# Athletic Activities

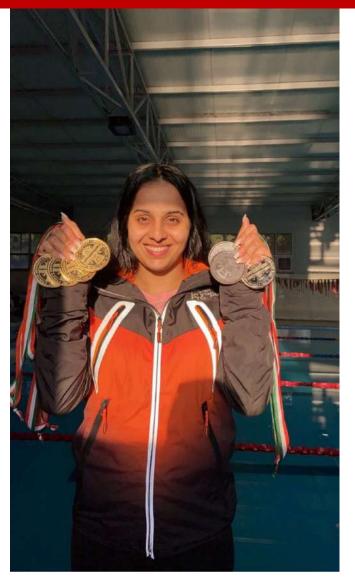




### Panjab University Medallion Pallavi Sejwal









We won over all third (women) in sports (Swimming) in Panjab University
Our Student Pallavi Sejwal (B.Ed. Ist Year) won

100 freestyle gold

200 freestyle gold

400 freestyle gold

200 butterfly gold

100 mts butterfly silver

50 mts butterfly bronze

50 mts breaststroke bronze



हासिल किया। जसमञ्जत कौर, जलिनध कौर राज्य स्तरीय वॉलीबॉल चैंपियनशिप के लिए चयनित हुई हैं। प्रिंसिपल सिद्धू ने विजेताओं को बधाई दी।

# तैराकी प्रतियोगिता में पल्लवी ने तीन पदक जीते



लुधियाना। पंजाब यूनिवर्सिटी चंडीगढ़ की इंटर कॉलेज प्रतियोगिताओं में जीएचजी खालसा कॉलेज ऑफ एजुकेशन, गुरुसर सधार के बीएड दूसरे वर्ष की छात्रा पल्लवी सेजवाल ने तैराकी प्रतियोगिताओं में तीन पदक जीते। पल्लवी ने तैराकी 50 मीटर स्पर्धा में स्वर्ण पदक, कर रहे थे: मुख् था। जहां बच्चे रैंप वॉक किया

खेलकू

21.9

मिनत

बीएसएफ की अटारी बार्डर र

अटारी बार्डर र मैराथन) रेस जिसमें रेलवे कैटेगरी में भाग किया है। जोग प्री की। जिस्सं by Punjab Governor Banwarilal Purohit. The school was also awarded for best infrastructure.

### PALLAVI WINS 3 MEDALS IN SWIMMING



Winners with their medals, TRIBUNE PHOTO

Pallavi Sejwal, a student of BEd 3rd Semester, GHG Khalsa College of Education, Gurusar Sadhar, won three medals at the Panjab University Inter-College Swimming Championship, 2022. Pallavi got a gold medal in 50m freestyle butterfly, one silver medal in 200m backstroke and one bronze medal in 400m freestyle categories. College principal

Pargat Singh Garcha said the achievement was a proud moment for the college. oc/TNS

Covid-3 now cases in diet



		Sr.No713	
Panjab	University Int	er College Sports Competition	
		TO THE PARTY OF TH	
his is to certify	that	Pallavi Sejwal	
/o/D/o Shri	Pardeep Sejwal	and Smt. Asha Rani Sejwal	
		t of GHG Khalsa College of Edu, Gurusar Sadhar	
ecured First	position in	Swimming (200 M Butterfly)	

for the session

Total No. of Teams/Individuals Participated

position in

06-08 Dec 2021

CHANDIGARH Date: 03.03.2022

secured

competition held on



SrNo	711	
SILIVO		

### Panjab University Inter College Sports Competition



This is to certif	fy that	that Pallavi Sejwal		
S/o/D/o Shri	Pardeep Sejwal	and Smt.	sha Rani Sejwal	
University Regd. I	No. xxxxxxxxxxx student of	GHG Khalsa Colle	ge of Edu, Gurusar Sadhar	
secured Sec	ond position in	Swim	ming (100 M Butterfly)	
competition held or	n06-08 Dec 2021	for the session	2021-22	
Total No. of Team	s/Individuals Participated		Five	
CHANDIGARH	Dy: Dierctor Pb. Panjab Jinivefsity Chandidant ( )	Sports Committee,	Director Phy. Edu. & Sports-cum Secretary Panjab University Sports Committee, Chandigarh	



### Panjab University Inter College Sports Competition



This is to certify	that	Pallavi Sejwal	
S/o/D/o Shri	Pardeep Sejwal	_ and Smt	Asha Rani Sejwal
University Regd. No.	xxxxxxxxxxx student oj	GHG Khalsa Co	llege of Edu, Gurusar Sadhar
securedThird	position in	Swimming (50	M Butterfly)
competition held on	06-08 Dec 2021	for the session	2021-22
Total No. of Teams/In	dividuals Participated		Five
CHANDIGARH	Dy Dierctor Dhy Panjab thivershy	. Edu. cum Dy. Secretar	Director Physical & Sports-cum secretary Panjab University Sports Committee,



Sr.No	700	

### Panjab University Inter College Sports Competition



This is to certify	that	Pallavi Sejwal	
S/o/D/o Shri	Pardeep Sejwal	and Smt	Asha Rani Sejwal
University Regd. No.	xxxxxxxxxxx student of	GHG Khalsa Co	llege of Edu, Gurusar Sadhar
secured Third	position in	Swimming (50	) M Breast Stroke)
competition held on_	06-08 Dec 2021	for the session	2021-22
C- (#10)	Individuals Participated		Prashan Partam
CHANDIGARH	By Dierctor Phy Panjah University	Eddcumby. Secreta Sports Committee,	Director Phy. Edu. & Sports-cum Secretary Panjab University Sports Committee, Chandigarh

Date: 03.03.2022





683

### Panjab University Inter College Sports Competition



This is to certify	that	Pallavi Sejwal	
S/o/D/o Shri	Pardeep Sejwal	_ and Smt	Asha Rani Sejwal
University Regd. No. 3	oxxxxxxxxx student of	GHG Khalsa Co	llege of Edu, Gurusar Sadhar
securedFirst	position in	Swimming (40	00 M Free Style)
competition held on	06-08 Dec 2021	for the session	2021-22
Total No. of Teams/In	dividuals Participated		Five
	10	7	Isashan Rautam
CHANDIGAPH Date 03.03.2022	Parish brivenity	Pour Committee,	ry Director PNy, Edil & Sports-ourn Settlerary Panjab University Sports Committee, Chandigath



Sr.No	680
•	

# Panjab University Inter College Sports Competition



This is to certify	that	Pallavi Sejwal
c/- /D/o Shri	Pardeep Sejwal	and Smt Asha Rani Sejwal
1) niversity Read. No	o. xxxxxxxxxx student of	GHG Khalsa College of Edu, Gurusar Sadhar
secured First	position in	Swimming (200 M Free Style)
competition held on	06-08 Dec 2021	for the session 2021-22
	/Individuals Participated	Resharifautam
CHANDIGARH	Dy Dierctor Ph Panjab Universit Chantsjath	Director Phy. Edu. & Sports-cum Secretary Panjab University Sports Committee, Chandigarti

Date: 03.03.2022



Sr.No	677	

### Panjab University Inter College Sports Competition



This is to certify that	Pallavi Sejwal	
S/o/D/o ShriPardeep Sejwal	and Smt	Asha Rani Sejwal
University Regd. No. xxxxxxxxxx student	of GHG Khalsa Coll	ege of Edu, Gurusar Sadhar
securedFirst position in	Swimming (100	OM Free Style)
competition held on06-08 Dec 2021	for the session	2021-22
Total No. of Teams/Individuals Participated		Five
CUANDICARU PR. Diagrapa Bh	y. Edu-cum.Dy, Secretary	Director Prince Land Sports Company
CHANDIGARH Date: 03.03.2022  Chandigath Chandigath	Sports Committee,	Panjab University Sports Committee, Chandigarh

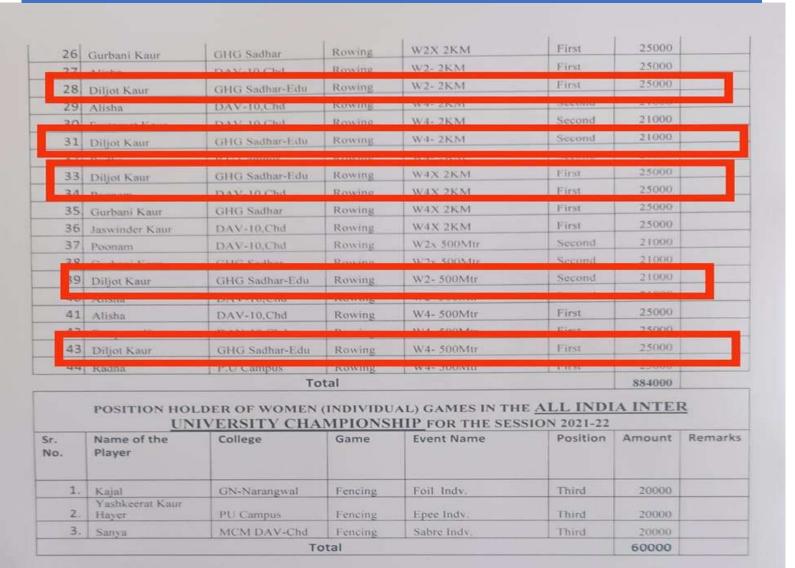


# All India Inter University Winner GHGKCE Students: Diljot Kaur





### **Cash Prizes for Inter University Positions**





# ਜੀ . ਐੱਚ . ਜੀ . ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਦੀ ਵਿਦਿਆਰਥਣ ਦੀ ਸ਼ਾਨਦਾਰ ਪ੍ਰਾਪਤੀ

ਗੁਰੂਸਰ ਸੁਧਾਰ • ਹਰਪ੍ਰੀਤ ਲਾਡੀ ਸਿੱਧੂ

ਜੀ. ਐੱਚ. ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸਨ, ਗੁਰੂਸਰ ਸਧਾਰਨ ਸਾਲ ਦੀ ਵਿਦਿਆਰਥਣ ਦਿਲਜੋਤ ਕੌਰ ਨੇ ਆਲ ਇੰਡੀਆ ਇੰਟਰ ਯੂਨ



ਚੈਂਪੀਅਨਸ਼ਿਪ ਵਿੱਚ ਕਾਲਜ਼ ਕੀਤਾ। ਇਹ ਚੈਂਪੀਅ ਯੂਨੀਵਰਸਿਟੀ ਚੰਡੀਗੜ੍ਹ ਦੇ ਪ ਵੱਲੋਂ ਸੁਖਨਾ ਝੀਲ ਚੰਡੀਗੜ੍ਹ ਰਹੀ ਹੈ। ਦਿਲਜੋਤ ਕੌਰ ਜੋ ਨਿ ਮਲਾਹ ਹੈ, ਨੇ ਚੈਂਪੀਅਨਸ਼ਿਪ ਦੀ ਜੋੜੀ ਵਿੱਚ ਗੋਲਡ ਮੈਡਲ ਵਿੱਚ ਇੱਕ ਚਾਂਦੀ ਦਾ ਤ ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਪਰ ਨੇ ਦਿਲਜੋਤ ਕੌਰ ਦੀ ਇਸ ਪ੍ਰ ਕੀਤੀ ਅਤੇ ਕਿਹਾ ਕਿ ਇਸ ਪ੍ਰ

ਬਲਜਿੰਦਰ ਸਿੰਘ ਦੇ ਮਾਰਗ ਦਰਸਨ ਦਾ ਬਹੁਤ ਵੱਡਾ ਹੱਥ ਹੈ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ ਹਮੇਸ਼ਾ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਸਰਬਪੱ ਸਮਰਪਿਤ ਰਿਹਾ ਹੈ। ਮਨਜੀਤ ਸਿੰਘ ਗਿੱਲ, ਪ੍ਰਧਾਨ ਕਾਲਜ ਗਵਰਨਿ ਡਾ.ਐਸ.ਐਸ.ਥਿੰਦ, ਸਕੱਤਰ ਕਾਲਜ ਗਵਰਨਿੰਗ ਕੌਂਸਲ ਨੇ ਸ਼੍ਰੀਮਤੀ ਦਿ ਪਰਗਟ ਸਿੰਘ ਗਰਚਾ ਅਤੇ ਫੈਕਲਟੀ ਮੈਂਬਰਾਂ ਨੂੰ ਇਸ ਸ਼ਾਨਦਾਰ ਪ੍ਰਾਪਤੀ ਲਏ



### **Bronze Medal**





	1401
	1421
Sr. No.	

### Planjah University Inter College Sports Competition



This is to certify that
S/o/D/o Shri Gurjit Singh and Smt. Palvinder Kgu
University Regd. No. student of GHG Kh. College of Edy Giunson Sadher
secured Arst position in Rowing (LUIX)
competition held on 6/3/22 to 7/3/22 for the session 2021-22
Total No. of Teams/Individuals Participated Five
Rashart Rautum

CHANDIGARH

Date 108122



Director Phy. Edu. & Sports-cum-Secretary, Panjab University Sports Committee, Chandigarh

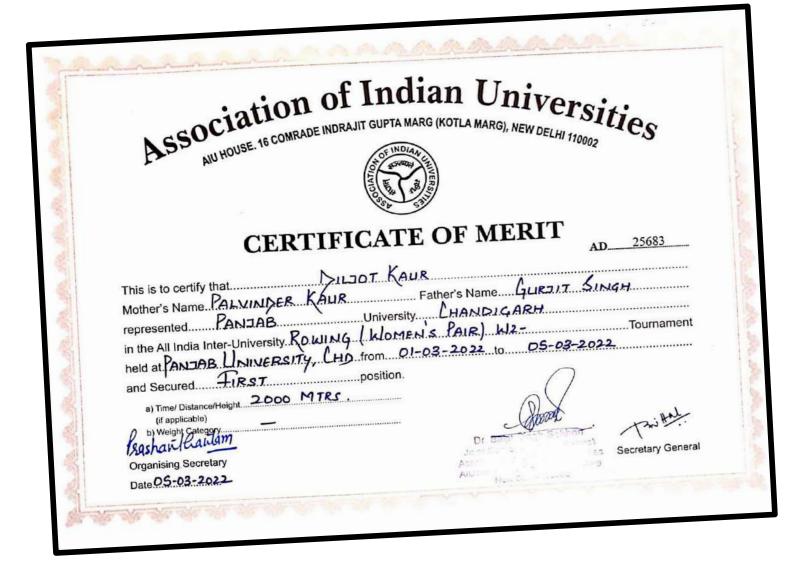








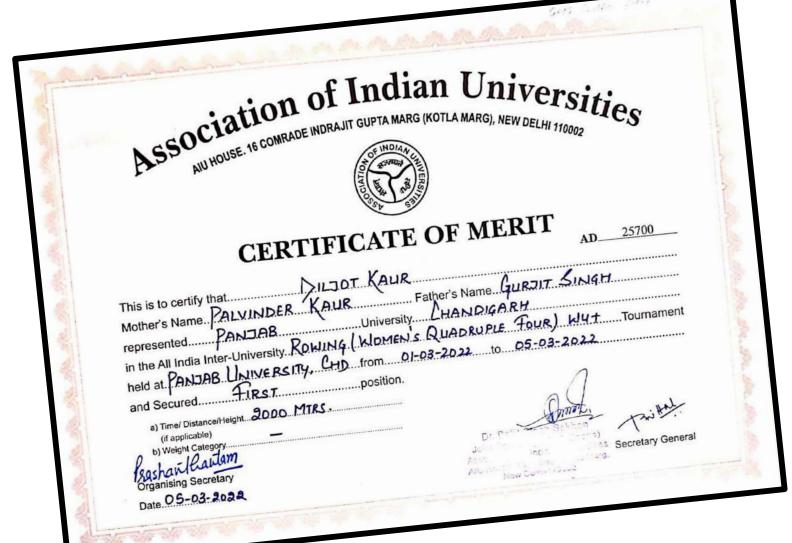




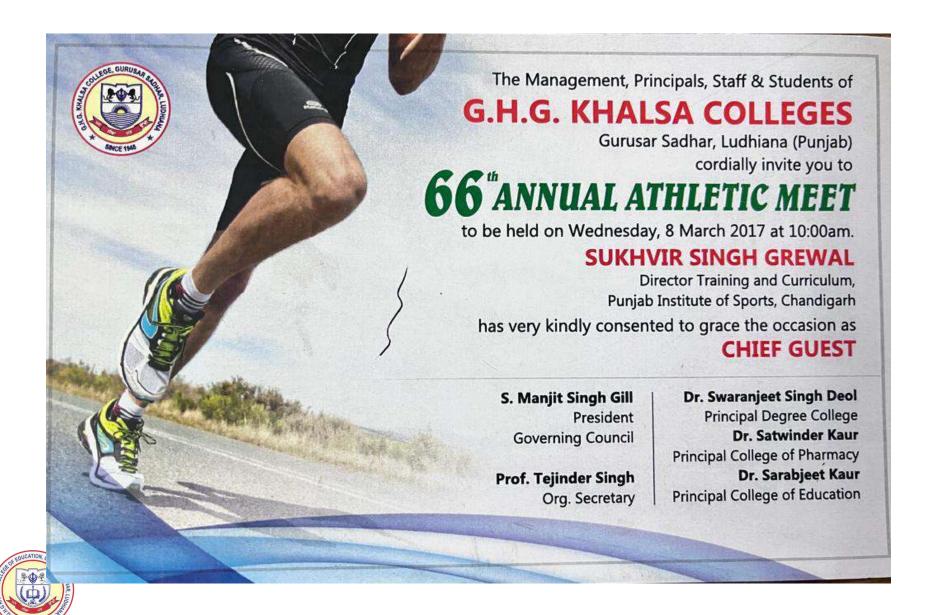












# Annual Athletic Meet -2018





### NOTICE

There will be no Tg. Work on 16.02.2018. All the students and staff members should report in Degree College at 8.30 a.m. to attend Annual Athletic Meet.

