHWARI	B.Ed - I	26.	PRABHDEEP KAUR	B.Ed - II
2.	BINDIA JHANJI	B.Ed - I	27.	KULWINDER KAUR	B.Ed - II
3.	DALJEET KAUR	B.Ed - I	28.	HARPREET KAUR	B.Ed - II
4.	GURPREET KAUR	B.Ed - I	29.	AMAN BANSAL	B.Ed - II
5.	GURPREET SINGH	B.Ed - I	30.	PARMJIT KAUR	B.Ed - II
6.	GURTEG SINGH GREWAL	B.Ed - I	31.	HARPREET KAUR	B.Ed - II
7.	HAMJEET KAUR	B.Ed - I	32.	NAVJOT KAUR	B.Ed - II
8.	HARDEEP SINGH	B.Ed - I	33.	JASPREET KAUR BHACHCHU	B.Ed - II
9.	HARMANPREET SINGH	B.Ed - I	34.	DEEPIKA DHINGRA	B.Ed - II
10.	INDERPAL KAUR	B.Ed - I	35.	HARJINDER KAUR	B.Ed - II
11.	JASKIRAN KAUR	B.Ed - I	36.	GURPREET KAUR	B.Ed - II
12.	JASLEEN KAUR	B.Ed - I	37.	SEEMA KANAUIYA	B.Ed - II
13.	JASWINDER KAUR	B.Ed - I	38.	AMRITPAL KAUR	B.Ed - II
14.	MANPREET KAUR	B.Ed - I	39.	RUPINDER SINGH	B.Ed - II
15.	MANPREET KAUR	B.Ed - I	40.	PAL SINGH	B.Ed - II
16.	NAGMA ROOHE	B.Ed - I	41.	AMANJOT SINGH	B.Ed - II
17.	PRAJJALITA SAHA	B.Ed - I	42.	SUMANJEET KAUR	B.Ed - II
18.	RABDEEP KAUR	B.Ed - I	43.	SHARNDEEP KAUR	B.Ed - II
19.	RADHA RANI	B.Ed - I	44.	KIRANPREET KAUR	B.Ed - II
20.	RAVDENRA SINGH	B.Ed - I	45.	GURWINDERJIT SINGH	B.Ed - II
21.	RENU BANSAL	B.Ed - I	46.	JAGROOP SINGH	B.Ed - II
22.	SUKHDEEP KAUR	B.Ed - I	47.	SHIVANGI	B.Ed - II
23.	SUKHDEEP KAUR	B.Ed - I	48.	GURPREET KAUR	B.Ed - II
24.	SUKHPREET KAUR	B.Ed - I	49.	KIRANJEET KAUR	B.Ed - II
25.	SULTANA	B.Ed - I	50.	GUNDEEP KAUR	B.Ed - II

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Buddy Day Programme (November 14, 2019)- Buddy Day programme was organized in the college campus on November 14, 2019 as per the directions of DPI Colleges, Punjab. On this occasion an essay writing, slogan writing and Poster making competitions on the theme “Say no to Drugs” were organized.

Red Ribbon Club -Red Ribbon Club of the college with an objective to create sentience about the drug abuse and its harmful effects, organized an awareness lecture on the topic “Drug Addiction Among the Youth” in the college campus on February 20, 2020. Dr. Mini Sharma, Asst. Prof. in the college made the students aware about the various causes of drug addiction among youth. A slogan writing and poster making competition was also organized on this occasion.

Blood Donation Camp -A Free Medical Check-up Camp and a Blood Donation Camp were organized with a team of doctors from DMC Hospital, Ludhiana, and Civil Hospital, Malerkotla, respectively on the same day. The Camps were inaugurated by Sardarni Mohinder Kaur Gill, S. Manjit S. Gill, President and Mrs. Hareena Gill. 53 units of blood were donated voluntarily and nearly 353 patients underwent medical check-up with specialists in Orthopaedics, Internal Medicine, Dermatology, Gastroenterology and De-addiction from DMC Hospital, Ludhiana. The patients were given medicines free of cost.