Procedure Adopted for Athletic Meet endance must be taken It is compulsory for all the students to come in college up in the beginning and end of the day by the teacher/house incl

Dated: 15.02.2018



### OFFICE ORDER

### DUTY LIST

For smooth conduct of the Annual Athletic Meet of the College scheduled for February 16, 2018, duties of the Staff Members will be as under:-

Ser No.	Duties	Responsibility
1.	Organising Secretary	- Prof. Gurmit Singh.
2.	Reception Committee	1. Dr. Sarbjit Kaur. 2. Dr. Manu Chadha.
		3. Prof. Ajit Singh.
3.	Stage/Decoration/Tent & Sound	1. Frof. Gurpart p Singh. 2. Dr. Davip
		3. S. Gu 10et h Hathon
1.	Stage/Announcement	1. P. Kaur. J. Carla Singh Garcha.
5.	Prizes/Certificates	of Al Manu Chadha.
6.	Refreshment	1.Dr. Jasbir Kaur.  2. Prof.Sukhjitpal Kaur.
7.	Stage/Decoration/Tent & Sound  Stage/Announcement  Prizes/Certificates  Refreshment  Press Coverage/ Procedure Adopted  Procedure Adopted  Field & Tok Judges	1. S. Ajit Singh. 2. Dr. Jagjit Singh. 3. Prof. Mini Sharma
	Field & Took Judges	4. Prof. Sukhjitpal Kaur. The
8.	Field & Took Judges	3. Dr. Jagjit Singh. Josh
		4. Prof. Rupinderjit Kaur.  5. S. Gurmeet Singh Hathoor.  6. S. Jagtar Singh.
9.	Record Maintenance	1. Dr. Jasvir Kaur. 2. Dr. Ramandeep Kaur Sidhus
10.	March Past	House Incharges



Dr. Sarbjit Kaur Principal OF EDUCATION Gurusar Sadhar (Ludhtana)













Khalsa College of Education, Gurusar Sadhar (Ludhian

Annual Athletic Meet

(2017-18)

RESULT CARD

Event: Shot fut Male/Female .. Pemale

Sr. No.	Name of Student	Father's Name	House	Roll No.	Place
1.	Bhupinder Kaya	S. Januail Singy		16	First
2.	Jasleen kaux	S. GUMNEWAR Singy		273	Second
3.		S. Anglej		318	Third

Official Incharge of the Event:

Name: D. Ramandeeps Kau Sidhe

Recorder:

Name: In Jasvis Law







Annual Athletic Meet

(2017-18)

RESULT CARD

Event: Discuss. Thew

Male/Female Female

Sr. No.	Name of Student	Father's Name	House	Roll No.	Place
1.	Jaswinder Kaun	s Mayit		207	First
2.	Bhupindu Koun	S. Swannie Singly		16	Second
3.	Jasleen Faux	S. Garhowala Singra		273	Third

Official Incharge of the Event:

Name: De lamondeep

Recorder

Name Les Jewy Low

Signature ....

Prof. Gurmeet Singh Organizing Secretary Dr. Sarbjit Kaur
Principal Principal
And KHALSA COLLEGE
OF EDUCATION

### Athletics (2017-18)

ACCOLADES IN SPORTS (University level)

The current session was again an eventful one for the sports wing of the college. Regular coaching sessions provided by Prof. Gurmeet Singh during and after college hours helped the athletes and players to bone and sharpen their skills which they displayed on the Panjah University Grounds.

Panjab University Annual Athletic Championship Evening and Education Colleges Session 2017-18

Name of the athlete	Event	Position/medal
Beant Singh	Shot put	Gold
Beant Singh	Discuss Throw	Silver
Nirmal Singh	800 mtrs	Silver
Nirmal Singh	1500 mtrs	Bronze
Bhupinder Singh	100 mtrs	Bronze

Panjab University Annual Sports Championship Evening and Education Colleges Gold Medal in Basketball Championship (Boys)

### Team players

Hartaj Singh	Bhupinder Singh	Lovepreet Singh
Rampal Singh	Gurjot Singh	Jaspreet Singh
Nirmal Sungh	Sukhwinder Singh	Gurvinder Singh
Sukhdev Singh	Harjit Singh	Manjioder Singh
Davinder Singh	Harpreet Singh	

ONG PALSACTUATO

### Gold Medal in Badminton Championship (Girls)

### Team players

0		
Kavya G.	Jaswinder Kaur	Bhupinder Kaur
Jasleen Kaur	Gurleen Kaur	

### Silver Medal in Volley Ball Championship (Boys)

### Team Players

Hartaj Singh	Bhupinder Singh	Lovepreet Singh
Rampal Singh	Gurjot Singh	Jaspreet Singh
Nirmal Singh	Sukhwinder Singh	Gurvinder Singh
Sukhdev Singh	Harjit Singh	Manjinder Singh
Davinder Singh	Sukhvir Singh	

ANG KHALSA COLLEGE OF EDUCATION Common Section II within

GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana

67th Annual Athletic Meet (2017-18)

G.H.G. Khalsa Colleges, Gurusar Sadhar, organized the 67th Annual Athletic Meet on February 16, 2018. The Chief Guest on the occasion Mrs. Lalita K. Sharma, Director Incharge, Regional Centre Chandigarh, Sports Authority of India was welcomed by S. Manjit Singh Gill, President, Dr. S.S. Thind, Secretary, Lt. Gen. (Retd.) Iqbal Singh Singha, Director, Dr. H.S. Brar, Registrar, Dr. S.S. Deol, Principal Degree College, Dr. Satwinder Kaur, Principal College of Pharmacy and Dr. Sarbjit Kaur, Principal College of Education. The Chief Guest was given honorary salute by the contingents representing the three participating colleges, NCC and NSS wings during March-Past followed by a flag hoisting ceremony. The annual report of the three colleges highlighting the achievement in sports was presented by Dr. S.S. Deol, Principal, G.H.G Khalsa College, Gurusar Sadhar.

In her address, Mrs. Lalita K. Sharma expressed her great appreciation for the contribution of immaculate infrastructural provisions by the college to the students in their outstanding achievements. Upon seeing the impact the college was having in the rural setting, she expressed her keen desire in making this college a part of the 'Khelo India' scheme. She was accompanied by Dr. Harbans Singh, President, SAI Ludhiana Centre. The students from G.H.G. Khalsa College, G.H.G. Khalsa College of Education and G.H.G. Khalsa College Pharmacy participated in various athletic events. The occasion was also graced by (Retd.) Ram Singh Kular, S. Pyara Singh Natt, S. Jagga Sadhar, S. Surinderpal Sing Sh. Ram Prashad, S. Joginder Singh Ghuman, S. Kartar Singh Gill, S. Ranjit Singh G Sarwan Singh and Dr. Jagjit Singh Brar. The efforts of Prof. Gurmeet Singh, Head, Department of Physical Education, were duly appreciated. The felicitation ceremony marked the closing of the Meet.

- o Trophy for the Overall Best House in Sports was bagged by the Hope House.
- Nirmal Singh of Hope House was declared as the Best Athlete among boys.
- Jaswinder Kaur of Hope House was declared Best Athlete among girls.



### DIRECTORATE OF SPORTS. PANJAB UNIVERSITY CHANDIGARH SPEED POST/REGD.

Dated: 09-16-17

The Principals of all the affiliated Colleges & Director Phy. Edu & Sports, Campus Sports.

Panjab University Annual Athletic Meet for Men, Women, Education Colleges (Men & Women) for the session 2017-18.

### Dear Sir/Madam,

Panjab University Annual Athletic Meet for Men, Women, Education Colleges (Men & Women) will be held from 02.11.2017 to 04.11.2017 on first day i.e. 02.11.2017 the event will be start from 6.00 am onward at Panjab University grounds, Chandigarh. A copy of tentative programme for the said meet is being enclosed herewith. The organizers will have the right to make any change in the programme if, necessary.

Please Note: Decathlon (Men), Heptathlon n), Walk & Half Marathon (Men & Women), 4x100 M. Relay & 4x400 M. Relay (Men & Wome ns will be organized along with P.U. Annual Athletic Meet from 02.11.2017 to 04.11.2017.

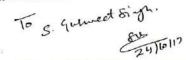
Participation in PU Competitions na of your athletic team must reach in the office of the railing which no athlete will be allowed to take part in the in has already been sent to all the affiliated colleges in the beginning team must carry with him/her the latest Identity Card, duly signed by the

chest numbers will be distributed in the Managers Meeting on 01.11.2017 at 3.00 p.m.

As per the rules of Athletics Federation of India an athlete is allowed to participate in any of two

The points to decide the Best Athlete during P.U. Inter College Annual Athletic Meet will be calculated as per the latest rules of Athletics Federation of India.

- 1. Competition will be held as per the rules and regulation adopted by the IAAF and the guidelines issued by AFI and AIU.
- Synopsis of competition venue:
  - a) Eight lane grassy running track
  - One runway for Long Jump and Triple Jump
  - One runway for Pole Vault
  - One runway for High Jump
  - One Circle for Shot Put
  - One Circle for Discus Throw & Hammer Throw
- 3. Warming up area: Full fledged grassy warming up area is located at the northern side of main
- 4. Equipment: The IAAF/AFI certified equipment will be used in the competition. The organizers will supply all the official equipment for the championship. Use of personal equipment will be allowed under the condition specified in IAAF Rule 187.2. Team leaders are requested to submit such equipment to the TIC for necessary checking one day prior to the day of the competition. These equipment will then be available to all other competitors.

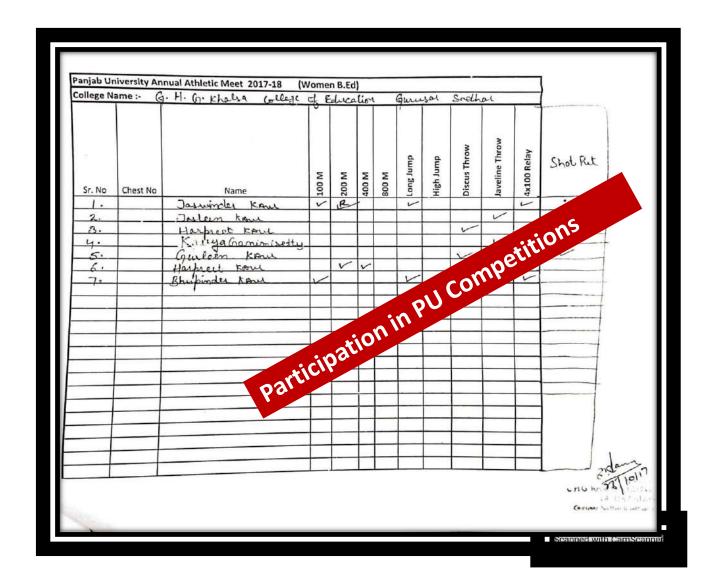


Sr. No	Sh N		100 M	200 M	400 M	800 M	1500 M	Long	High Jump	Discus	Javeline Throw	4x100
31. NO	Chest No	Name O o o o o o o o o o o o o o o o o o o	10	20	4	8	15	D F	图	Pis 4	Ja T	4x
2.		Beant Sigh										1,8
3.		Subhwinder sigh Nirmal Sigh Bhupinder sigh Daumler sigh Vivel Atwal Gurprett sigh Mandeep sigh Subhder sigh Guryot sigh Pa Abhibaran sigh Rampal Singh						. 8.	10	5 4		
4.		Bhylinde sign	V	L		V		e i	ioi,			
5.		Darrolly Sixty					m	ber.	سما			
6		Vivel Atual				21)	01.				18.	
7.		Gupret Sinch			nic	Y			1			
8.		Mandeep Sinch		atio	"							1
9.		Suphden Single	ticis	30	V	也	V					-
10'		Guryot singh Pa								T.	1	
11+		Abhiparan sigh								V		1
12.		Rampal Singh				~	V				LB	
											1	-



College N	iversity An	nual Athletic Meet 2017-18 (1 1-H G. Khalga (alage	Men eve	& Edu.)		ujul	Sadhal						300%
Sr. No	Chest No	Name	M 001	M 002	400 M	800 M	1500 M	Long	High Jump	Discus	Javeline Throw	4x100 Relay	Shot Ru
1.	1132	Boant Singh							4		10		
2.	1133	Subhwinder Sigh	part							~	عم		
3.	1134	Nismal Sigh			V	V				citi	01,		
4.	1135	Bhupinder sigh	1	~				(	ر اور	Serie		~	
5.	1136	Davinder sigh						CO	un		-		
6.	1137	Viveh Atwal		-			PU		.0.		199-		
7.	1138	Gupreet singh	-			nin	''		100			1	
8.	1139	Mandeep Singh	1		atic					-		-	-
9.	1140	Suphden Sigh		icip		We -	-		-	-			
10,	With Take	Guyot sigh	691						-			1	1
11.	1142	Abhibaram sigh				~	1	+		1			-
12.	1143	Rampal Singh	+	1		-	1		1	-	1	+	+
	_		+										
									1	+	+		1
			+	+-	+	-		1		+	+	+	+





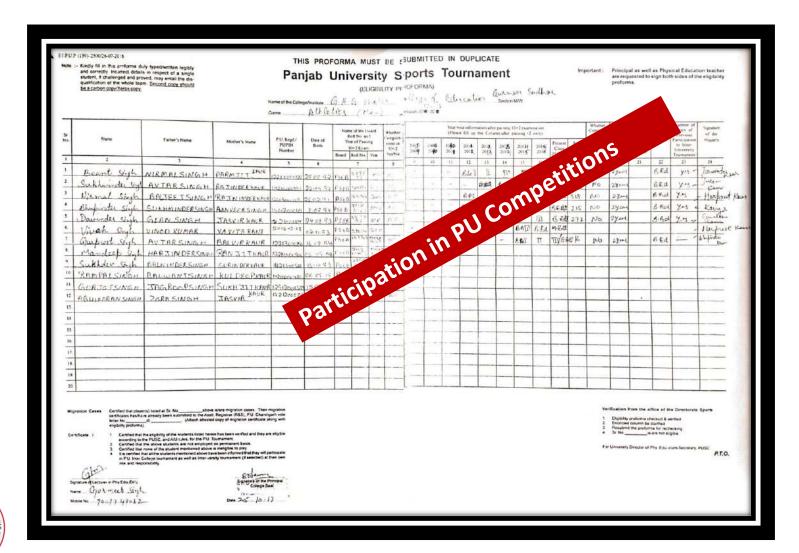


		PU ANNUAL	ATHLETICS MEET-2017	
		Day 1 2-4 N	ovember, 2017 (Tuesday)	
Venue: PU	Grounds, Chan	digarh Dates	2nd to 4th November, 2017	
Event No.	Time	Event	Category	Round
101	6.00 AM	10000M		
102	7.15 AM		Men	Final
102	TI TO AIVI	10000 M	Women	Final
			of Athletes: 8.00 AM	
Event No.	Time		JRATION: 9.00 A.M.	
103	10.00 AM	Event	Category	Round
103	A CONTRACTOR OF THE PARTY OF	100 M	Men	Heats
105	10.00 AM	Shot Put	Men (Evé. & Edu.)	Final Final
	10.15 AM	Pole Vault	Men	
106	10.30 AM	100 M .	Women	Heats
107	11.00 AM	100 M	Men (Eve. & Edu.)	Heats
108	11.00 AM	Shot Put	Women (only B.Ed.)	Final Heats
109	11.30 AM	100 M	Women (only B.Ed.)	Semi-Final
110	11.50 AM	100 M	Men	Semi-Final
111	12.00 Noon	100 M	Women	
112	12.00 Noon	Shot Put	- Men	Final
113	12.10 PM	400 M	Men	Heats
114	12.25 PM	400 M	Women	Heats
115	12.40 PM	800 M	Men (Eve. & Edu.) Women (gnly B.Ed.)	:var.
116	12.55PM	800 M	Mon (Fire & Edu.)	*iCIP
117	1.15 PM	100 M	Men (Eve & Edu.)	Final Heats Heats Heats Heats Final
118	1.20 PM	100 M	Women (only B.Ed.)	1000
119	1.30 PM	Shot Put		
120	1.30 PM	Discus Throw	Men (Eve. & Edu.)	Final
121	1.30 PM	100 M	Men	Final
122	1.35 PM	100 M	Women	Final
123	1.50 PM	400 M	Men	Semi Final
124	2.10 PM	400 M	Women	Semi Final
125	2.20 PM	800 M	Men (Eve. & Edu.)	Final
126	2.40 PM	800 M	Women (only B.Ed.)	Final
123	3.10 PM	Discus Throw	Women (only B.Ed.)	Final
123	3.15 PM	4x100 M Relay	Men (Eve. & Edu.)	Final
124	3.30 PM	4x100 M Relay	Women (only B.Ed.)	Final
125	3.50 PM	1500 M	Men	Heats
126	4.00 PM	1500 M	Women	Heats
127	4.10 PM	400 M	. Men	Final
128	4.20 PM	400 M	Women	Final .