Activities (Session 2020-21)

S. No	Name of RRC Members	Class	S. No	Name of RRC Members	Class
1.	ARASHPREET KAUR SARAN	B.Ed - I	26.	BINDESHWARI	B.Ed - II
2.	JASPREET KAUR	B.Ed - I	27.	BINDIA JHANJI	B.Ed - II
3.	LAXMAN SINGH	B.Ed - I	28.	DALJEET KAUR	B.Ed - II
4.	AKANKSHA VERMA	B.Ed - I	29.	GURPREET KAUR	B.Ed - II
5.	SARWAJEET SOURAV	B.Ed - I	30.	GURPREET SINGH	B.Ed - II
6.	SIMRANJOT KAUR	B.Ed - I	31.	GURTEG SINGH GREWAL	B.Ed - II
7.	ARASHDEEP KAUR	B.Ed - I	32.	HAMJEET KAUR	B.Ed - II
8.	MANISHA	B.Ed - I	33.	HARDEEP SINGH	B.Ed - II
9.	SHEFALI MEHRA	B.Ed - I	34.	HARMANPREET SINGH	B.Ed - II
10.	UPASANA	B.Ed - I	35.	INDERPAL KAUR	B.Ed - II
11.	PARNEET KAUR	B.Ed - I	36.	JASKIRAN KAUR	B.Ed - II
12.	NISHA RANI	B.Ed - I	37.	JASLEEN KAUR	B.Ed - II
13.	RAJANPREET BANSAL	B.Ed - I	38.	JASWINDER KAUR	B.Ed - II
14.	UPENDRA KUMAR	B.Ed - I	39.	MANPREET KAUR	B.Ed - II
15.	JAGDEEP SINGH	B.Ed - I	40.	MANPREET KAUR	B.Ed - II
16.	HARKIRAN KAUR	B.Ed - I	41.	NAGMA ROOHE	B.Ed - II
17.	ANU PRIYA	B.Ed - I	42.	PRAJJALITA SAHA	B.Ed - II
18.	RAHUL KUMAR	B.Ed - I	43.	RABDEEP KAUR	B.Ed - II
19.	MANPREET KAUR	B.Ed - I	44.	RADHA RANI	B.Ed - II
20.	AMANDEEP KAUR	B.Ed - I	45.	RAVDENRA SINGH	B.Ed - II
21.	BALPREET KAUR	B.Ed - I	46.	RENU BANSAL	B.Ed - II
22.	ARSHDEEP SINGH	B.Ed - I	47.	SUKHDEEP KAUR	B.Ed - II
23.	LABHPREET KAUR	B.Ed - I	48.	SUKHDEEP KAUR	B.Ed - II
24.	INDERPREET KAUR	B.Ed - I	49.	SUKHPREET KAUR	B.Ed - II
25.	MANPREET KAUR	B.Ed - I	50.	SULTANA	B.Ed - II

RED RIBBON CLUB

World Environment Day- Eco club of the college celebrated World Environment Day in collaboration with NSS wing, Red Ribbons Club and Youth Welfare Services of the college on June 05, 2021 through virtual mode. The students of B.Ed and M.Ed organized a wonderful programme to celebrate the day. The event commenced with the college prayer followed by a motivational presentation on the life and work of famous environmentalists by Dr. Manu Chadha (Incharge of the Eco club). The main objective behind celebrating the event was to highlight the importance of the environment and remind the society that we should not take nature for granted. The various activities presented on the occasion included speech on “History of Environment Day Celebration” by B.Ed student Bindia Jhanji, Poem on the topic “What Nature Suffers” by Simranjot Kaur, speech on “Sustainable Development” by Arshdeep Kaur, Powerpoint presentation on the topic “Ways to Save Environment” by Prerna Shukla. Another power point presentation on the topic “Environment Friendly Products' ' was shared by Sukhdeep Kaur and a speech on 10 eco -friendly companies was given by Gurpreet Kaur. Jaspreet Kaur mesmerized the participants with her motivational song on “Save trees' '. Students also participated in the Poster Making Competition organized by the Fine Arts Department of the college.



Activities (Session 2021-22)