	Medal Cere	monies will be he	Id immediate	ly after e	very event	
	D	ay-2 3rd Novemi	per. 2017 (We	inesday		
Event No.	Time	Event	Category		Round	
201	8.00 AM	Long Jump	Men (Eve. &	du.)	Final	
202	8 10 AM	110 M Hurdles	Men		Heats	
203	8 30 AM	1500 M	Men		Final	
204	8 40 AM	1500 M	Women		Final	
205	8 50 AM	4x100 M Relay	Men		Heats	
206	9.00 AM	4x100 M relay	Women		Heats	
207	9 00 AM	Discus Throw	Women		Final	
208	9 00 AM	Long Jump	Women (only	B.Ed.)	Final	
209	09 30 AM	100 M Hurdles	Women	1	Heptathlon Event-1	
210	09.45 AM	100 M	Men		Decathlon Event-1	
211	10.00 AM	Discus Throw	Men		Final	
212	10.00 AM	High Jump	omen		Heptathlon Event-2	
213	10.00 AM	400 M	(Eve. &	Edu.)	Heats	
214	10.15 AM	Assessment	en (only		Heats _	
215	10 30 A		wen (Eve. &		Final	
216	20 AM 11.30 AM 11.30 AM 11.40 AM 11.50 AM	לה	Men	1	Decathlon Event-2	
217	iC		Men		Heats	
	*10.	00 M	Women		Heats	
-0	<b>D</b> 100	Long Jump	Men	i	Final	
$\gamma_{\Omega_{\Omega_{1}}}$	.20 AM	Javelin Throw	Women	1	Final	
۸,۱,۲	11.30 AM	High Jump	Women (only	B.Ed.)	Final	
422	11.40 AM	Shot Put	Women		Heptathlon Event-3	
223	11.50 AM	110 M Hurdles	Men	1	Final	
224	11.30 AM	Javelin Throw	Men (Eve. &	Edu.)	Final	
225	12.20 PM	Javelin Throw	Men	1	Final	
226	12.30 PM	200 M	Men		Semi Final	
227	12.40 PM	200 M	Women		Semi Final	
228	12.40 PM	Long Jump	Women		Final	
229	12.50 PM	High Jump	Men (Eve. &	Edu.)	Final	
230	12.50 PM	Shot Put	Men		Decathlon Event-3	
231	12.50 PM	400 M	Women (onl	B.Ed.)	Final	
232	1.00 PM	400 M	Men (Eve. &	Edu.)	Final	
233	1.00 PM	Javelin Throw	Women (onl	B.Ed.)	Final	
234	1.30 PM	5000 M	Men		Final	
235	1.30 PM	High Jump	Men	1	Decathlon Event-4	
236	2.00 PM	200 M	Women		Heptathlon Event-	
237	2.15 PM	200 M	Wemen (on	B.Ed.)	Heats	
238	2.30 PM	200 M	Men (Eve. &	Edu.)	Heats	
239	2.45 PM	200 M	Men		Final	
240	3.00 PM	200 M	Women		Final	
241	3.15 PM	400 M	Men		Decathlon Event-	
242	3.30 PM	5000 M	Women		Final	
242	4.00 PM	200 M	Women (on	B Ed)	Final	
	4.00 PM	200 M	Men (Eve. 8	(Edu.)	Final	
244	4.15 PM	4x100 M Relay	Men	1	Final	
245		4x100 M Relay		1	Final	
246	4.30 PM	20 KM Walk	Men	1	Final	
247	4.30 PM	20 KM Walk	Women	1	Final	
248	4.30 PM	20 KIVI VVaik	Wollien	1	T. Artai	

Meda	I Ceremoni	es will be held in	modiata	after every event
Media	DAY-3	4th November	2017 /Th	after every event
Event No.	Time	Event	Category	Round
301	6.30 AM	3000 SC	Men	
302	6.30 AM	Half Marathon	Men	Final Final
303	6.30 AM	Half Marathon	Womer	1, 11, 12, 12, 12, 12, 12, 12, 12, 12, 1
304	6.45 AM	3000 SC	Women	Final
305	8.00 AM	4x400 M Relay	Men .	Heats
306	8.30 AM	4x400 M Relay	Women	Heats
307	8.45 AM	400 1411 11	111	112
308	09.30 AM	110 M Hurdles	Men ·	Heats Decathlon Event-6 Heptathlon Event-5 Final Heats Heat Heat Final Final Heptathlon Event-7 Heats Final Heptathlon Event-6 Decathlon Event-8 Final
309	09.45 AM	Long lump	Women	Hentathlon Event-5
310	09.45 AM	Hammer Throw	Men	Final
311	09.45 AM	800 M	MEN	Heats
- 312	10.00 AM	400 M Hurdles	Men	Hear MO
313	10.15 AM	100 M Hurdles	Women	Co
314	10.30 AM	800 M	WOM	Uq
315	10.45 AM	Discus Throw	71	athlon Event-7
316	11.00 AM	400 M Hurd	$"\Omega_{Oi}$	Heats
317	11.15 AM	Triple . ~?	.d	Final
318	11.30 AM	III ricit	Women	Final
319	12.15 PM	03/11	Women	Heptathlon Event-6
320	12.30 PM	ault	Men	Decathlon Event-8
321	1.15 PM	400 M Hurdles		Final
322	1.30 PM	High Jump	Women	Final
323	1.30 PM	400 M Hurdles	Women	Final
324	1.35 PM	Triple Jump	Men	Final
325	1.45 PM	800 M	MEN	Final
326	1.50 PM	800 M	WOMEN	Final
327	2.00 PM	800 M	Women	Heptathlon Event-7
328	2.15 PM	Javelin Throw	Men	Decathlon Event-9
329	2.30 PM	High Jump	Men	Final
330	3.15 PM	1500 M	Men	Decathlon Event-10
331	3.30 PM	4x400 M Relay	Men	Final
332	3.45 PM	4x400 M Relay	Women	Final
Meda	l Ceremonia		mediarely	after every event
Meda	Cercinoni		- 1	•







# Annual Athletic Meet -2019



Estd. 1948



The Management, Principals, Staff & Students of

#### G.H.G. KHALSA COLLEGES

(Accredited by NAAC with 'A' Grade)

Gurusar Sadhar, Ludhiana (Punjab) cordially invite you to

#### 8"ANNUAL Bathletics Meet

Closing Ceremony & Prize Distribution
on 14 March 2019 at 11.30 AM

CHIEF GUEST

Mr. Sanjay Kumar, IAS

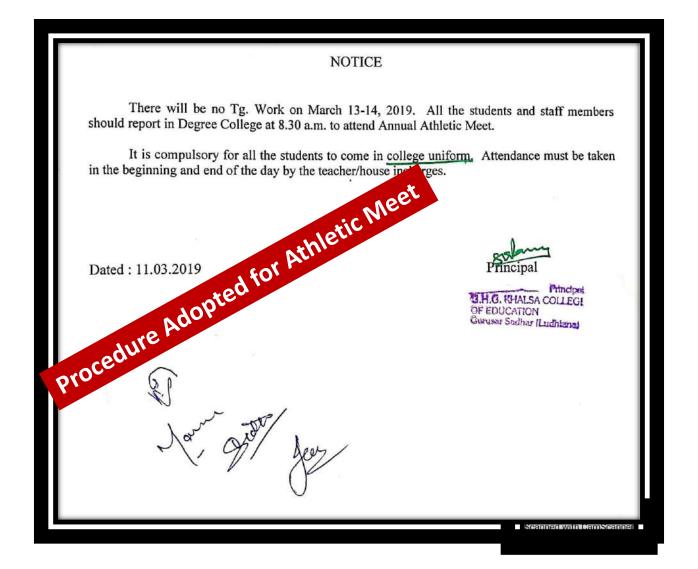
(Secretary Sports, Government of Punjab)

S. Manjit Singh Gill President, Governing Council Principal Jaswant Singh Principal Dr. Satvinder Kaur Principal Dr. Sarabjeet Kaur S. Tejinder Singh Sidhu Organising Secretary M. 95014-87200

ghgkcgs@gmail.com

Phone:+91-1624-275227, 275469

www.ghgcollegesadhar.org





## For smooth conduct of the Annual Athletic Meet of the College scheduled for March 13-14, 2019, duties of the Staff Members will be as under:-

Sr No.	Duties	Responsibility
1.	Stage/Decoration/Tent & Sound	1 D. D. 1 1 77
		2. S. Graneet Singh Hathoor.
2.	Stage Announcement  Prizes/Certificates  Refree for Athletic  Refree very graph of the sound of	Meet in Kaur.
3.	Prizes/Certificates	1. Dr. Manu Chadha.
	sor All	2. Dr. Ramandeep Kaur Sidhu.
4.	Refree	1. Dr. Jasbir Kaur. Januar
	40pr	2. Dr. Satveer Kaur
.,ve	overage/ Report Writing	1. Dr. Jagjit Singh.
gu.		2. Dr. Mini Sharma.
6.	Field & Track Judges	1. Dr. Rachhpal Singh. Office
	7.	2.Mr. Gurpartap Singh
	<u>-</u>	3. Dr. Jagjit Singh. \&
7/	Record Maintenance	1. Dr. Jasvir Kaur.
		2. Mrs. Rupinderjit Kaur. Ohome
8.	March Past	House Incharges



12-03-2019

## Hindustan Times (14/03/2019) 68th sports meet kicks off at GHG Khalsa College, Gurusary and GHG College, Gurmacy, and GHG College, Gurday, and GHG College, followed by a march past and a flag hoisting. HT Correspondent LUDHIANA: The 68th annual sector of the college, Gurusary and GHG College, Gurusary and GHG College, Followed by a march past and a flag hoisting. Bhagwant Singh Confessor, Texas University of the sector of the college, Texas University of the sector of the college, followed by a march past and a flag hoisting.

a Education are participating in the two-day event.

Jagjit Singh Talwandi, a member executive committee, Shiromani Gurdwara Parbandhak Committee, was the chief guest. He declared the meet open. Principal Jaswant Singh

a march past and a flag hoisting ceremony.

An alumnus, Satinder Pal Singh Sidhwan, was the guest of honour. He advised the youngsters to aim high while staying rooted in culture.

The brothers and alumni.

Bhagwant Singh Ghuman, professor, Texas University, US, and principal, Harbans Singh Ghuman, announced to donate ₹25 lakh through an endowment fund for the welfare of the college, the amount of which would increase to ₹1 crore over the

Lt Gen IS Singha (retd), director of the college expressed Press Coverage of Athletic Meet gratitude towards the distin-



S131201 (14/05) 2017)

ਕਰਦਿਆਂ ਏਸ਼ੀਅਨ ਪੈਰਾ ਉਲੰਪਿਕ ਸੋਨ

ਜਸਵਿੰਦਰ ਸਿੰਘ ਗਰੇਵਾਲ)-ਗਰ ਸ਼ਮਣੀ ਗਰਦਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਪਹੁੰਚੇ। ਪ੍ਰਿਸੀਪਲ ਜਸਵੰਤ ਸਿੰਘ ਨੇ ਮੁੱਖ ਮਹਿਮਾਨਾਂ ਤੇ ਹੋਰ ਪਤਵੰਤੇ ਸੱਜਣਾਂ ਨੂੰ ਜੀ ਖੇਡ ਗਤੀਵਿਧੀਆਂ ਦੀ ਰਿਪੋਰਟ ਪੇਸ਼

ਜਸਵੰਤ ਸਿੰਘ ਤੇ ਸਮੂਹ ਸਟਾਫ਼ ਮੈਂਬਰ।

ਤਗਮਾ ਜੇਤੂ ਤੇ ਜੈਵਲਿਨ ਥੋਂ ਵਿਚ ਸਿੰਘ ਧਾਲੀਵਾਲ, ਵਿਸ਼ਵ ਰਿਕਾਰਡ ਬਣਾਉਣ ਵਾਲੇ ਸੰਦੀਪ ਚੌਧਰੀ, ਲਗਾਤਾਰ 20ਵੀਂ ਵਾਰ ਹਰਗਬਿੰਦ ਖ਼ਾਲਸਾ ਕਾਲਜ (ਡਿਗਰੀ, ਯੂਨੀਵਰਸਿਟੀ ਚੈਂਪੀਅਨ ਫੁੱਟਬਾਲ ਵਾਰਮੇਸ਼ੀ ਤੇ ਐਜਕੇਸ਼ਨ) ਦੀ ਸਾਲਾਨਾ ਲੜਕੀਆਂ ਤੇ ਲੜਕਿਆਂ ਦੀ ਹਾਕੀ ਟੀਮ ਐਬਲੈਟਿਕ ਮੀਟ ਪੂਰੀ ਸ਼ਾਨੋ-ਸ਼ੌਕਤ ਨਾਲ ਦਾ ਵਿਸ਼ੇਸ਼ ਜ਼ਿਕਰ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਆਰਭ ਹੋ ਗਈ। ਉਦਘਾਟਨੀ ਸਮਾਰਹ 'ਪੰਜਾਬੀ ਲਹਿਰਾਂ' ਟੀ.ਵੀ. ਤੇ ਰੇਡੀਓ ਭਿਚ ਧਾਰਮਿਕ ਤੇ ਵਿੱਦਿਅਕ ਖੇਤਰ ਦੀ ਚੈਨਲ ਦੇ ਸੰਚਾਲਕ ਸਤਿੰਦਰਪਾਲ ਸਿੰਘ ਨਾਮਵਰ ਸ਼ਖ਼ਸ਼ੀਅਤ ਜਥੇਦਾਰ ਜਗਜੀਤ ਸਿੱਧਵਾਂ ਕੈਨੇਡਾ ਵਾਸੀ ਨੇ ਵੀ ਸੰਬੋਧਨ ਸਿੰਘ ਤਲਵੰਡੀ ਕਾਰਜ ਕਾਰਨੀ ਮੈਂਬਰ ਕਰਦਿਆਂ ਕਾਲਜ ਨਾਲ ਜੜੀਆਂ ਯਾਦਾਂ ਨੂੰ ਸਾਂਝਾ ਕੀਤਾ। ਟੈਕਸਾਸ ਯੂਨੀਵਰਸਿਟੀ ਦੇ ਰਿਟਾ. ਪੁੱਫੈਸਰ ਅਤੇ ਕਾਲਜ ਦੇ ਪੁਰਾਣੇ ਵਿਦਿਆਰਥੀ ਡਾ: ਭਗਵੰਤ ਸਿੰਘ ਘੰਮਣ ਆਇਆ ਕਿਹਾ। ਉਨ੍ਹਾਂ ਕਾਲਜ ਦੀਆਂ ਨੇ ਕਾਲਜ ਦੇ ਵਿਕਾਸ ਲਈ 25 ਲੱਖ ਦੀ ਰਾਸ਼ੀ ਦਾ ਐਲਾਨ ਕੀਤਾ। ਕਾਲਜ ਵਲੋਂ ਮੁੱਖ ਮਹਿਮਾਨ ਜਥੇਦਾਰ ਜਗਜੀਤ ਸਿੰਘ

ਤਲਵੰਡੀ ਸਮੇਤ ਡਾ. ਭਗੋਵੰਤ ਸਿੰਘ ਘੰਮਣ, ਸਤਿੰਦਰਪਾਲ ਸਿੰਘ ਸਿੱਧਵਾਂ. ਕਲਤਾਰ ਸਿੰਘ ਸਿੱਧੂ, ਪ੍ਰਿੰਸੀਪਲ ਹਰਬੰਸ ਸਿੰਘ ਘੁੰਮਣ, ਸ਼ਟਿੰਗ ਫੈਡਰੇਸ਼ਨ ਦੇ ਮੈਂਬਰ ਵਿਵੇਕ ਸ਼ਰਮਾਂ ਨੂੰ ਸਨਮਾਨਿਤ ਕੀਤਾ ਗਿਆ। ਅੰਤ ਵਿਚ ਡਾਇਰੈਕਟਰ ਲੈਫ ਜਨਰਲ ਇਕਬਾਲ ਸਿੰਘ ਸਿੰਘਾ ਨੇ ਸਾਰਿਆਂ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਗਵਰਨਿੰਗ ਕੌਂਸਲ ਦੇ ਪਧਾਨ ਮਨਜੀਤ ਸਿੰਘ ਗਿੱਲ, ਸਕੱਤਰ ਡਾ. ਐੱਸ. ਐੱਸ. ਬਿੰਦ, ਰਜਿਸਟਰਾਰ ਡਾ. ਹਰਜਿੰਦਰ ਸਿੰਘ ਬਰਾੜ, ਪਿੰ: ਡਾ ਸਵਨਰਜੀਤ ਸਿੰਘ ਦਿਓਲ (ਰਿਟਾ.), ਪ੍ਰਿੰ: ਡਾ ਸਤਵਿੰਦਰ ਕੌਰ, ਪਿੰ: ਡਾ ਸਰਬਜੀਤ ਕੌਰ, ਇਲਾਕੇ ਦੇ ਪੰਚ-ਸਰਪੰਚ, ਪ੍ਰਿੰਸੀਪਲ ਤੇ ਹੋਰ ਪਤਵੰਤੇ ਸੱਜਣ ਹਾਜ਼ਰ ਸਨ।



## ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਖ਼ਾਲਸਾ ਕਾਲਜ ਦੀ ਸਾਲਾਨਾ ਅਥਲੈਟਿਕ ਮੀਟ ਸ਼ੁਰ

Press Coverage of Athletic Meet

## यमाधी दिधिष्ट्र (15/03/2011)

## ਸਧਾਰ ਕਾਲਜ ਦਾ ਦੋ ਰੋਜ਼ਾ ਖੇਡ ਮੇਟਾ ਾਨੋ-ਸ਼ੌਕਤ ਨਾਲ ਸਮਾਪਤ

ਰਾਮ ਗੋਪਾਲ ਰਾਏਕੋਟੀ ਰਾਏਕੋਟ, 14 ਮਾਰਚ

ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਖਾਲਸਾ ਕਾਲਜ ਸਮੂਹ (ਡਿਗਰੀ, ਫਾਰਮੇਸ਼ੀ ਤੇ ਐਜੂਕੇਸ਼ਨ) ਦਾ ਦੋ ਰੇਜ਼ਾ ਸਾਲਾਨਾ ਖੇਡ ਮੇਲਾ ਸ਼ਾਨੋ-ਸ਼ੌਕਤ ਨਾਲ ਸਮਾਪਤ ਹੋ ਗਿਆ। ਇਸ ਖੇਡ ਮੇਸੇ ਵਿੱਚ ਵਿੱਚ ਸੁਖਵਿੰਦਰ ਕੌਰ-ਲਵਾਈ (ਡਿਗਰੀ ਕਾਲਜ), ਭੂਨਿੰਦ ਅਤੇ ਅਮਨਦੀਪ ਕੌਰ ਤੇ ਰਾਜਦੀਪ ਸਿੰਘ (ਫਾਰਮੇਸ਼ੀ ਕਾਲਜ) ਨੂੰ ਬੈਸਟ ਅਥਲੀਟ ਐਲਾਨਿਆ ਗਿਆ। ਸਰਵੋਤਮ ਅਥਲੀਟ ਐਲਾਨਿਆ ਗਿਆ। ਸਰਵੋਤਮ ਅਥਲੀਟਾਂ ਤੇ 800 ਮੀਟਰ, 100 ਮੀਟਰ, 1500 ਮੀਟਰ, 200 ਮੀਟਰ, ਲੰਬੀ ਛਾਲ, ਉੱਚੀ ਛਾਲ, ਗੱਸਾਵਾਸੀ ਆਦਿ ਖੇਡਾਂ ਚ ਜੇਤੂ ਰਹਿਣ ਵਾਲ ਖਿਡਾਰੀਆਂ ਨੂੰ ਮੁੱਖ ਮਹਿਮਾਨ ਐਡੀਸ਼ਨਲ ਡਾਇਰੈਕਟਰ ਖੇਡ ਤੇ ਯੁਵਕ ਸੇਵਾਵਾਂ ਵਿਭਾਗ, ਪੰਜਾਬ ਸਰਕਾਰ ਸੰਜੇ



ਖੇਡ ਮੇਲੇ 'ਚ ਚੁਣੇ ਗਏ ਬੈਸਟ ਅਥਲੀਟ ਮੁੱਖ ਮਰਿਮਾਨ ਐਡੀਸ਼ਨਲ ਡਾਇਰੈਕਟਰ ਸੰਜੇ ਕੁਮਾਰ ਤੇ ਹੋਰਾਂ ਨਾਲ। ਕੁਮਾਰ ਵੱਲੋਂ ਮੈਡਲਾਂ ਨਾਲ ਸਨਮਾਨਿਤ ਜੀਵਨ ਵਿੱਚ ਸਫਲ ਹੋਣ ਵਿੱਚ ਮੁੱਖ ਕੀਤਾ ਗਿਆ। ਭਮਿਕਾ ਨਿਭਾਉਂਦੀਆਂ ਹਨ। ਇਸ ਮੌਰੇ

ਉਨ੍ਹਾਂ ਆਪਣੇ ਸੰਬੋਧਨ ਵਿੱਚ ਕਿਹਾ ਕਿ ਖੇਡਾਂ ਵਿਦਿਆਰਥੀ ਜੀਵਨ ਦਾ ਹੀ ਨਹੀਂ ਬਲਕਿੱ ਸਮੁੱਚੇ ਮਨੁੱਖੀ ਜੀਵਨ ਦਾ ਅਹਿਮ ਅੰਗ ਹੁੰਦੀਆਂ ਹਨ, ਕਿਉਂਕਿ ਖੇਡਾਂ ਮਨੁੱਖੀ ਮਨ ਵਿੱਚ ਇਕਾਗਰੰਤਾ ਪੈਦਾ ਕਰਕੇ

ਜੀਵਨ ਵਿੱਚ ਸਫਲ ਹੋਣ ਵਿੱਚ ਮੁੱਖ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੀਆਂ ਹਨ। ਇਸ ਮੌਕੇ ਉਨ੍ਹਾਂ ਜੇਤੂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵਧਾਈ ਦਿੰਦੇ ਹੋਏ ਵਿਭਾਗ ਵੱਲੋਂ ਕਾਲਜ ਵਿੱਚ ਖੇਡ ਸਹੂਲਤਾਂ ਪ੍ਰਦਾਨ ਕਰਨ ਦਾ ਵਾਅਦ ਵੀ ਕੀਤਾ ਗਿਆ। ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਜਸਵੰਤ ਸਿੰਘ ਵੱਲੋਂ ਮੁੱਖ ਮਹਿਮਾਨ ਅਤੇ ਹੋਰ ਮਹਿਨਮਾਨਾਂ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ। ਖੇਡਾਂ ਦੀ ਸਮਾਪਤੀ 'ਤੇ ਡਾਇਰੈਕਟਰ ਲੈਫ਼, ਜਨਰਲ (ਰਿਟਾ) ਇਕਬਾਲ ਸਿੰਘ ਵੱਲੋਂ ਆਏ ਮਹਿਮਾਨਾਂ ਅਤੇ ਖਿਡਾਰੀਆਂ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ ਗਿਆ। ਸਮਾਗਮਾਂ ਦੇ ਅਖੀਰ 'ਚ ਕਾਲਜ ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਵਿਦਿਆਰਥਣਾਂ ਵੱਲੋਂ ਭੰਗੜਾ ਅਤੇ ਗਿੱਧਾਂ ਪਾਇਆਂ - ਗਿਆ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਗਵਰਨਿੰਗ ਕੌਂਸਲ ਦੇ ਪ੍ਰਧਾਨ ਮਨਜੀਤ ਸਿੰਘ ਗਿੱਲ, ਡਾ. ਐਸ ਐਸ ਥਿੰਦ, ਡਾ. ਭੰਗਵੰਤ ਸਿੰਘ, ਕਰਮ ਸਿੰਘ, ਡਾ. ਹਰਜਿੰਦਰ ਸਿੰਘ ਬਰਾੜ, ਡਾ. ਸਤਵਿੰਦਰ ਕੌਰ, ਡਾ. ਸਰਬਜੀਤ ਕੌਰ ਰਾਣੰ, ਪੋ. ਤੇਜਿੰਦਰ ਸਿੰਘ, ਡਾ. ਮਨੋਹਰ ਲਾਲ, ਡਾ. ਦਲਜਿੰਦਰ ਸਿੰਘ, ਡਾ. ਸਵਰਨਜੀਤ ਸਿੰਘ ਦਿਓਲ, ਪ੍ਰੋ. ਹਰਦਿਆਲ ਸਿੰਘ, ਜੋਗਿੰਦਰ ਕੌਰ, ਪ੍ਰੋ. ਰਾਜਦੇਵ ਕੌਰ ਤੋਂ ਇਲਾਵਾ ਇਲਾਕੇ ਦੇ ਪਤਵੰਤੇ ਹਾਜ਼ਰ ਸਨ।











GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana 68<sup>th</sup> Annual Athletic Meet (2018-19)

#### 68th Annual Athletic Meet

Khalsa College of Education, Gurusar Sadharin association with its sister institutes; valsa College and College of Pharmacy organized 68th Annual Athletic Meet on 13-14, 2019. S. Jagjit Singh Talwandi, Member Executive Committee, SGPC and Mr. Sanjay Kumar, IAS, Additional Chief Secretary, Sports and Youth Services, Govt. of Punjab were chief Guest for the opening and closing ceremony respectively of the Annual Athletic Meet. The athletes of the college participated in 100m, 200m, 400m and relay races. Other events included were shot-put, long jump and discus throw. S. Jagjit Singh Talwandi while speaking on the occasion advised the budding youngsters to aim high while staying rooted in the culture. Mr. Sanjay Kumar applauded the efforts of the students by saying that they have carved a niche for themselves in both sports as well as academic domains. Jaspreet Singh and Bhupinder Kaur of B.Ed Semester IV were declared as the best athlete among boys and girls respectively. The event was also graced by S. Bhawant Singh Ghuman, Professor, Texas University, U.S, Principal S. Harbans Singh Ghuman, Dr. S.S Thind, Secretary, Dr. H.S Brar, Registrar, Dr. Sarbjit Kaur, Principal College of Education, Dr. Satvinder Kaur, Principal College of Pharmacy and Prof. Jaswant Singh, Principal Degree College. Lt. Gen. I.S Singh (Retd.), Director, G.H.G Khalsa Colleges presented vote of thanks. Bhangra and Gidda performances by the college students added a cultural flavor to the closing ceremony.

Process

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OF EDUCATION

Chansar Sadhar (Ludhu





GHG Khalsa College of Education, Gurusar Sadhar (Ludhiana)

Annual Athletic Meet
(2018-19)

RESULT CARD

Event: HOO MILLS

Male/Female: Male

Sr. No.	Name of Student	Father's Name	House	Roll No.	Place
1.	Justreet Clange				First
2.	Mandeel Single				Second
3.	Rampal				Third

Official Incharge of the Event:

Name: Dr lamondeep kan Sidhu

Signature:

Recorder:

Name: Joseph Kam

Signature:

Organizing Secretary

Principal

GHG Khalsa College of Education, Gurusar Sadhar (Ludhiana)

Annual Athletic Meet

(2018-19)

RESULT CARD

Event: Long Jump

Male/Female: Mcclo

Sr. No.	Name of Student	Father's Name	House	Roll No.	Place
1.	Guupreet Slyb				First
2.	Havejindel Con				Second
3.	Que vinder She	,			Third

Official Incharge of the Event:

Name: De Ramandach kam

Signature: 010K

Recorder:

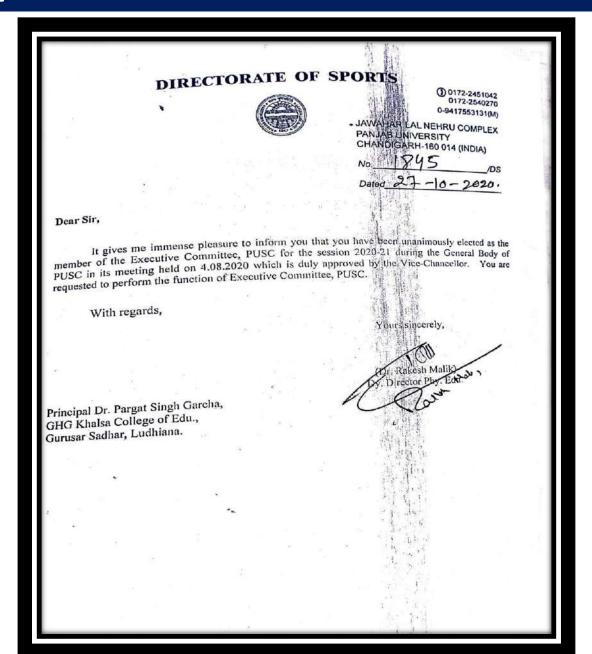
Name: Jasvu Lam

Signature:

Organizing Secretary

Principal
Princi

Genusar Sadhar II units





#### GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana

Session (2018-19)

ACCOLADES IN SPORTS (University level)

The college students proved their mettle in the sports arena as well and won following medals:

#### Panjab University Annual Athletic Championship Evening and Education Colleges Session 2018-19

Name of the athlete/	Event	Position/medal
Jaspreet Singh	400mtrs	Gold
Gurharman Singh	Javelin Throw	Silver
Balwinder Singh	Shot Put	Silver
Mandeep Singh	200 mtrs	Bronze
	Relay race	Bronze
		10
4	ersityP	Silver Bronze Bronze  Lulinius. ਜੀ. ਐਚ. ਜੀ. ਖਾਲਸਾ ਕਾਲਜ ਆਫ ਐਜੂਕੇਸ਼ਨ

GHG Khalsa College of Education, Gurusar Sadhar (Ludhiana)

Annual Athletic Meet

(2018-19)

RESULT CARD

Event: 100 Mts

Male/Female: 1000

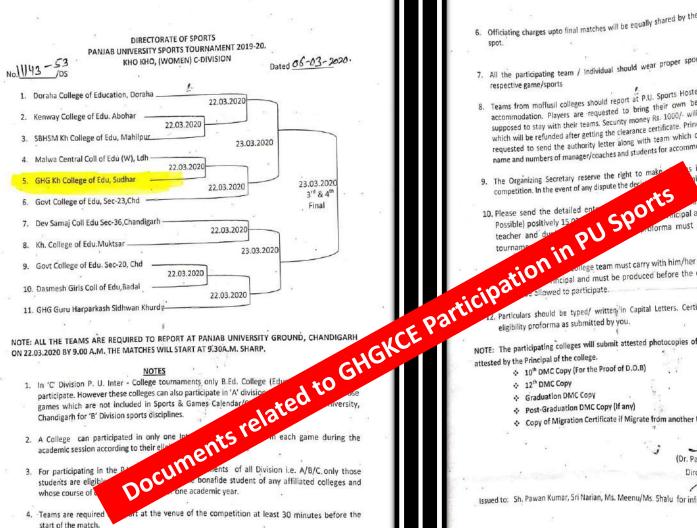
Sr. No.	Name of Student	Father's Name	House	Roll No.	Place
1.	Mandelpla				First
2.					Second
3.	Daymoles Shops				Third

Official Incharge of the Event;

Recorder:

Name: Jasyly Law

Organizing Secretary



NOTE: ALL THE TEAMS ARE REQUIRED TO REPORT AT PANJAB UNIVERSITY GROUND, CHANDIGARH ON 22,03,2020 BY 9.00 A.M. THE MATCHES WILL START AT 9.30A.M. SHARP.

- 1. In 'C' Division P. U. Inter College tournaments only B.Ed. College (Edu participate. However these colleges can also participate in 'A' division games which are not included in Sports & Games Calendar Chandigarh for 'B' Division sports disciplines.
- 2. A College can participated in only one los academic session according to their elia
- 3. For participating in the P students are eligible whose course of
- it at the venue of the competition at least 30 minutes before the 4. Teams are required start of the match.
- 5. Walk-Over Match will be given to opposite Team after half an hour of start of the match.