S. No	Name of RRC Members	Class	S. No	Name of RRC Members	Class
1.	RAJDEEP KAUR	B.Ed - III	26.	PRABJOT SINGH	B.Ed - III
2.	PRATIBHA SINGH	B.Ed - III	27.	AJITH SEN G.S.	B.Ed - III
3.	RUBALPREET	B.Ed - III	28.	AMANDEEP KAUR	B.Ed - III
4.	SUKHPREET KAUR	B.Ed - III	29.	SHARANDEEP KAUR	B.Ed - III
5.	RAMANPREET KAUR	B.Ed - III	30.	ANJALI	B.Ed - III
6.	SAMRITI GUPTA	B.Ed - III	31.	KAMALDEEP SINGH KEHAL	B.Ed - III
7.	RAMANDEEP KAUR	B.Ed - III	32.	AMANDEEP KAUR	B.Ed - III
8.	TANVI SHARMA	B.Ed - III	33.	KUMARI AMAN	B.Ed - III
9.	SUMIT KUMAR SHARMA	B.Ed - III	34.	KAMALPREET KAUR	B.Ed - III
10.	MANJOT KAUR	B.Ed - III	35.	PUNITA RANI	B.Ed - III
11.	KASHIKA GARG	B.Ed - III	36.	HARPREET KAUR	B.Ed - III
12.	DEEPALI BAJAJ	B.Ed - III	37.	LOVEPREET KAUR	B.Ed - III
13.	GAGANDEEP KAUR	B.Ed - III	38.	TWINKLE	B.Ed - III
14.	VARUN ANAND	B.Ed - III	39.	DALJIT KAUR	B.Ed - III
15.	UTTAMPREET SINGH	B.Ed - III	40.	MANPREET KAUR	B.Ed - III
16.	GURJINDER SINGH	B.Ed - III	41.	GURPREET KAUR	B.Ed - III
17.	KULJEET KAUR	B.Ed - III	42.	SUKHPREET SINGH	B.Ed - III
18.	MANPREET KAUR	B.Ed - III	43.	YAMINI	B.Ed - III
19.	NAVNEET KAUR	B.Ed - III	44.	AASHDEEP KAUR	B.Ed - III
20.	PARMINDER SINGH	B.Ed - III	45.	HARPREET KAUR	B.Ed - III
21.	HARNEET KAUR	B.Ed - III	46.	HARJINDER KAUR	B.Ed - III
22.	AMANDEEP KAUR	B.Ed - III	47.	PALLAVI	B.Ed - III
23.	KAMALPREET KAUR	B.Ed - III	48.	SUMANDIP KAUR	B.Ed - III
24.	PRABHJOT KAUR	B.Ed - III	49.	RUBY	B.Ed - III
25.	HARMAN KAUR	B.Ed - III	50.	SARA KARIM	B.Ed - III

RED RIBBON CLUB

G.H.G. Khalsa College of Education, Gurusar Sadhar observed World Environment Day by organizing Intercollege PowerPoint Presentation and Poster Making Competition-

Red Ribbon Club and NSS wing of G.H.G. Khalsa College of Education, Gurusar Sadhar celebrated World Environment Day by organizing poster making, e-poster making and PowerPoint Presentation competition. The competition was organized as per the directions of Asst. Director, Youth Welfare Services, Ludhiana. Dr. Manu Chadha, Incharge Red Ribbon Club of the college said that 45 students from 30 different colleges across the nation participated in the competition. Yogita Singh from Pushpanjali College of Education, Vaisai won first place in PowerPoint Presentation Competition. Harkiran Kaur, of the Host College and Gautam Jain, of Shri Atam Vallabh Jain College, Ludhiana came second and Diksha Sharma from Khalsa College for Women, Civil Lines, Ludhiana and Baldeep Singh, a student of B.C.M. College of Education, Ludhiana secured third place. Varsha, a student of Government State College of Education, Patiala, was given the appreciation Award. In the poster competition, Harmanjot Kaur from Paradise College of Education, Jalandhar bagged the first prize, Komal Mittal from Khalsa College for Women, Civil Lines, Ludhiana and Bawanpreet Kaur from Khalsa College of Education, Amritsar bagged the second and third prize respectively. In the e-poster making category Prerna Shukla from the Host College won the first prize while Anita from G.T.B. Khalsa College of Education, Dasuya won second prize. Asheeta and Himanshu from Paradise College of Education, Jalandhar and the Host College respectively won the third prize. Apart from this, Sakshi Sharma from Shivalik Hills College of Education and Khushnaseeb Rahanu from D. A.V. College of Education Hoshiarpur were given appreciation prizes. Dr. Jasleen Kaur and Dr. Rachpal Singh, Programme Officer NSS wing of the College said that as a part of the environment day celebration more than 30 students of the college donated plants to the College. The students have taken an oath that they will take care of their own plant as long as they stay in the College and after the completion of the degree, the responsibility of that plant will be given to the gardener. Dr. Pargat Singh Garcha in his address congratulated the students and the faculty for organizing the event for the cause of the environment. He also appreciated the efforts of Mr. Sukhchain Singh Gill, Physical Education instructor in the College for motivating the students to conduct tree plantation drives. He added that the main objective behind celebrating the event was to highlight the importance of the environment and remind the society that we should not take nature for granted. ***Link for PowerPoint Presentations of the Winners of the inter College Competition***

First Prize
HARMANPREET KAUR
PARAGAN COLLEGE OF EDUCATION, SALAHNAH

Second Prize
KHALSA COLLEGE FOR WOMEN
CIVIL LINE, LUDHIANA

Third Prize
BAWANPREET KAUR
PARAGAN COLLEGE OF EDUCATION, GT ROAD, AMRITSAR

Inter-College Poster Making Competition

Results of Inter-college E-Poster and PowerPoint Presentation Competition

Sl. No.	College Name	Topic	Rank
1	PARAGAN COLLEGE OF EDUCATION, SALAHNAH	Let's nurture the nature, so that we can have a better future	First
2	KHALSA COLLEGE FOR WOMEN, CIVIL LINE, LUDHIANA	Let's nurture the nature, so that we can have a better future	Second
3	BAWANPREET KAUR, PARAGAN COLLEGE OF EDUCATION, GT ROAD, AMRITSAR	Let's nurture the nature, so that we can have a better future	Third

World Environment Day - Intercollege PowerPoint Presentation and Poster Making Competition (05.06.2022)

Results of E-Poster Making Competition

Sl. No.	College Name	Topic	Rank
1	PARAGAN COLLEGE OF EDUCATION, SALAHNAH	Let's nurture the nature, so that we can have a better future	First
2	KHALSA COLLEGE FOR WOMEN, CIVIL LINE, LUDHIANA	Let's nurture the nature, so that we can have a better future	Second
3	BAWANPREET KAUR, PARAGAN COLLEGE OF EDUCATION, GT ROAD, AMRITSAR	Let's nurture the nature, so that we can have a better future	Third

Sudhar, Punjab, India
QJHR+5VF, opp. ghg khalsa college, near civil hospital, Sudhar, Punjab
141104, India
Lat 30.777912°
Long 75.64225°
05/06/22 10:57 AM

ਦਾਤਾਵਰਨ ਦਿਵਸ ਨੂੰ ਸਮਰਪਿਤ ਪੋਸਟਰ, ਪ੍ਰਦਰਸ਼ਨੀ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ

ਪਾਲਸਾ ਵਾਲਜ਼ ਮਾਫ ਮੋਮੂਸੇਸਟ ਰਿਥੇ ਰਸਦਰੀ 'ਦਾਤਾਵਰਨ ਦਿਵਸ' ਨੂੰ ਸਮਰਪਿਤ ਪੋਸਟਰ, ਪ੍ਰਦਰਸ਼ਨੀ ਮੁਕਾਬਲਾ ਕਰਵਾਇਆ ਗਿਆ

ਛਾਤਰਾਂ ਨੇ ਕਾਲੇਜ਼ ਕੋ ਦਾਨ ਕੀਏ ਪੌਧੇ

RED RIBBON CLUB

Students and Faculty of G.H.G. Khalsa College of Education, Gurusr Sadhar Observed World Bicycle Day- In order to spread awareness related to tremendous health and environmental benefits of cycling, Red Ribbon Club and N.S.S. wing of G.H.G. Khalsa College of Education, Gurusr Sadhar celebrated World Bicycle Day with great enthusiasm on **June 03, 2022**. Every year, On **June 3** the world celebrates 'World Bicycle Day' to raise awareness about cycling and its benefits on health and mental wellbeing. The students of B.Ed and M. Ed classes enjoyed the bicycle ride in their locality and displayed posters to encourage people for more and more in their day today life. This year the theme of this special day is “Celebrating the Affordable Route to Sustainability”. Dr. Pargat Singh Garcha, Principal of the college appreciated the efforts of the students and faculty to celebrate the World Bicycle Day for the cause of the environment. He further added that riding a bicycle is healthy, fun, and a low-impact form of exercise for all ages. He said that cycling is easy to fit into one’s daily routine by riding to the park, neighbourhood shop, or workplace etc. He encouraged the students and faculty to adopt the good practice of cycling in their daily life in order to enjoy good health and to contribute towards the sustainable environment.