- Officiating charges upto final matches will be equally shared by the participating teams on the spot.
- All the participating team / Individual should wear proper sports kit accordingly to these respective pages (see a page 1).
- Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. accommodation. Players are requested to bring their own beddings. Team incharge are supposed to the control of their own beddings. supposed to stay with their teams. Security money Rs. 1000/- will be charged from each team which will be refused at which will be refunded after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.
- s in schedule & Venue of the vizing Secretary shall be final. 9. The Organizing Secretary reserve the right to make
- n computerized shape (if rotorma must bring with you during the

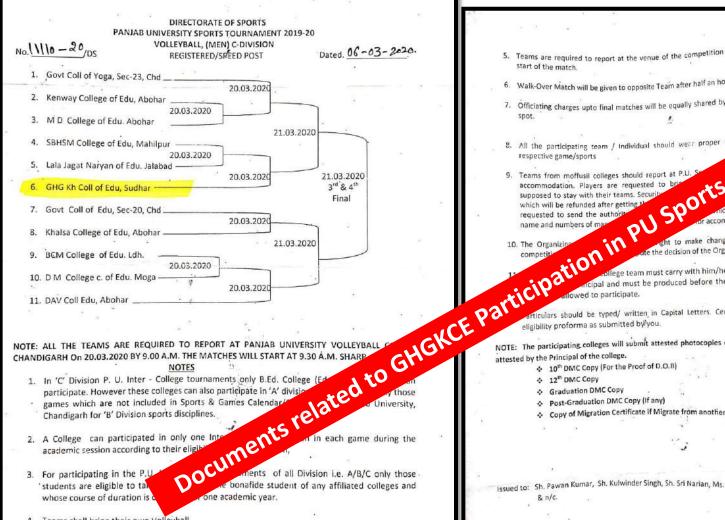
nege team must carry with him/her the latest identity Card duly ncipal and must be produced before the competition otherwise team

r. Particulars should be typed/ written in Capital Letters. Certificates will be prepared from

NOTE: The participating colleges will submit attested photocopies of the following certificates duly

- . Copy of Migration Certificate if Migrate from another University

Issued to: Sh. Pawan Kumar, Sri Narian, Ms. Meenu/Ms. Shalu for information & n/e



NOTE: ALL THE TEAMS ARE REQUIRED TO REPORT AT PANJAB UNIVERSITY VOLLEYBALL CHANDIGARH On 20.03.2020 BY 9.00 A.M. THE MATCHES WILL START AT 9.30 A.M. SHARE

- 1. In 'C' Division P. U. Inter College tournaments only B.Ed. College (Eg participate. However these colleges can also participate in 'A' divisia games which are not included in Sports & Games Calendar Chandigarh for 'B' Division sports disciplines.
- 2. A College can participated in only one Inter academic session according to their eligib
- 3. For participating in the P.U. 'students are eligible to tal whose course of duration is
- 4. Teams shall bring their own Volleyball

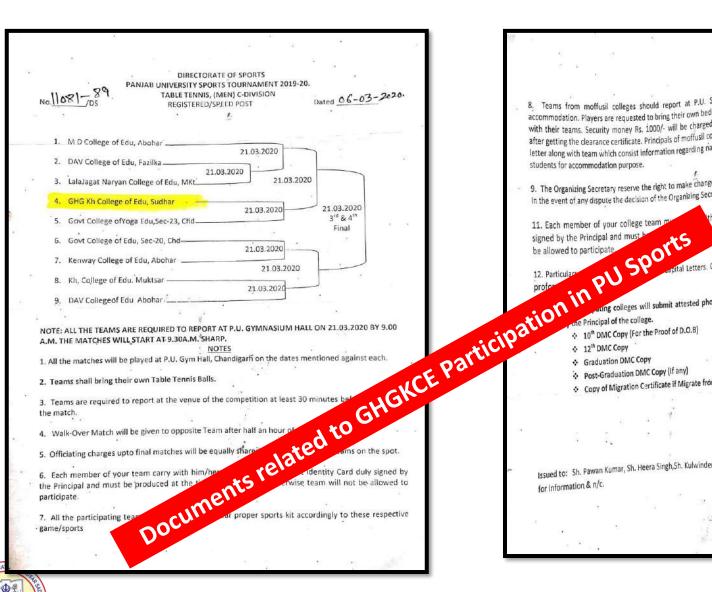
- Teams are required to report at the venue of the competition at least 30 minutes before the start of the match.
- 6. Walk-Over Match will be given to opposite Team after half an hour of start of the match.
- 7. Officiating charges upto final matches will be equally shared by the participating teams on the
- 8. All the participating team / Individual should wear proper sports kit accordingly to these respective game/sports
- Sector-14, Chandigarh for ngs. Team incharge are 9. Teams from moffusil colleges should report at P.U. r accommodation purpose.
- ight to make changes in schedule& Venue of the ite the decision of the Organizing Secretary shall be final.
- ollege team must carry with him/her the latest Identity Card duly rcipal and must be produced before the competition otherwise team

orticulars should be typed/ written in Capital Letters. Certificates will be prepared from

NOTE: The participating colleges will submit attested photocopies of the following certificates duly

- . Copy of Migration Certificate if Migrate from another University

Issued to: Sh. Pawan Kumar, Sh. Kulwinder Singh, Sh. Sri Narian, Ms. Meenu/Ms. Shalu for information

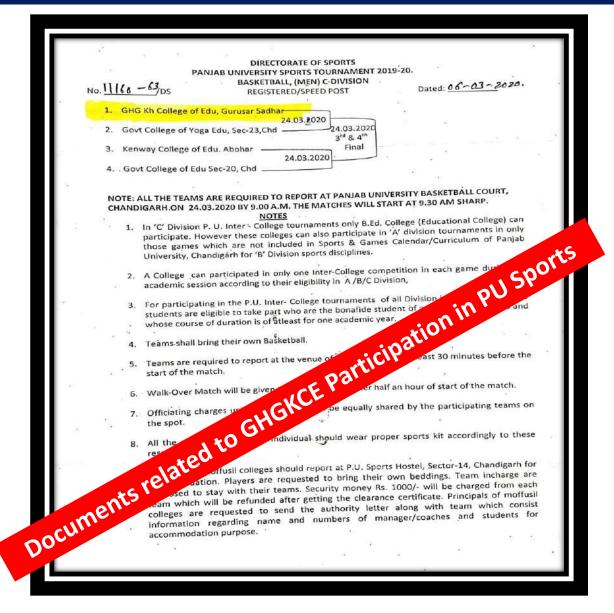


- 8. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Players are supposed to stay accommodation. Players are requested to bring their own beddings. Team incharge are supposed to stay with their teams. Security supposed to bring their own beddings. with their teams. Security money Rs. 1000/- will be charged from each team which will be refunded after getting the decorate after getting the clearance certificate. Principals of moffusil colleges are requested to send the authority letter along with team which letter along with team which consist information regarding name and numbers of manager/coaches and students for accompany.
- 9. The Organizing Secretary reserve the right to make changes in schedule& Venue of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.
- th him/her the latest Identity Card duly e competition otherwise team will not
- spital Letters. Certificates will be prepared from eligibility

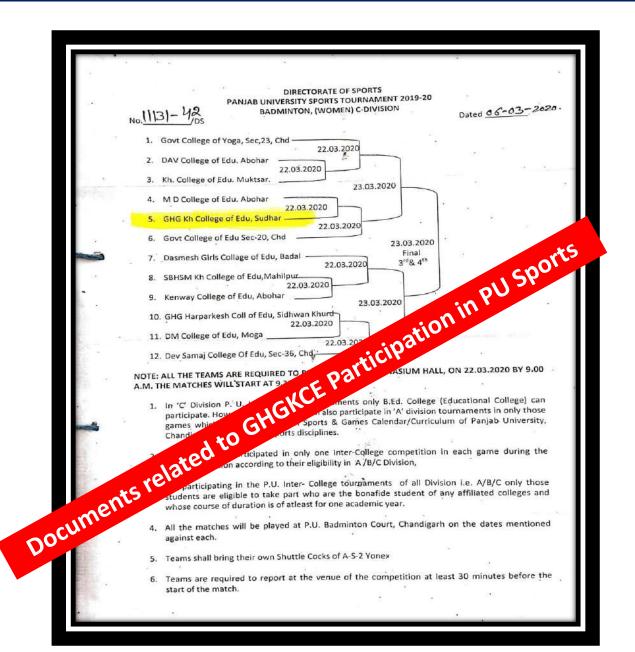
uring colleges will submit attested photocopies of the following certificates duly

- Copy of Migration Certificate if Migrate from another University

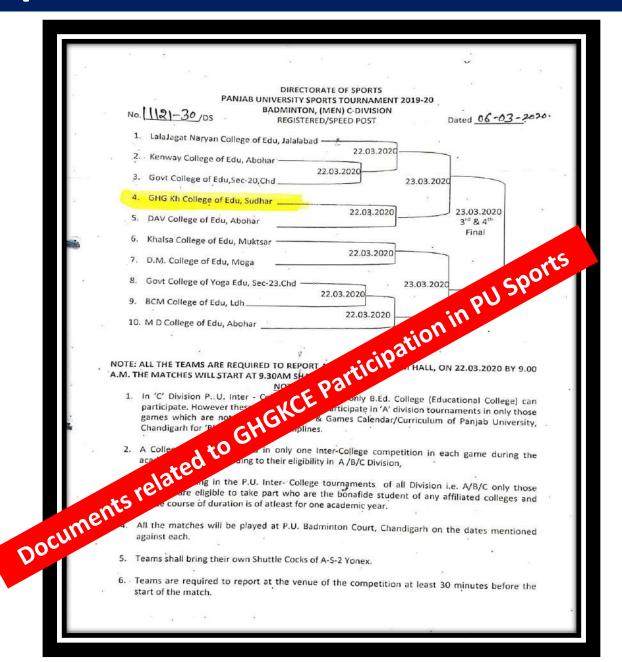
Issued to: Sh. Pawan Kumar, Sh. Heera Singh, Sh. Kulwinder Singh, Sh. Sri Narian, Ms. Meenu/Ms. Shalu



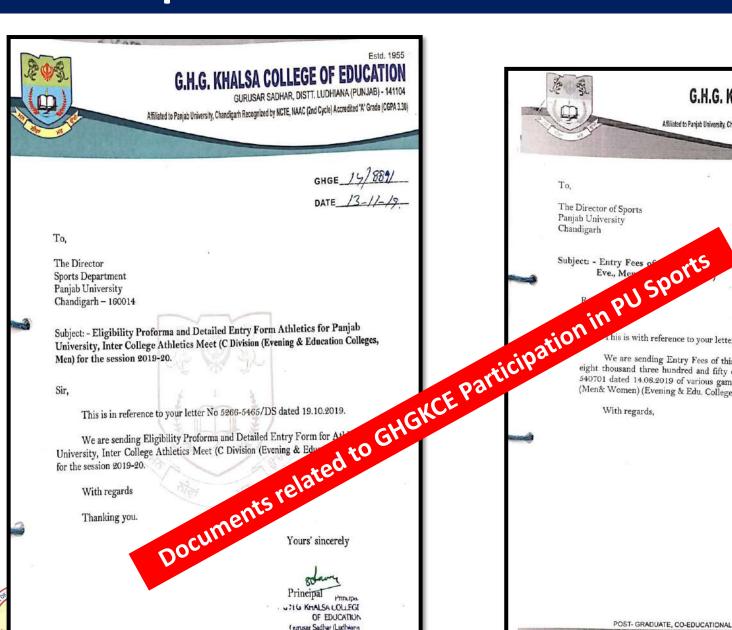


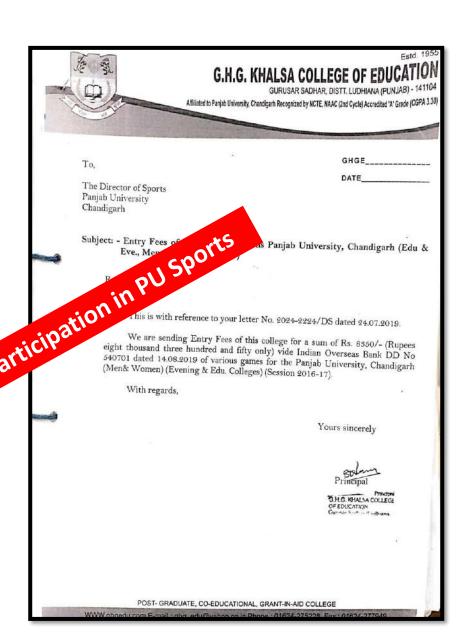


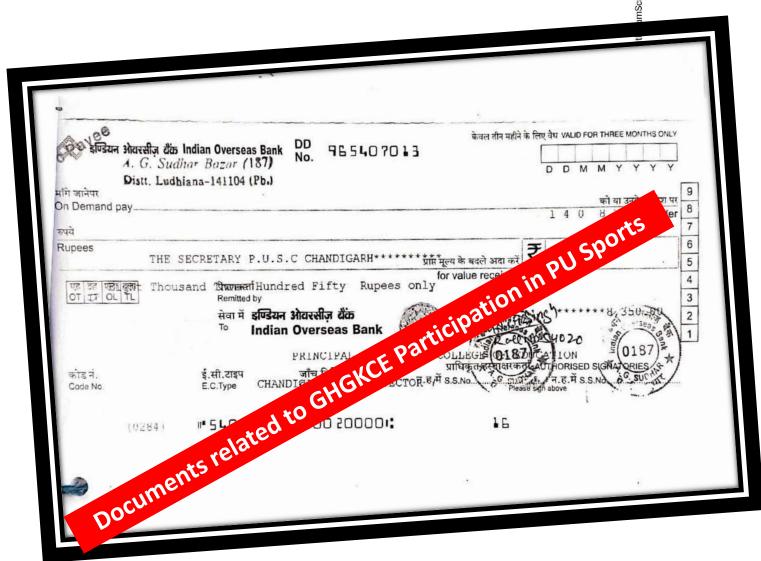




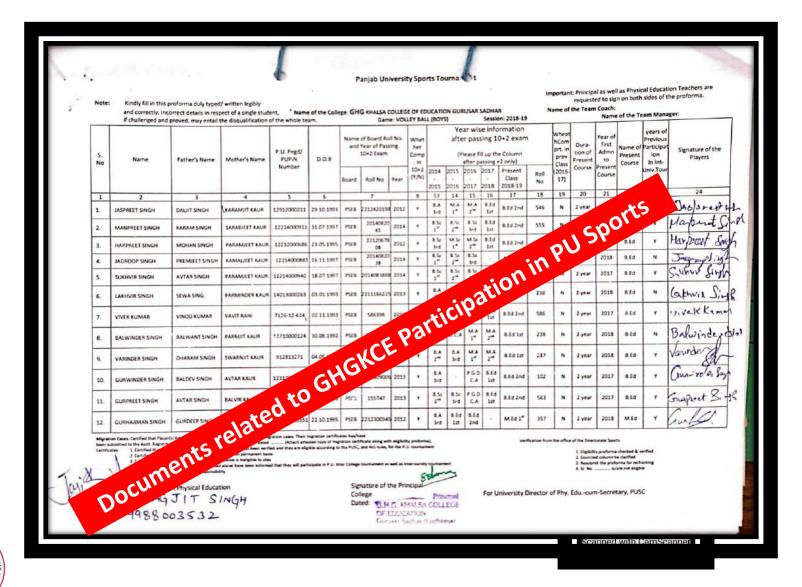














Panjab University Sports Tournan Kindly fill in this proforma duly typed/written legibly and correctly. Incorrect details in respect of a single student,

if challenged and proved, may entail the disqualification of the whole team. Name of the College: GHG KHALSA COLLEGE OF EDUCATION GURUSAR SADHAR

Important: Principal as well as Physical Education Teachers are requested to sign on both sides of the proforma.