ਜੀ.ਐੱਚ.ਜੀ. ਖ਼ਾਲਸਾ ਕਾਲਜ ਦੇ ਸਟੂਡੈਂਟਸ ਅਤੇ ਫੈਕਲਟੀ
ਸੇਵਾ ਯੋਜਨਾ ਵਿੱਚ ਨੇ ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਮਨਾਇਆ



ਗੁਰੂਸਰ ਸ਼ਹਿਰ, 3 ਜੂਨ (ਸ਼ੁੱਕਰਵਾਰ ਸਿੱਖ ਸਹਿਲੀ): ਜੀ.ਐੱਚ.ਜੀ. ਖ਼ਾਲਸਾ ਕਾਲਜ ਆਫ਼ ਐਜੂਕੇਸ਼ਨ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਨੂੰ ਵਾਤਾਵਰਣ ਅਤੇ ਸਿਹਤ ਸਬੰਧੀ ਜਾਗਰੂਕਤਾ ਵੱਲਾਉਂਦੇ ਹੋਏ ਅੱਜ ਰੋਡ ਰੀਥਨ ਕਲੱਬ ਅਤੇ ਕੋਮੀ ਸੇਵਾ ਯੋਜਨਾ ਦੀ ਅਗਵਾਈ ਵਿੱਚ ਵਿਸ਼ਵ ਸਾਈਕਲ ਦਿਵਸ ਮਨਾਇਆ। ਇਹ ਦਿਨ ਮਨਾਉਣ ਲਈ 3 ਜੂਨ 2022 ਨੂੰ ਬੀ.ਐੱਫ. ਅਤੇ ਐਮ. ਐਡ. ਜਮਾਤ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਦਿਨ ਦੀਆਂ ਸਾਰੀਆਂ ਗਤੀਵਿਧੀਆਂ ਸਾਈਕਲ 'ਤੇ ਹੀ ਕਰਵਾਈਆਂ ਆਪਣੇ ਆਸ-ਪਾਸ ਸਾਈਕਲ ਦੀ ਯਾਤਰਾ ਦਾ ਅਨੰਦ ਲਿਆ ਅਤੇ ਲੋਕਾਂ ਨੂੰ ਉਨ੍ਹਾਂ ਦੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਵਿੱਚ ਸਾਈਕਲ ਦੀ ਵੱਧ ਤੋਂ ਵੱਧ ਵਰਤੋਂ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪਰਗਟ ਸਿੰਘ ਗਰਚਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਯਤਨਾਂ ਦੀ ਸ਼ਲਾਘਾ ਕਰਦਿਆਂ ਕਿਹਾ ਕਿ ਸਾਈਕਲ ਸਾਡਾ ਸੁਥਰਾ, ਕਿਰਾਇਤੀ ਅਤੇ ਵਾਤਾਵਰਣ ਅਨੁਕੂਲ ਆਵਾਜਾਈ ਦਾ ਬਹੁਤ ਵਧੀਆ ਸਾਧਨ ਹੈ। ਵਿੱਤੀ ਲਾਭ ਤੋਂ ਇਲਾਵਾ ਸਾਈਕਲ ਚਲਾਉਣ ਵਿੱਚ ਸ਼ਾਨਦਾਰ ਸਿਹਤ ਸਬੰਧੀ ਲਾਭ ਵੀ ਹਨ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਅੱਜ ਹਰ ਇੱਕ ਨੂੰ ਆਪਣੀ ਸਿਹਤ ਪੁਰੀ ਹੋਰ ਵਧੇਰੇ ਸਾਵਧਾਨ ਰਹਿਣ ਦੀ ਲੋੜ ਹੈ। ਉਨ੍ਹਾਂ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੂੰ ਸਾਈਕਲਿੰਗ ਦੇ ਚੰਗੇ ਅਭਿਆਸ ਨੂੰ ਆਪਣੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਵਿੱਚ ਅਪਨਾਉਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ ਤਾਂ ਜੋ ਹਰ ਕੋਈ ਇਸ ਦਾ ਅਨੰਦ ਲੈ ਸਕੇ ਅਤੇ ਆਪਣੇ ਚੰਗੇ ਰੋਜ਼ਾਨਾ ਰੱਖਣ ਲਈ ਆਪਣਾ ਬਣਦਾ ਯੋਗਦਾਨ ਪਾ ਸਕੇ।