							Game: BAD	MINTO	N (GIR	RLS)	oun		ak on: 201:	8-19	Name of	the Tea			Team Ma	nager:	
S. No	Name	Father's Name	Mother's Name	P.U. Regd/ PUPIN Number	D.O.B	<b>Name</b> and	of Board Ro I Year of Pas 10+2 Exam	sing	Whe ther Com p. in 10+		aft (F	er pas Please f	sing 1	ormation 0+2 exam e Column +2 only)	1	Wheat hCom prt. in prev	Dura- tion of	Year of first Admn		years of Previous Participa	Signature o
1	2	3				Board	Roll No	Year	2 (Y/N	2014	2015	2016	2017	Present Class	Roll No	Class (2016- 17)	Present Course	to Present Course	Present Course	tion in Int- Univ.Tour	the Players
	15.53	- 3	4	5	6		7			2015	-		2018	2018-19		1",		I STATUS		n	
1	BHUPINDER KAUR	JARNIAL SINGH	JASPREET KAUR	14814000688	20.09.1996	PSEB		2014	8 Y	B.Sc	B.Sc	15 B.Sc	16 B.Ed	17	18	19	20	21	22	23	24
2	SUPRIYA AGNIHOTRI	UDAY AGNIHOTRI	NISHA AGNIHOTRI	12212000631	09.12.1994	CDCC		2024		157	2 <sup>nd</sup>	3rd	1st	B.Ed 2nd	502	71		2 YEAR	B.Ed 2nd	Y	Bhufindy
3	RICHA KALRA	CHANDER MOHAN	RAUNI BALA	12215000704	4.4.4.4.4	CRSE	2688056	2012	Y	3rd	1"	M.Sc 2 <sup>ND</sup>	B.Ed 1st	B.Ed 2nd	2.0	SYK	5	2 YEAR	B.Ed 2nd	N	Supriega. Agniketui
4	KAMALIIT KAUR	RAGHUVIR SINGH	CHARABIT MANA	12215000/04	14.11.1997	PSEB	52	2015	Y	+2	B.Sc 1 <sup>ST</sup>	B.Sc 2 <sup>nd</sup>	B.Sc	S	SY	N	2018	2 YEAR	B.Ed	N	Richa
5	GUNDEEP KAUR	BALALIP SINGU	CHANANDII KAUR	12215000631	12.12.1997	PSEB	20150912	2015	Y	+2	B.Sc	•	n	Y	261	N	2018	2 YEAR	B.Ed	N	Kalia
		UNDION SINGH	GURMEET KAUR	17911000014	20.07.1992	PSEB	22115735 07	2011	Y		ir	o'''	-	B.Ed 1st	226	N	2018	2 YEAR	8.Fd	N	Gander
Migratica been sul Certifica	RICHA KALRA  KAMALIIT KAUR  GUNDEEP KAUR  GUNDEEP KAUR  GUNDEEP KAUR  Cases: Certified that Player(s) is unitted to the Asst. Registrar (RE es: 1. Certified that the about 3. Certified that the about 3. Certified that all the (if selected) at their on the certified that all the certified that the about the about the certified that the about the ab	sted at Sr. No	bove is/are migration case:	a. Their migration cea ach attested copy of are eligible according will pare	tificates has/b- migration	3KG	E P	proforma tourname	nt oursame	ent				Verification fr	om the office	of the Diri 1. Eligib 2. Encire 3. Resul 4. Sr. No	ectorate Spo lity proform cled column brait the pro	ets be clarified. forma for re Vare not eli	k verified schecking gible		
ignatu ame: lobile	re of the Asst. Prof n P Mini C	ocument	srelar		Sign Coll Date	ege ed:	golden of the Prince	sipal	יום חול מיז על	pat.		For U	niversi	ty Directo	r of Phy.	Educı	um-Secre	etary, Pl	JSC		

- 1. Eligibility proforma chessed & verified 2. Encircled column be clarified.
- 3. Resubmit the proforms for rechecking
- 4. Sr. No. \_\_\_\_\_ is/are not eligible

Kindly fill in this proforma duly typed/ written legibly Panjab University Sports Tournam Note: and correctly. Incorrect details in respect of a single student, if challenged and proved, may entail the disqualification of the whole team. Important: Principal as well as Physical Education Teachers are Name of the College: GHG KHALSA COLLEGE OF EDUCATION GURUSAR SADHAR requested to sign on both sides of the proforma. Game: BADMINTON (BOYS) Name of the Team Coach: Session: 2018-19 Name of the Team Manager: Year wise information Name of Board Roll No. ther after passing 10+2 exam Wheat years of and Year of Passing Name No P.U. Regd/ Com Father's Name hCom Previous Mother's Name 10+2 Exam Durafirst PUPIN (Please fill up the Column Participa D.O.B prt. in tion of Admn Signature of Number 10+ after passing +2 only) prev Present tion the Players Present to 2 Class in Int-2014 2015 2016 2017 Course Present Course Presen Board (Y/N (2016 Iniv.Tou Roll No Year Class 1 17) No 2015 2016 2017 2018 2018-19 John Mark Short of 20 and 3dd and 2012 of 20 and 3dd and 2013 of 20 and 2017 and 2018 and 2017 and 2018 and 2017 and 2018 and 201 4 6 8 13 14 15 16 17 JASPREET SINGH 18 19 21 22 23 24 DALJIT SINGH KARAMJIT KAUR JASBrets M.Ed B.Ed M.Ed B.Ed B.Ed 1. Eligibility proforma checked & ventiled 3. Resubmit the proforma for rechecking 4. Sr. No. \_\_\_\_\_ is/are not eligible For University Director of Phy. Edu.-cum-Secretary, PUSC

#### **G.H.G. KHALSA COLLEGE OF EDUCATION**

GURUSAR SADHAR, DISTT. LUDHIANA (PUNJAB) - 141104

Affiliated to Panjab University, Chandigarh Recognized by NCTE, NAAC (2nd Cycle) Accredited 'A' Grade (CGPA 3.30)

To.

The Director Sports Department Panjab University Chandigarh - 160014

Subject: - Accommodation for Players.

Sir,

nours's GHGKCE Participation in Share
The Documents related atolity
The Documents related atolity Our College's following Teams (Female) are coming to participate in Panjab University Sports Tournament 2018-2019, on March 24, 2019 at University Campus. You are requested to make arrangement of accommodation for players and for in-charges:-

Badminton Team.

Dr. Mini Sharma will be the in-charge of the team during the tournament.

Thanking You

Estd. 1955

#### G.H.G. KHALSA COLLEGE OF EDUCATION

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Affiliated to Panjab University, Chandigath Recognized by NCTE, NAAC (2nd Cycle) Accredited 'A' Grade (CGPA 3.30)

To,

The Director Sports Department Panjab University Chandigarh - 160014

Subject: - Accommodation for Players.

ale) are coming to participate in Paniab 9, on March 24, 2019 at University Campus. You of accommodation for players and for in-charges:-

Sharma will be the in-charge of the team during the tournament.

Yours' sincerely

OF EDUCATION Gurusta Sadhar (Ludhtena)

POST- GRADUATE, CO-EDUCATIONAL, GRANT-IN-AID COLLEGE

WWW.ghgedu.com,E-mail : ghg\_edu@yahoo.co.in,Phone : 01624-275228, Fax : 01624-277949

G.H.G. KHALSA COLLEGE OF EDUCATION

GURUSAR SADHAR, DISTT. LUDHIANA (PUNJAB) - 141104

Affiliated to Panjab University, Chandigarh Recognized by NCTE, NAAC (2nd Cycle) Accredited 'A' Grade (CGPA 3.30)

To,

The Director Sports Department Panjab University Chandigarh - 160014

Subject: - Accommodation for Players.

Sir.

Our College's following Teams (Male) are coming to participate in Panjab University Sports Tournament 2018-2019, on March 24, 2019 at University Campus. You are requested to make arrangement of accommodation for players and for in-charges:-

- Badminton Team.
- Volleyball Team.

Dr. Jagjit Singh will be the in-charge of the team during the tournament.

Thanking You

Dr. June GHGKCE Participation in Pusports

Dr. June GHGKCE Participa

POST- GRADUATE, CO-EDUCATIONAL, GRANT-IN-AID COLLEGE

WWW.ghgedu.com,E-mail: ghg\_edu@yahoo.co.in,Phone: 01624-275228, Fax: 01624-277949



G.H.G. KHALSA COLLEGE OF EDUCATION

GURUSAR SADHAR, DISTT, LUDHIANA (PUNJAB) - 141104 Affiliated to Panjab University, Chandigarh Recognized by NCTE, NAAC (2nd Cycle) Accredited 'A' Grade (CGPA 3.30)

To.

The Director Sports Department Panjab University Chandigarh - 160014

Subject: - Accommodation for Players.

Our College's Table Tenni Team (Male) are coming to participate in Panjab University Sports Tournam 2019, on March 18, 2019 at University Campus. of accommodation for players and for in-charges.

the in-charge of the team during the

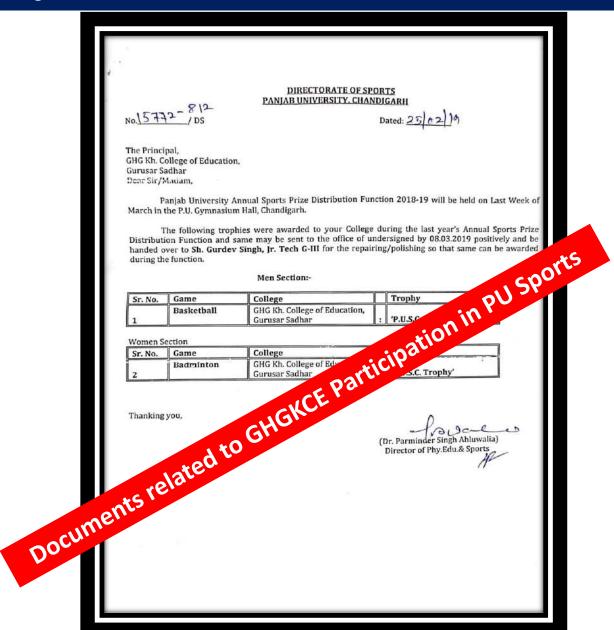
Yours' sincerely

Principal

D.H.G. KHALSA COLLEGE OF EDUCATION.
Gurusar Sacher (Ludhtere

POST- GRADUATE, CO-EDUCATIONAL, GRANT-IN-AID COLLEGE

WWW.ghgedu.com,E-mail : ghg\_edu@yahoo.co.in,Phone : 01624-275228, Fax : 01624-277949















#### GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana Session (2019-20)

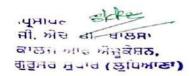
#### Accolades in Sports

The college students proved their mettle in the sports arena as well and won following medals:

Panjab University Annual Athletic Championship Evening and Education Colleges Session 2019-20

Student Name	Event	Position/medal
Harjinder Singh	Discuss Throw	Gold
Harjinder Singh	Javelin Throw	Silver
Jagroop Singh	200 mtrs.	Gold
Jagroop Singh	400mtrs.	Silver
Balwinder Singh	Shot Put	Silver
Harjinder Singh, Gurwinder Singh, Lakhvir Singh, Gurharman Singh	Relay race	Bronze

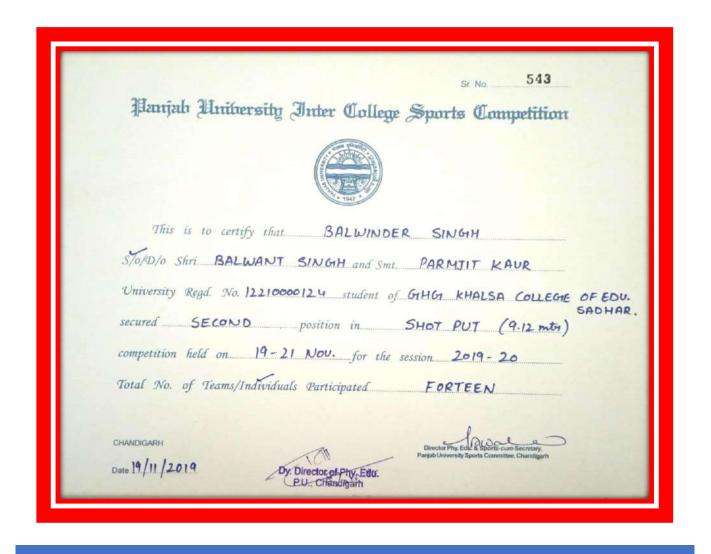
## GHGKCE Achievements in PU Sports



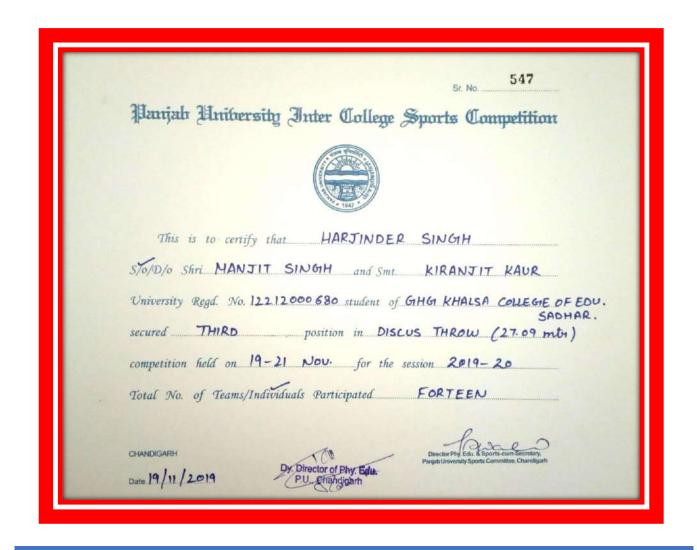




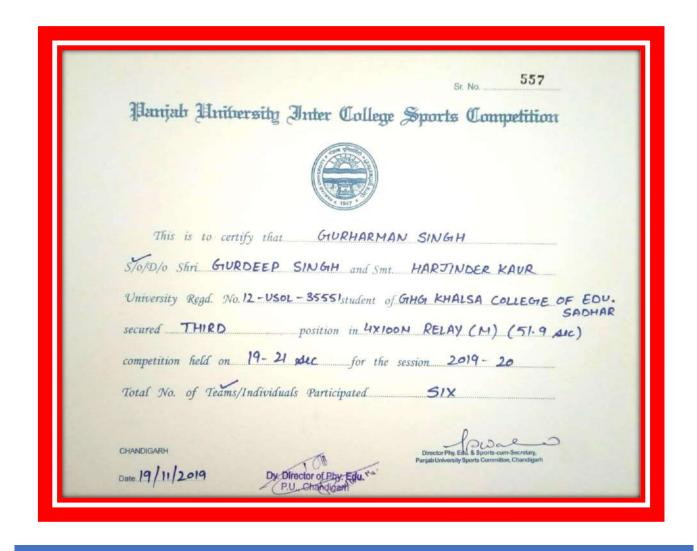




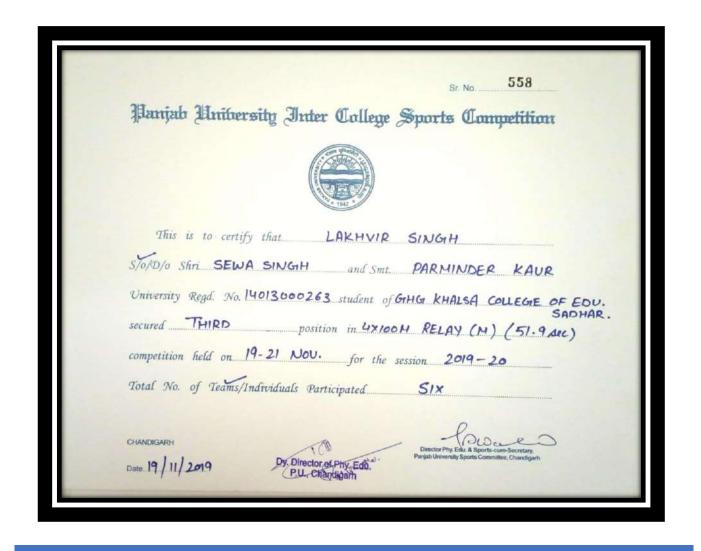








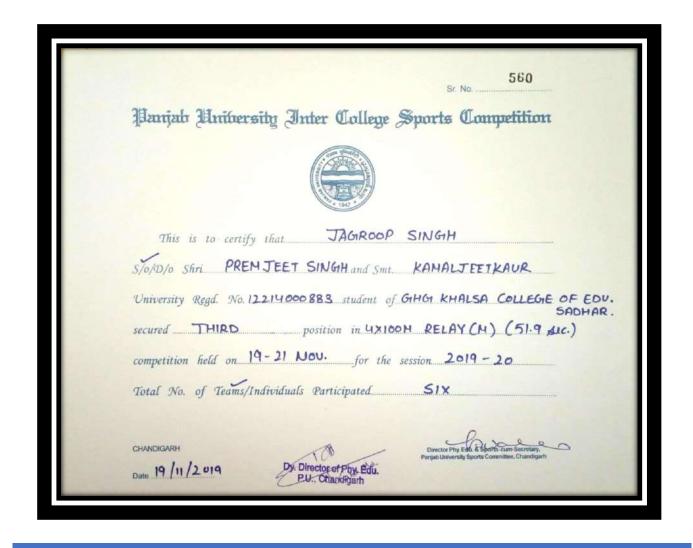




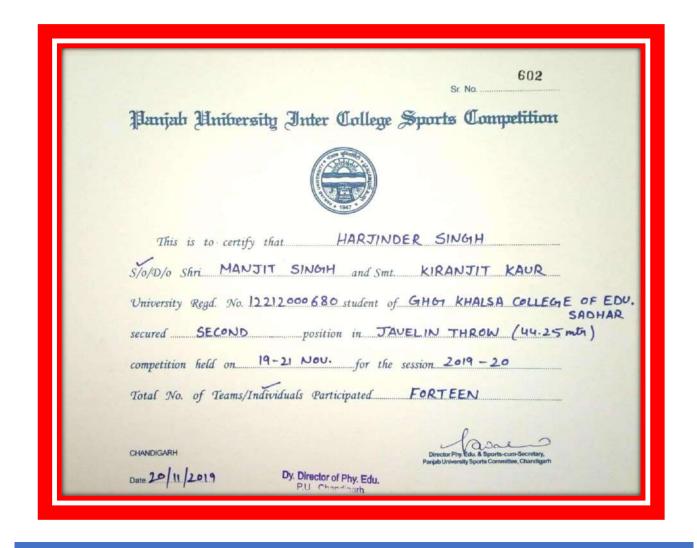


559 Sr. No
Panjab University Inter College Sports Competition
The state of the s
This is to certify that HARJINDER SINGH
S/0/D/o Shri MANJIT SINGH and Smt KIRANJIT KAUR
University Regd. No. 12212000680 student of GIHG KHALSA COLLEGIE OF EDU.
secured THIRD position in 4×100 M RELAY (M) (51.9 sec.)
competition held on 19-21 Nov. for the session 2019-20
Total No. of Teams/Individuals Participated. 51X
CHANDIGARH  Date 19/11/2019  Director of Phy. Edu.  Purchandigath  Director Phy. Box. & Sports-curs-Secretury. Parisab University Sports Committee, Chandigath  Purchandigath





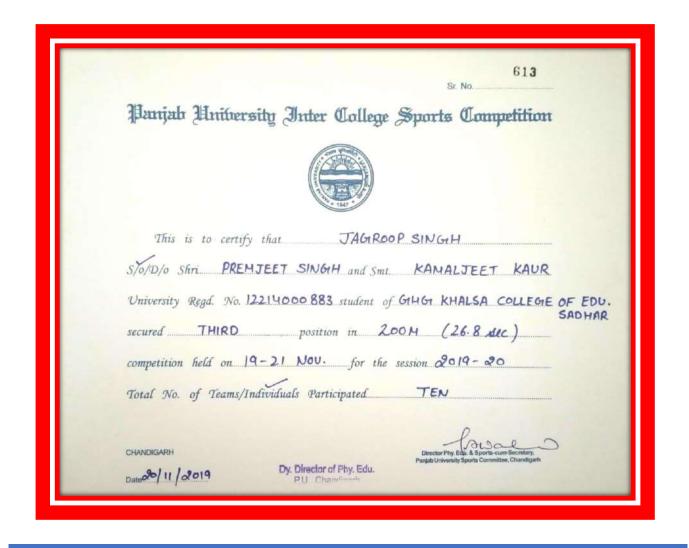




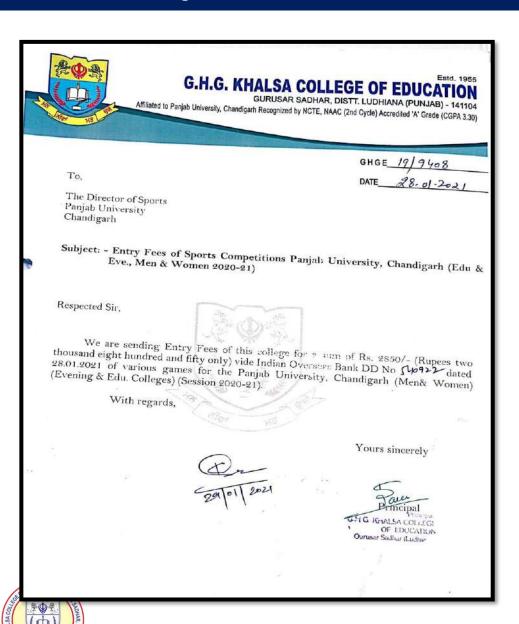


Sr. No
Panjah University Inter College Sports Competition
This is to certify that JAG1ROOP SINGH
S/o/D/o Shri PREMJIT SINGIH and Smt. KAMALJEET KAUR
University Regd. No. 12214000883 student of GiHGI KHALSA COLLEGE OF EDU
secured FIRST position in 400M (59.3 dec.)
competition held on 19-21 Nov. for the session 2019-20
Total No. of Teams/Individuals Participated ELEVEN
P
CHANDIGARH  Director Phy. Edu. & Sports-cum-Socretary. Parigla University Sports Committee, Chandigath
Date 20 /11/2019 Dy. Director of Phy. Edu. P.U., Chandigarh









	'C' - DIVI	DR P.U. INTER COLLEGE TOURNAMEN ENTRY FORM SION (MEN) TOURNAMENT JCATION (B.Ed.) COLLEGES ONLY		They Gud
Nam	ne of the College	khalsa Colleg	a of co	Sall
Sr. Ni		Please mark ( ) for Entry	Entry Fee Rs.	
1.	Athletics		7501-	
2.	Badminton			
3.	Basketball -			
4.	Football	~	4501-	
5.	Hockey			
6.	Kabaddi (PS)			
7.	Table Tennis		+	
8.	Volleyball			
9.	Affiliation Fee			
+3	*	Total =	Rs. /200/-	
ank Dra	ift No. 540922 De	sted 28-1-21 Rs. 28 e. ght hundrisheings	50/-	I.e

-	TOR	TE	DE CO	ORTS

PANJAB UNIVERSITY CHANDIGARH

PROFORMA FOR ENTERING TEAMS FOR P.U. INTER COLLEGE TOURNAMENTS FOR THE YEAR 2021-22

'C' - DIVISION (WOMEN) TOURNAMENT

**EDUCATION (B.Ed.) COLLEGES ONLY** 

Name of the College GHG Chalsa allege of Education, Crum on Salkar Strength of the Students 172

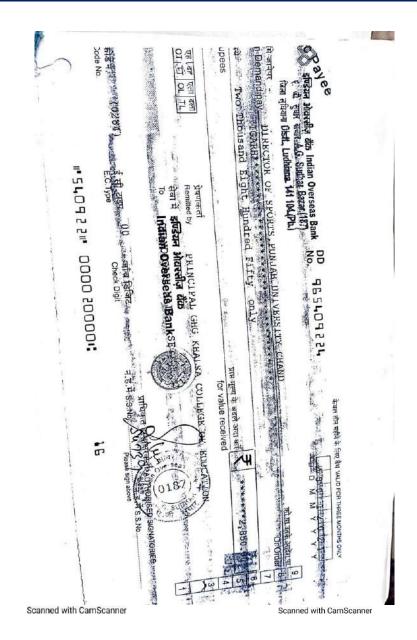
Sr. No.	Name of Game -	Please mark ( ) for Entry	Entry Fee Rs.
1.	Athletics	L	7501-
2.	Badminton		
3.	Basketball		4001-
4.	Kho Kho	,	
5.	Table Tennis		
. /	/olleyball		4001
Y	oga		10-1
Ai	filiation Fee		
$\forall$		Total =	Rs. 1550/-

Bank Dr.	aft No	540922	Dated	28.1-21 Rs	. 285	7/	
Rupees_	Two	thous -	1 eight	let	is being sen	herewith.	
Dated	16-11-	2021	,	al 1,19	, only		

	1 0
Name of the Phy.Edu. Teache	Dr. Bayinder Syl
Mobile No. 9815040	CD JACO 18
7	4 - 0

e-mail address ghg\_edu e yehro. co. in

OF EDUCATION



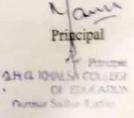


#### NOTICE

There will be no Tg. Work on March 26, 2022. All the students and staff members should report in Degree College at 8.20 a.m. to attend Annual Athletic Meet.

It is compulsory for all the students to come in college uniform. Attendance must be taken in the beginning and end of the day by the teacher/house incharges.

Dated: 25.03.2022





#### DUTY LIST

For smooth conduct of the Annual Athletic Meet of the College scheduled for and 26, 2022, duties of the Staff Members will be as under:-

Sr No.	Duties	Personal III
1.	Stage/Decoration/Tent & Sound	Responsibility  1. Dr. Davinder Kaur Dhatt  2. Sh. Gurmeet Singh Hathoor
2.	Stage Announcement	Sh. Jagtar Singh,     Dr. Manu Chadha     Dr. Jasleen Kaur
3.	Prizes/Certificates	Dr. Manu Chadha     Dr. Ramandeep Kaur Sidhu
4.	Refreshment	Dr. Jasbir Kaur     Dr. Satveer Kaur     Sh. Harpal Singh
5.	Press Coverage/ Report Writing	Dr. Jagjit Singh     Dr. Mini Sharma
6.	Field & Track Judges	1. Dr. Rachhpal Singh 2. Dr. Jagjit Singh 3. Sh. Gurmeet Singh Hathur
7.	Record Maintenance	Dr. Jasvir Kaur     Dr. Satveer Kaur     Sh. Randhir Singh     A. Sh. Tarjinder Singh
8	March Past	House Incharges



Our College is organising Annual Athletic Meet on 26.03.2022. For this the attendance of all students in March Past as well as in various events is compulsory.

The students should give their names and roll numbers by 22.03.2022 to Dr. Jasvir Kaur to participate in any or more of the following events:-

Ser No.	Male Students (Trial on 24.03.2022 after 9.30 a.m.)	Female Students (Trial on 24.03.2022 after 9.30 a.m.)
1.	100M.	100M.
2.	200M.	200M.
3.	400M.	400M.
4.	800M.	High Jump.
5.	High Jump.	Discuss Throw.
6.	Long Jump.	Shot Put.
7.	Shot Put.	Tug of War.
8.	Discuss Throw.	Javelin Throw
9.	Tug of War.	
10.	Javelin Throw	

21.03.2022



22-03-2022







### DIRECTORATE OF SPORTS PANIAB UNIVERSITY, CHANDIGARH

No. 2035 /DS

(SPEED POST/Regd Post)

Dated: 14-7-2022

The Principal GHG Khalsa College of Education Gurusar Sadhar Distt. Ludhiana.

Dear Sir/Madam,

Please find enclosed herewith the Merit Certificate of the following player/s of your College who got Position/s in the All India Inter University Rowing (Men & Women) championship for the session 2021-2022 organized by <a href="Panjab University">Panjab University</a>, Chandigarh from 01.03.2022 to 05.03.2022. Please acknowledge the receipt.

Sr. No.	Name of the player	Certificate no.
1.	Diljot Kaur	AD-25613
2.	Diljot Kaur	AD-25618
3.	Diljot Kaur	AD-25683
4.	Diljot Kaur	AD-25694
5.	Diljot Kaur	AD-25700

Thanking you,

Encl: Five Certificate/s.

0.5 (Sports) 3 /2/2

	Sr.No
Panjab University Int	er College Sports Competition
This is to certify that	Pallavi Sejwal
S/o/D/o Shri Pardeep Sejwal	and Smt. Asha Rani Sejwal
University Regd. No. xxxxxxxxxxx studen	et of GHG Khalsa College of Edu, Gurusar Sadhar
secured First position in	Swimming (200 M Butterfly)
competition held on06-08 Dec 2021	for the session 2021-22
Total No. of Teams/Individuals Participate	ed
	r Phy. Edu com Dy. Shoretary panjab University Sports Committee, Chandigarh



	Sr.No
Panjab University	Inter College Sports Competition
This is to certify that	Pallavi Sejwal
S/o/D/o Shri Pardeep Sejwa	al and Smt. Asha Rani Sejwal
University Regd. No. xxxxxxxxxxx	student of GHG Khalsa College of Edu, Gurusar Sadhar
secured Second pos	CONTROL OF VANA
competition held on06-08 Dec 20	o21 for the session 2021-22
Total No. of Teams/Individuals Par	
CHANDIGARH	Dy. Dierctor Phy. Edu. Suffi by. Secretary Panjab University Sports Committee, Chandidarth Chandidarth



Panjab	University Inter	r College S	Sports Competition
	19424	# 1947	
This is to certify	that	Pallavi Sejwal	
S/o/D/o Shri	Pardeep Sejwal	and Smt	Asha Rani Sejwal
University Regd. No.	xxxxxxxxxx student o	GHG Khalsa Co	ollege of Edu, Gurusar Sadhar
secured Third	position in	Swimming (5	60 M Butterfly)
competition held on _	06-08 Dec 2021	for the session	2021-22
Total No. of Teams/I	ndividuals Participated		Five
CHANDIGARH Date 03.03.2022	Dy Dierctor De Panjab Utriversi Chandigarit	ry. Edu. cum Dy. Secret by Soul's Committee,	Director Physical & Sports-curroccretary Panjab University Sports Committee, Chandigarh



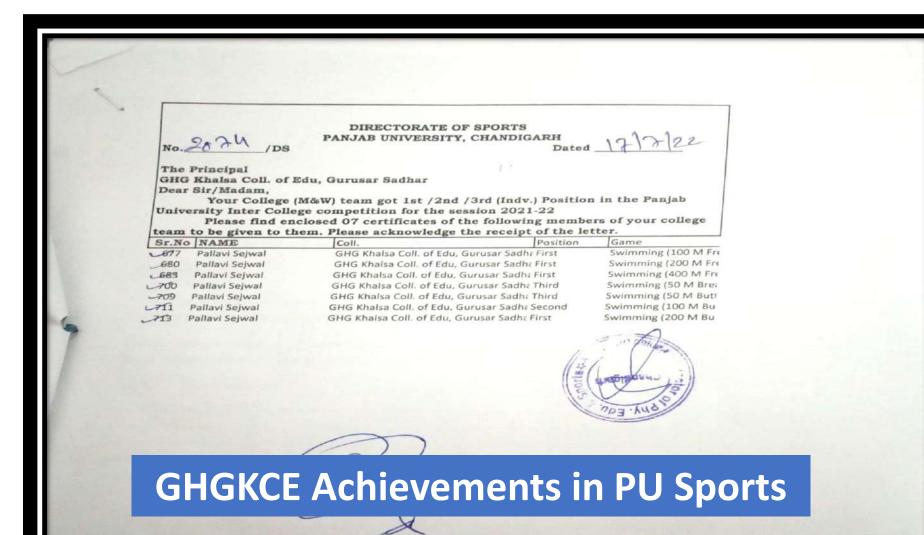
	Sr.No	
_	Panjab University Inter College Sports Competition	
ŀ	Panjab University inter-	
	1947	
This is	s to certify that	
	and Smt. Asia	
S/0/D/0	/o Shri Pardeep Sejwal and Smt Student of GHG Khalsa College of Edu, Gurusar Sadhar rsity Regd. No. xxxxxxxxxx _ student of GHG Khalsa College of Edu, Gurusar Sadhar	
7 miner	rsity Regd. No. xxxxxxxxxx student of GHG rando	
	Swiining (	
secured	ed Third position in	
	etition held on 06-08 Dec 2021 for the session 2021-22	
compet	Five 0 10 tons	
Total	No. of Teams/Individuals Participated Rashanlantam	
	Director Phy. Edu. & Sports -	
	Popula University Species Committee. Chandigam	
CHANDI	33.03.2022	
Date: 03	19.00	



















### GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana

Athletic Meet 26 March, 2022

#### Position Holder students

Boys: Best Athlete Gurjit Singh (310)

Sukh chain Singh

	Name of Student	Roll No.	Event	Position
Sr. No	Card at the section of the section o		Long Jump	1
1	Gurjit Singh	310		2
2	Parminder Singh	331	Long Jump	
3	Harinder Singh	280	Long Jump	3
(2)	Harinder Singh	280	Javelin Throw	1
4		274	Javelin throw	2
5	Shahbaz Singh	The state of the s	Javelin throw	3
6	Lovepreet singh	313		1
7	Harinder singh	280	Shot put	
8	Gurjit singh	310	Shot put	2
	Shahbaz singh	274	Shot put	3
9		389	Discuss throw	1
10	Gurpreet wadhera	331	Discuss throw	2
11	Parminder Singh	0.000,000		3
12	Gurjit Singh	310	Discuss throw	
13	Gurjit Singh	310	100 m Race	1
	Parminder Singh	331	100 m Race	2
14		280	100 m Race	3
15	Harinder Singh	200		

Principal Principal OF EDUCATION Comman Souther (Ladher



GHG Khalsa College of Education, Gurusar Sadhar, Ludhiana

Athletic Meet 26 March, 2022

Position Holder students

Girls: Best Athlete Kamaljeet Kaur (246)

Sr. No	Name of Student	Roll No.	Event	Position
1	Kamaljeet kaur	246	Long Jump	1
2	Rajdeep kaur	337	Long Jump	2
3	Harman kaur	-339	Long Jump	3
4	Kamaljeet kaur	377	Javelin Throw	1
5	Manpreet kaur	246	Javelin throw	2
6	Navjot kaur	233	Javelin throw	3
7	Kamaljeet kaur	246	Shot put	1
8	Sumandip kaur	386	Shot put	2
9	Kuldeep kaur	312	Shot put	3
10	Simranjot kaur	214	Discuss throw	1
11	Kamaljeet kaur	246	Discuss throw	2
12	Kuldeep kaur	312	Discuss throw	3
13	Harman kaur	339	100 m Race	1
14	Manjot kaur	317	100 m Race	2
15	Manpreet kaur	377	100 m Race	3
16	Harman kaur	339	200 m Race	1
17	Amandeep Kaur	334	200m Race	2
18	Kamaljeet Kaur	246	200m Race	3
19	Kiranpreet Kaur	603	Three Leg Race	1
20	Simranjot kaur	214	Three Leg Race	1
21	Kamaljeet Kaur	246	Three Leg Race	2
22	Upasana	223	Three Leg Race	2
23	Sumanjeet Kaur	369	Three Leg Race	3
24	Ramandeep Kaur	311	Three Leg Race	3
25	Rajdeep kaur	337	400m Race	1
26	Harman kaur	339	400 m Race	2
27	Amandeep Kaur	334	400m Race	3
	Ramandeep Kaur	311	Spoon Lemon Race	1
28	Tellimine - F			
29	Kiranpreet Kaur	603	Spoon Lemon Race	2
30	Simranjot kaur	214	Spoon Lemon Race	3







#### DIRECTORATE OF SPORTS PANJAB UNIVERSITY, CHANDIGARH

No/6181 /DS

Dated: 11-02-2022

The Principals & Dy. Director of Phy. Edu., Panjab University, Chandigarh:

- DAV College, Sector-10, Chandigarh.
- 2 GHG Khalsa College Gurusar Sadhar Distt. Ludhiana.
- 3. PU Campus, Chandigarh.
- Khalsa College for Women, Ludhiana
   GGD SD College, Sector-32, Chd
- 6. GHG Khalsa College of Edu, Gurusar Sadhar Distt. Ludhiana.