ਚੜ੍ਹਦੀਕਲਾ Sat, 04 June 2022
<https://epaper.charhdikala.com>



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G.H.G. Khalsa College of Education, Gurusar Sadhar Observed World No Tobacco Day-
G.H.G. Khalsa College of Education, Gurusar Sadhar observed “World No Tobacco Day” as per the directions of Asst. Director, Department of Youth Welfare Services, Ludhiana. World No Tobacco is observed every year on **31st May**, to raise awareness on harmful and deadly effects of tobacco and discourage its use in any form. This year the theme of World No Tobacco Day 2022 is “Tobacco: Threat to our Environment”. In order to observe the day, N.S.S Wing and Red Ribbon Club of the College organized a special lecture and poster making competition on the theme “Say No to Tobacco”. In the awareness lecture, Mr. Rahul, Ms. Simranpreet Kaur and Mr. Kulwinder Singh from CHC Sadhar appraised the students about the harmful effects of smoking and other tobacco products. They further said that there is a dire need to make the society aware about this deadly product. They urged the students to make the people in their vicinity aware about the noxious effects of Tobacco use. A community campaign was also held to mark the day where students of B.Ed. and M.Ed. educated the people in their surrounding areas regarding the ill effects of tobacco and the ways to get rid of its use. In the poster making competition, Sumandip Kaur and Shefali Mehra were awarded with the first prize while Ramanpreet Kaur and Ramandeep Kaur secured the second position. Manjot Kaur and Kiranjit Kaur got third position in the competition.





G.H.G. Khalsa College of Education Gurusar Sadhar Observed Anti- Terrorism Day- Red Ribbon Club and NSS Wing of G.H.G. Khalsa College of Education, Gurusar Sadhar organized an extension lecture to mark the Anti-terrorism Day which is observed on **May 21 every year. Mr. Rohit Sharma, Asst. Prof., Dept. of Political Science, Arya College, Ludhiana was a resource person on the occasion. At the outset Dr. Pargat Singh Garcha, Principal of the college, Dr. Manu Chadha, Incharge Red Ribbon Club of the college, Dr. Rachhpal Singh and Dr. Jasleen Kaur, NSS Programme Officers presented a bouquet of flowers to the resource person of the day. Dr. Manu Chadha also shared a brief resume of Mr. Rohit Sharma with the students. Later on Harkiran Kaur of B.Ed 2nd year led the students and faculty for taking the pledge for promotion of peace and harmony in the society and condemnation of all forms of violence and terrorism. Mr. Rohit Sharma commenced his lecture by showing a video on the theme of the lecture. Mr. Rohit further through his presentation elaborated on the origin of terrorism, the motives and consequences of terrorism including drug terrorism. He encouraged the students to fight against anti-social activities and terrorism. He also emphasized the role played by youth to make the society free from violence and thereby safeguard the interest of common people. Vote of thanks was presented by Dr. Rachhpal Singh at the end of the lecture. Students of M.ED and B.Ed 1st and 2nd year along with faculty members were present on the occasion.**

ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ
ਵਿਖੇ ਦਿਨ ਮਨਾਇਆ ਗਿਆ



ਪ੍ਰਸਿਦਿਤ **ਪਹਿਚੇਦਾਨ** A Leading Punjabi Daily

ਮਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਵਿਖੇ
ਆਤੰਕਵਾਦ ਵਿਰੁੱਧ ਦਿਨ ਮਨਾਇਆ ਗਿਆ



ਜੀ.ਐੱਚ.ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ਼ ਐਜੂਕੇਸ਼ਨ ਗੁਰੂਸਰ
ਸਧਾਰ ਵਿਖੇ 'ਅੱਤਵਾਦ' ਵਿਰੁੱਧ ਦਿਵਸ ਮਨਾਇਆ



ਸੀ. ਐਚ. ਸੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ਼ ਐਗਰੀਕਲਚਰ ਗੁਰੂਗਰਾਹ ਵਿਖੇ ਮੁੱਖ ਮਹਿਮਾਨ
ਰੋਹਿਤ ਸ਼ਰਮਾ ਦਾ ਸਨਮਾਨ ਕਰਦੇ ਹਿੰ. ਡਾ. ਪਰਗਟ ਸਿੰਘ ਗਰਬਾ, ਡਾ. ਰਘੁਪਾਲ ਸਿੰਘ
ਡਾ. ਸਮਰਜੀਤ ਕੌਰ ਤੇ ਹੋਰ।

News Coverage of Anti- Terrorism day (May 21,2022)