#### SUB: P.U. ROWING COACHING CAMP (WOMEN).

Dear Sir/Madam,

The following player/s of your college has/have been selected provisionally to attend the Panjab University Rowing (Women) coaching camp to be held at Sukhna Lake, Chandigarh from 12.02.2022 to 27.02.2022, Kindly advise the following player/s of your college to report at Sukhna Lake on 12.02.2022 by 9.00 a.m. positively.

Sr. No.	Name of the player	College	Sr. No.	Name of the player	College
1.	Priyanka	DAV College, Chandigarh	10.	Devika S. Nair	GHG Sadhar
2.	Jaswinder Kaur	DAV College, Chandigarh	11.	Asmat Bano	GHG Sadhar
3.	Poonam	DAV College, Chandigarh	12.	Diljot Kaur	GHG Sadhar-Edu
4	Alisha	DAV College, Chandigarh	13.	Khushpreet Kaur	GGDSD-32,Chd
5.	Eastpreet Kaur	DAV College, Chandigarh	14.	H.Tendenthoi Devi	GGDSD-32.Chd
6.	Radha	P.U Campus,Chd	15.	Easha Maurya	KCW-Ludhiana
	Neha	P.U Campus,Chd	16.	Ashita Jain	KCW-Ludhiana
7	Arpita Malik	P.U Campus,Chd	17.	Anjali Kumari	KCW-Ludhiana
8.	Gurbani Kaur	GHG Sadhar	18.	Gurpreet Kaur	KCW-Ludhiana

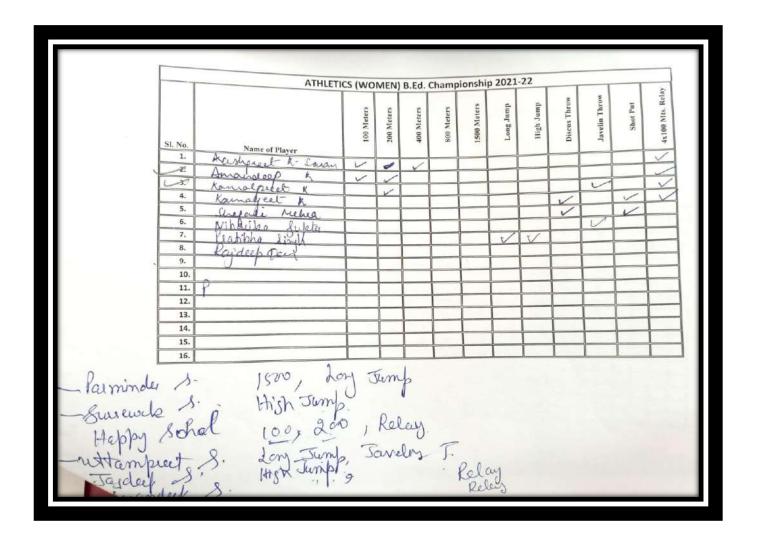
Yours sincere.

(Prof. Prashant Kumar Gautan Director Phy. Edu. & Sgo

CC to: Mr. Deepak Kumar Singh - Water Sports Coach, Sh. Pawan Kumar, Ms. Meenu & Ms. Shallu for information & necessary action.

Phone: 0172-2541042, 2544081, 2534033, 2534034, Email-directorateofsports@gmail.com







119-23/

No.16647 JDS

## DIRECTORATE OF SPORTS PANJAB UNIVERSITY SPORTS TOURNAMENT 2021-22. BASKETBALL, (WOMEN) C-DIVISION REGISTERED/SPEED POST

Dated: 22/03/2022

1.	Dev Samaj College of Edu Sec-36,Chd		
2.	GHG Guru Harparkash Sidhwan Khurd	4 4 4 4 4 4 4	2
3.		13.03.2022	13.03.2022
4.	DAV College of Edu, Abohar		3" & 4" Final
5,	GHG Kh College of Edu, Gurusar Sadh.	13.03.2022	7
6.	Govt College of Edu, Sec-20,Chd	13.03.202	2

### NOTE: ALL THE TEAMS ARE REQUIRED TO REPORT AT PANJAB UNIVERSITY BASKETBALL COURT, CHANDIGARH ON 13.03.2022 BY 9.00 A.M. THE MATCHES WILL START AT 9.30 AM SHARP.

- In 'C' Division P. U. Inter College tournaments only B.Ed. College (Educational College) can
  participate. However these colleges can also participate in 'A' division tournaments is only those
  games which are not included in Sports & Games Calendar/Curriculum of Panjat University,
  Chandigarh for 'B' Division sports disciplines.
- A College can participated in only one Inter-College competition in each game during the academic session according to their eligibility in A/B/C Division,
- For participating in the P.U. Inter- College tournaments of all Division i.e. A/B/C only those students are eligible to take part who are the bonafide student of any affiliated colleges and whose course of duration is of atleast for one academic year.
- 4. Teams shall bring their own Basketball.
- Teams are required to report at the venue of the competition at least 30 minutes before the start of the match.
- 6. Walk-Over Match will be given to opposite Team after half an hour of start of the match.
- Officiating charges upto final matches will be equally shared by the participating teams on the spot.
- All the participating team / Individual should wear proper sports kit accordingly to these respective game/sports
- 9. Teams from moffusil colleges should report at P.U. Sports Hostel, Sector-14, Chandigarh for accommodation. Players are requested to bring their own beddings. Team incharge are supposed to stay with their teams, Security money Rs. 1000/- will be charged from each team which will be refunded after getting the clearance certificate. Principals of moffusil colleges are

Dr Red Renne 19-22 Mars

requested to send the authority letter along with team which consist information regarding name and numbers of manager/coaches and students for accommodation purpose.

- 10. The Organizing Secretary reserve the right to make changes in schedule&-Venue of the competition. In the event of any dispute the decision of the Organizing Secretary shall be final.
- 11. Each member of your college team must carry with him/her the latest Identity Card duly signed by the Principal and must be produced before the competition otherwise team will not be allowed to participate.
- 12. Particulars should be typed/ written in Capital Letters. Certificates will be prepared from eligibility proforma as submitted by you.

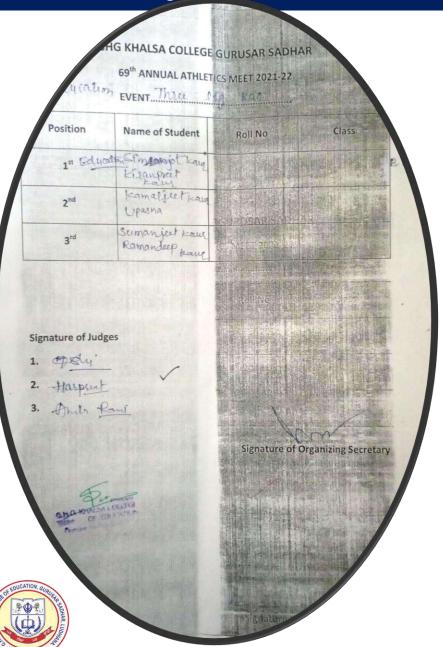
NOTE: The participating colleges will submit attested photocopies of the following certificates duly attested by the Principal of the college.

- \* 10th DMC Copy (For the Proof of D.O.B)
- · 12th DMC Copy
- · Graduation DMC Copy
- · Post-Graduation DMC Copy (If any)
- Copy of Migration Certificate if Migrate from another University

Dy. Director Phy. Edu. & Sports

Issued to: Sh. Baljit Bansal for information & n/c.

STACE 1950



GHG Khalsa College of Educaion, Gurusar Sadhar, Ludhiana Annual Athletic Meet 2022 Event 400 m ( Siely) Name of the Student B. Ed IST Rajdlep Kaus 337 Harman Kaus 339 B.Ed ISC Amandeep Kau 334 Signature of Judges

GHG Khalsa College of Educaion,

Gurusar Sadhar, Ludhiana

Annual Athletic Meet 2022

Event 200 m ( gill)

osition	Name of the Student	Roll Number	Class
st	Harman kaur	339	8. Ed Ist
2 <sup>nd</sup>	Amandeep Kaus	334	8.Eq IST
3 <sup>rd</sup>	Komaljiet kaus	246	8. ea 200

Signature of Judges

Signature of Organising Secre

GHG Khalsa College of Educaion, Gurusar Sadhar, Ludhiana

Annual Athletic Meet 2022

Event 100 m ( Gill)

Position	Name of the Student	Roll Number	Class
1 <sup>st</sup>	Harman Kou	339	B.Ed I
2 <sup>nd</sup>	Manjot kau	317	"
3 <sup>rd</sup>	Manprect Kun	377	17

Signature of Judges

Signature of Organising Secre



GHG Khalsa College of Educaion, Gurusar Sadhar, Ludhiana

Annual Athletic Meet 2022

Event 100 M (Boys)

Position	Name of the Student	Roll Number	Class House
1st	Guyit sign	310	B:Ed Is
2 <sup>nd</sup>	Parminder singh	331	B Ed (Ist)
3 <sup>rd</sup>	Havinder sigh	d 80	B. Ed (Drd)

Signature of Judges

1. 1984

2. Forfaut K

3. Sunf

Signature of Organising Sec

	Annual A	Sadhar, Ludhiana Athletic Meet 2022  USS 74 CW	(Boys)
esition	Name of the Student	Roll Number	elass House
st	Supred Wadkera	389	Hope
2 <sup>nd</sup>	Parminder Singh	331	Hope

Signature of Judges

1. Phyle

2. Jan

3 Jaumed Sngh

Signature of Organising Secretary







GHG Khalsa College of Educaion,

Gurusar Sadhar, Ludhiana

Annual Athletic Meet 2022

Event day Tump (Boys)

osition	Name of the Student	Roll Number	etass House
st	Sujed Sinjh	310	Peace
2 <sup>nd</sup>	Parminder Leigh	33/	Hope
3 <sup>rd</sup>	Havinder Singh	280	flary

Signature of Judges

1.

2. Grand Sigh

Signature of Organising Se

GHG Khalsa College of Educaion,

Gurusar Sadhar, Ludhiana

Annual Athletic Meet 2022

Event 400 M ( Bays)

Position	Name of the Student	Roll Number	Class
1 <sup>56</sup>	Kirandeep k.	603	M. Ed IS
	Similariot kay	214	B. Ed find
2 <sup>nd</sup>	upasna	223	
	Ramoljit bus	246	
3 <sup>rd</sup>	Ramandeep	311	
	Sumanit Kary	369	

Signature of Judges

1.

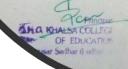
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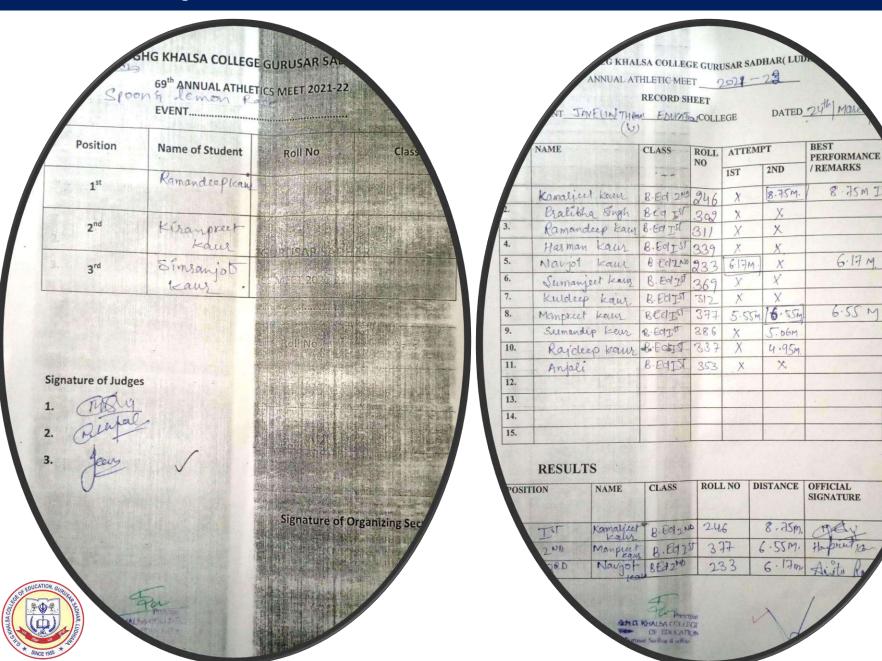
3 Juneal

Signature of Organising Sec









2ND

#### G.H.G KHALSA COLLEGE GURUSAR SADHAR( LUDHIANA)

ANNUAL ATHLETIC MEET 2021 - 29

(WOMEN) RECORD SHEET

EVENT DISCUSTINGUE ENTERING COLLEGE

DATED 24 Majet 2022

SR.NO	NAME	CLASS	ROLL NO	ATTEMPT		BEST PERFORMANCE
				1ST	2ND	/ REMARKS
1.	harmon Kaur	BENIE	339	5.94m	6.00M	
2.	Ramandeepkau	The second second second		7.46M	5.96M.	
3.	Kamel Jeel Kam	1	-	11-13M-	1/1 65%	11.65 M 200
4.	Nav Jod Kary			6.414	5.52M.	
5.	Prattible Sings			8-62-M	8.33m.	
6.	Kuldeep kgur			110-724	10-39m.	10.72m.
7.	Rajdeep Kaus		-	6-124	8.03m.	
8.	Simrania wour			11-1409.	[11.85m.]	11.85M. IST
9.	Sumanuet Louis	BEHILL	369	8-85m	10.51m	
10.	Sumandip kous	- B. ENTST	386	6.78M	7.07m.	
11.				16		
12.						
13.		TO SEE WAY				
14.						
15.				ME S		

#### RESULTS

POSITION	NAME	CLASS	ROLL NO	DISTANCE	OFFICIAL SIGNATURE
1. TST	Simrompt	B. Ed 2ND	214	11.85M.	of Ay
2. 2 NJD	Kamaljeet	B-Ed INO	246	11.65m.	Harprost 10-
3. 300	Kuldesp	8 Ed 251	312	10-72M	Aste land



### G.H.G KHALSA COLLEGE GURUSAR SADHAR( LUDHIANA)

ANNUAL ATHLETIC MEET 2021 29

RECORD SHEET

EVENT LONG JUMP LOUZABED COLLEGE

DATED 24 n march 2022

SRNO	NAME	CLASS	ROLL NO	ATTEMPT		BEST PERFORMANCE	
				1ST	2ND	/ REMARKS	
1.	Ramandeep Kay	B. Bol Ist	311	1-45m	X	- //	-
2.	Harman Kaur	B. Ed IS		2-44m	12.64m	2.64M.	1
3.	Kamaljeet kanz	B EN IIND			[3.01m]	3.01 Mb-	۲
4.	Bratisha Singh			2-29m	2.370		
5.	Rajdeep Kaus				The second secon		10
6.	Manpreet Kaus	B. Ed Tel		2.49m.	2.04m		
7.	Loveprut Kaur			Х	1-76m		
8.	Sumanjert Kanz	B. Ed DST	369	2-06m.	X		
9.							
10.							
11.							
12.							
13.							
14.							
15.							

#### RESULTS

POSITION	NAME	CLASS	ROLL NO	DISTANCE	OFFICIAL SIGNATURE
1. TSF	Kamaljat	B.BI IIND	246	2.63M.	MEY
2. 2ND	Rajdiep	B BAIST	337	275m.	Harpanton
3. 3RD		B. BAIST	339	2.640	Acuta Roma