1. *Upholder* (Upholder of the Law): Upholder of the Law

उत्तराखण्ड के जल संसाधनों का उपयोग और प्रबंधन

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activities was 'Be Aware, Share, Care: Working with the Global Community as One To Improve Thalassemia Knowledge'. The lecture was organized as per the directions of Youth Welfare Services, Ludhiana. Dr. Manu Chadha, Associate Prof. in the college and incharge Red Ribbon Club through her lecture made the students as well as faculty aware about "Thalassemia" which is an inherited disorder caused due to mutation in DNA, as a result of which a person suffers from haemolytic anaemia i.e. loss of healthy RBC's in bloodstream. She highlighted the various solutions to cure this disorder which include providing less iron diet to the patients and regular blood transfusions. She further said that a healthy diet and regular exercise may also be of great help in this regard. Dr. Pargat Singh Garcha, Principal of the college appreciated the efforts of Red Ribbon Club and the Madam Marie Curie Club for creating awareness about this disease. Students of B.Ed. and M.Ed. 1st and 2nd year along with the faculty members were present on the occasion.



Blood Donation Camp as a Commemorative Ceremony in respect of - Former President Bakhtawar Singh Gill- As a mark of tribute to the former President of College Governing Council, Late. Mr. Bakhtawar Singh Gill, a commemoration day was celebrated with great devotion and enthusiasm by Guru Hargobind Khalsa Colleges, Gurusar Sadhar on March 17, 2022. An inter-college Gurbani Gayan competitions, free medical checkup and blood donation camp were also organized. After the bhog of Akhand Path Sahib the students of the Department of Music enthralled the sangat with Gurbani Kirtan. Later Gurbani Gayan competitions were conducted in which teams from different colleges participated. The team of Guru Hargobind Khalsa College, Gurusar Sadhar, Ludhiana, the team of Master Tara Singh Memorial College, Ludhiana and the

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team of Ramgarhia Girls College, Ludhiana, got the first, second and third positions respectively. Guru Nanak Khalsa College, Gujarkhan Campus, Ludhiana and Guru Hargobind Khalsa College of Education, Gurusar Sadhar secured the fourth and fifth places respectively. In the individual section, Jaspreet Kaur, Ramgarhia Girls College, Ludhiana achieved the first position, Simrandeep Kaur, Guru Nanak Khalsa College, Gujrkhan Campus, Ludhiana got the second and Jasleen Kaur, Master Tara Singh Memorial College, Ludhiana secured the third place. Dr. Charankamal Singh was the Chief Guest on the occasion. In his address, Charankamal Singh said that the real religion is the social service and Mr. Bakhtawar Singh Gill earned this true religion in his lifetime by making invaluable contributions to society through these educational institutions. In the free medical checkup camp, the teams of Dr. Harpreet Singh (M.S. Surgery), Dr. Avinash Jindal (M.D. Medicine) and Davinder Singh (M.D. Orthopedic) examined 253 patients and provided free medicines to those in need. The Blood Donation Camp was set up under the leadership of Dr. Sahil Bansal in which 64 students contributed by donating blood. The winners of the competition and other service personnel were honored with trophies. Dr. Pargat Singh Garcha presented a vote of thanks. Among others, Sardarni Mohinder Kaur Gill, President of College Governing Council, Mr. Manjit Singh Gill, Former Principal, Dr. Swaranjit Singh Deol, Dr. Balwinderpal Singh and Dr. Harjinder Singh Brar was also present on the day.



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World Earth Day(April 22, 2022)- Members of Red Ribbon Club organized World Earth Day on April 22,2022 in collaboration with Eastwood School, Mullanpur and Jatindera Greenfield school, Ghuman. The RRC members visited these schools and facilitated the students about the importance of Earth, ways and means to Save Earth, Save Soil. Tree plantation drive was carried out in these schools. PowerPoint presentations were prepared by RRC members to create awareness among the adolescents of schools. School students prepared posters under the guidance of RRC members and an exhibition of these posters was put up.



BLOOD DONORS DAY- As per the directions of Dptt of Health and Family Welfare, Govt of Punjab, the Red Ribbon Club of the college organized a Blood Testing Camp in collaboration with Deptt of Medical Laboratory Technology, GHG Khalsa College, Gurusar Sadhar on June 21,2022. Investigatory tests for nearly 50 students of BEd and faculty members was done by MLT Department. Haemoglobin and basic blood tests were investigated. Besides the investigatory tests, students also registered themselves for voluntary Blood Donation on the Government portal.

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